

OCTOBER 2026

ELEMENTARY

Daily Milk Offerings 1% Low-Fat (V) (D) Fat Free(V)(D) Fat Free Chocolate Milk(V) Fat Free Strawberry Milk (V)

Daily Seasonal Fresh & Canned Fruit: apples, banana, grapes, oranges, applesauce, diced pears pineapple, peaches.

Gluten Free Items are Available Daily. All Menus Are Subject To Change Upon Vendor Availability:

Vegan Item (VE)- A plant-based food that consists of whole grains/vegetable/legumes and fruit.
Vegetarian Item (V)- a food that consists of whole grains, vegetables, legumes, nuts, fruit, eggs, dairy excludes animal products.

Gluten Free Item (GF)- a food that contains no gluten, or flour Dairy (D)- all items contains, milk/eggs, butter.

Attention: Pre-K Students CANNOT be offered Chocolate or Strawberry Milk, or Cookies.

Daily WEEKLY OFFERINGS:

Sunflower Butter & Jelly Sandwich (VE) Ham & Cheese Sandwich Turkey & Cheese Sandwich Veggie Wrap (GF) Yogurt Parfait (V) Cheese Sandwich (V) Hummus Platter (V)

Special Days:

Oct. 5th-9th: Local Foods Week

Oct. 12th-16th: Carnival Week

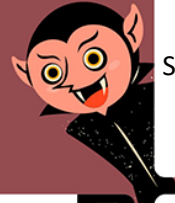
Monday

Tuesday

Wednesday

Thursday

Friday



5

French Toast Sticks(E)
Sausage Syrup,
Sweet Potato Fries (VE)

6

Beef Nachos Tortilla Chips
Seasoned Pinto Beans(V)

7

Pasta, Meat Sauce, WG Din-
ner Roll Garlicky Broccoli (V,
GF)

1

Bosco Sticks(D) Marinara
Sauce Steamed Season Corn
(V)

2

Cheese Pizza (V) (D)
Pepperoni Pizza
Chickpea Salad(GF)

12

BIG TOP
CHICKEN & WAFFLES(E)
SWEET POTATO FRIES



13

STILT WALKER
LOADED FRIES WITH
TACO MEAT
SEASONED PINTO BEANS(v)



14

MAGICIANS
MAC & CHEESE(D)
CHEESY GARLIC TOAST
STEAMED BROCCOLI(v)



15

JUGGLERS
POPCORN CHICKEN
TATER TOTS
GREEN PEAS(V)



16

HIGH FLYING AERIALIST
CHEESE PIZZA (V)(D)
PEPPERONI PIZZA
SEASONED CORN(V)



19

Bacon, Egg(E) & Cheese
WG Roll (V)(D)
Hash Browns (VE)

20

Chicken & Cheese
(D)Quesadilla, Salsa Cup,
Garden Salad (VE)

21

Pasta, Meat Sauce, WG
Breadstick, Garlicky Broccoli
(V, GF)

22

Baked Chicken
Mashed Potato, Brown Gravy
Steamed Corn (V)

23

Cheese Pizza (V) (D)
Pepperoni Pizza
Chickpea Salad(GF)

26

French Toast Sticks(E)
Sausage Syrup,
Sweet Potato Fries (VE)

27

Beef Nachos Tortilla Chips
Seasoned Pinto Beans(V)

28

Spaghetti & Meatballs(GF)(D)
WG Dinner Roll,
Garden Salad (V)

29

Bacon Cheeseburger(D)
Deluxe/Hamburger
Curly Fries (V)

30

Pretzel Dog
SEASONED BROCCOLI(V)

