

October 2026 Mary Morrisson Breakfast



October 5 – 9, 2026

Breakfast is FREE for all students!

Milk only: \$0.50

Staff Breakfast: \$3.25



This institution is an equal opportunity provider. Menu subject to change based on product availability.

Questions? Contact Food Services at
(860) 449-7208



Monday	Tuesday	Wednesday	Thursday	Friday
Students are offered at least three breakfast components: milk, fruit, and a whole grain. Students must select at least three items, and one of those items must be a fruit, to make a complete breakfast.		CT Grown for CT Kids Week October 5-9 Celebrating CT farmers and the fresh ingredients in our school cafeterias!	10/1 Goody Ring, Banana, Milk	10/2 Egg and Cheese Breakfast Sandwich, Fresh Sliced Orange, Milk
10/5 Assorted Cereal, Diced Peaches, Milk	10/6 - Early Dismissal Goldfish Grahams Local Yogurt-Stani Dairy (Ansonia, CT), Banana, Milk	10/7 Pumpkin Bread Apple Slices, Milk	10/8 Cinnamon Roll Fresh Strawberries, Milk	10/9 Egg and Cheese Breakfast Sandwich, Fresh Sliced Orange, Milk
10/12 No School!	10/13 Pancake Puffs Diced Peaches, Milk	10/14 Warm House Made Muffin, Apple Slices, Milk	10/15 Mini Donut Holes Banana, Milk	10/16 Egg and Cheese Breakfast Sandwich, Fresh Sliced Orange, Milk
10/19 Assorted Cereal, Diced Peaches, Milk	10/20 Blueberry Bread Craisins, Milk	10/21 Mini Bagel w/ Strawberry Creamy Cheese Apple Slices, Milk	10/22 Goldfish Grahams Yogurt, Fresh Berries, Milk	10/23 Egg and Cheese Breakfast Sandwich, Fresh Sliced Orange, Milk
10/26 Assorted Cereal, Diced Peaches, Milk	10/27 Mini Cinni Banana, Milk	10/28 - Early Dismissal Warm House Made Muffin, Apple Slices, Milk	10/29 - Early Dismissal Lemon Bread Craisins, Milk	10/30 - Early Dismissal Egg and Cheese Breakfast Sandwich, Fresh Sliced Orange, Milk