



John G. Leach School Lunch Menu

OCTOBER 2026



October Information:

- **Farm to School Month!** Locally grown produce featured every Tuesday!
- **October 9th: Schools Closed**
- **October 12-16th: National School Lunch Week!**
- **October 28th: Passport to Global Flavors!**



Available Daily

Toasted Cheese Sandwich
Cheese Sandwich
Yogurt & Fruit Parfait
Sun Butter & Jelly Sandwich
Grab & Go Bag (Tues/Thurs Only)

Daily Fruits & Veggies

Assorted Fresh Fruit
Carroteenies
Chilled Apple Sauce
100% Fruit Juice

Sandwich Schedule

Monday - Bologna & Cheese
Tuesday - Turkey Ham & Cheese
Wednesday - Turkey & Cheese
Thursday - Bologna & Cheese
Friday - Turkey Ham & Cheese

Milk Options

1% White Milk
Fat Free Chocolate Milk
Lactaid & Soy Milk

Passport To Global Flavors

Taste European Root Vegetable Slaw on Oct 28th!



Cabbage mixed with shredded root vegetables native to Europe such as carrots and beets are mixed with a sweet, tangy dressing in this bright, flavorful slaw

Monday October 5

Entrée

Colonial Croissant Cristo

Fruit & Vegetable

Baked Sweet Potatoes
Fresh Banana

Tuesday October 6

Entrée

Homemade Spaghetti & Meat Sauce

Homemade Breadstick

Fruit & Vegetable

Steamed Broccoli
Strawberry Slices

Penn Farm Spaghetti Squash Bake

Wednesday October 7

Entrée

Popcorn Chicken
Waffle & Syrup

Fruit & Vegetable

Oven Baked Fries
Cool Pears

Thursday October 8

Entrée

Cheeseburger on
Whole Grain Bun

Fruit & Vegetable

Warm Baked Beans
Juicy Peaches

Friday October 9

**NO
SCHOOL**

Thursday October 1

Entrée

100% Beef Hot Dog
on Whole Grain Bun

Fruit & Vegetable

Warm Baked Beans
Homemade Peach Crisp

Friday October 2

Entrée

Personal Pizza

Fruit & Vegetable

Steamed Green Beans
Fresh Apple Slices



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Monday October 12

Entrée

Pulled Chicken
Cheesesteak on
Whole Grain Roll

Fruit & Vegetable

Steamed Broccoli
Fresh Banana



Tuesday October 13

Entrée

Cheesy Beef Mac
Whole Grain Roll

Fruit & Vegetable

**Penn Farm Spiced
Candy Roaster Squash**
Juicy Pineapple
Homemade Cookie!



Wednesday October 14

Entrée

Chicken Nuggets
Animal Crackers

Fruit & Vegetable

Mashed Potatoes
Chicken Gravy
Cool Pears



Thursday October 15

Entrée

Corn Dog

Fruit & Vegetable

BBQ Baked Beans
Juicy Peaches



Friday October 16

Entrée

Personal Pizza
Ranch Packet

Fruit & Vegetable

Steamed Green Beans
Chilled Apple Sauce



Monday October 19

Entrée

Cheesy MAX sticks
Marinara Sauce

Fruit & Vegetable

Steamed Broccoli
Fresh Banana



Tuesday October 20

Entrée

Sloppy Joe on
Whole Grain Bun

Fruit & Vegetable

**Penn Farm Roasted
Delicata Squash**
Juicy Peaches

Wednesday October 21

Entrée

Popcorn Chicken
Homemade Dinner Roll

Fruit & Vegetable

Warm Baked Beans
Cool Pears

Thursday October 22

Entrée

Chicken Sausage Patties
French Toast Sticks

Fruit & Vegetable

Oven Baked Tater Tots
Mandarin Oranges

Friday October 23

Entrée

Baked Pizza Wedge
Ranch Packet

Fruit & Vegetable

Steamed Green Beans
Baked Apples

Monday October 26

Entrée

Chicken Patty
on Whole Grain Bun

Fruit & Vegetable

Broccoli & Cheese
Fresh Banana

Tuesday October 27

Entrée

Italian Meatball Sub
on Whole Grain Roll

Fruit & Vegetable

**Penn Farm Cider Glazed
Butternut Squash**
Juicy Peaches



Wednesday October 28

Entrée

Chicken Nuggets
Whole Grain Roll

Fruit & Vegetable

Mashed Potatoes
Chicken Gravy
Cool Pears

**P2GF: European Root
Vegetable Slaw**

Thursday October 29

Entrée

100% Beef Hot Dog on
Whole Grain Bun

Fruit & Vegetable

Warm Baked Beans
Homemade Peach Crisp

Friday October 30

Entrée

Personal Pizza

Fruit & Vegetable

Steamed Green Beans
Fresh Apple Slices

Meal Prices

All Colonial students eat
lunch at no cost

Student 2nd lunch: \$2.75

Adult Lunch: \$5.25

Adult Lunch Entrée: \$3.75



Check out our website at
www.colonialschooldistrict.org.
Click on parents & students link &
select lunch menus & nutrition. All
schools in Colonial School district
participate in the Community
Eligibility Provision which means the
first meal for daily breakfast and
lunch is provided at no charge to all
students. For convenience, students,
teachers and staff who wish to
purchase lunch meals and snacks
should have an active School Café
account and have money preloaded
on the account. To set-up an account
or make payments to an existing
account, please visit
www.schoolcafe.com.

Menu Subject to Change. This Institution is an Equal Opportunity Provider.