

Monday	Tuesday	Wednesday	Thursday	Friday
 5 Bagel, Cheese Stick, Yogurt, or Cereal, , Fresh Fruit Milk Variety	6 Assorted Muffin Bundle, or Hot Breakfast Sandwich, or Cereal Fresh Fruit, Apple Juice Milk Variety	7 Smoothie, Maple Crackers, or Cereal, Fresh Fruit Milk Variety	1 Egg & Cheese on a WG Roll, or Cereal, Fresh Fruit, Orange Juice Milk Variety	2 Assorted Muffin Bundle, or Cereal, Fresh Fruit, Milk Variety
12 Bagel, Cheese Stick, Yogurt, or Cereal, Fresh Fruit Milk Variety	13 Assorted Muffin Bundle, or Cereal, Fresh Fruit, Apple Juice Milk Variety	14 Smoothie, Maple Crackers, or Cereal, Fresh Fruit Milk Variety	8 Maple Waffle & Chicken Sausage Brkfst. Sandwich, or Cereal, Fresh Fruit, Orange Juice Milk Variety	9 Assorted Muffin Bundle, or Cereal, Fresh Fruit, Milk Variety
19 Bagel, Cheese Stick, Yogurt, or Cereal, Fresh Fruit Milk Variety	20 Assorted Muffin Bundle, or Hot Breakfast Sandwich, or Cereal Fresh Fruit, Apple Juice Milk Variety	21 Smoothie, Maple Crackers, or Cereal, Fresh Fruit Milk Variety	15 Egg & Cheese on a WG English Muffin, or Cereal, Fresh Fruit, Orange Juice Milk Variety	16 Assorted Muffin Bundle, or Cereal, Fresh Fruit, Milk Variety
26 Bagel, Cheese Stick, Yogurt, or Cereal, , Fresh Fruit Milk Variety	27 Assorted Muffin Bundle, or Cereal, Fresh Fruit, Apple Juice Milk Variety	28 Smoothie, Maple Crackers, or Cereal, Fresh Fruit Milk Variety	22 Sausage & Cheese on a WG Bagel, or Cereal, Fresh Fruit, Orange Juice Variety Milk	23 Assorted Muffin Bundle, or Cereal, Fresh Fruit, Milk Variety
			29 Maple Waffle & Chicken Sausage Brkfst. Sandwich, or Cereal, Fresh Fruit, Orange Juice Milk Variety	30 Assorted Muffin Bundle, or Cereal, Fresh Fruit, Milk Variety

Daily Milk Offerings 1% Low-Fat (V) (D) Fat Free(V)(D) Fat Free Chocolate Milk(V) Fat Free Strawberry Milk (V)

Daily Seasonal Fresh & Canned Fruit: apples, banana, grapes, oranges, applesauce, diced pears pineapple, peaches.

Gluten Free Items are Available Daily. All Menus Are Subject To Change Upon Vendor Availability:

Vegan Item (VE)- A plant-based food that consists of whole grains/vegetable/legumes and fruit. Vegetarian Item (V)- a food that consists of whole grains, vegetables, legumes, nuts, fruit, eggs, dairy excludes animal products.

Gluten Free Item (GF)- a food that contains no gluten, or flour Dairy (D)- all items contains, milk/eggs, butter.

Attention: Pre-K Students CANNOT be offered Chocolate or Strawberry Milk, or Cookies.

Daily WEEKLY OFFERINGS:

Sunflower Butter & Jelly Sandwich (VE) Ham & Cheese Sandwich Turkey & Cheese Sandwich Veggie Wrap (GF) Yogurt Parfait (V) Cheese Sandwich (V) Hummus Platter (V)

Special Days: