

October 2026

EAT SMART
BE SMART

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28

Ham & Cheese Pretzel Bun
Breaded Chicken Sandwich
Yogurt Craveable
Peas and Carrots
Pineapple

29

Chicken Nachos
Breaded Chicken Sandwich
Yogurt Craveable
Seasoned Corn
Black Beans

30

Potato and Cheese Pierogie W/Roll
Breaded Chicken Sandwich
Yogurt Craveable
Steamed Broccoli
Applesauce

1

Chicken & Mashed Potato Bowl
with Roll
Breaded Chicken Sandwich
Yogurt Craveable
Mashed Potatoes
Baby Carrots

2

French Bread Pizza
Breaded Chicken Sandwich
Yogurt Craveable
Glazed Carrots
Red Pepper Strips

5

Italian Meatballs & Cheese
on a Roll
Mini Corn Dogs
Superfruit Craveable
Oven Fries
Baby Carrots

6

Walking Taco
Mini Corn Dogs
Superfruit Craveable
Seasoned Corn
Side Salad

7

Beef Hot Dog on a Bun
Mini Corn Dogs
Superfruit Craveable
Baked Beans
Green Pepper Strips

8

Toasted Cheese
Sandwich (V)
Mini Corn Dogs
Superfruit Craveable
Tomato Soup
Baby Carrots

9

BBQ Rib on a Bun
Mini Corn Dogs
Superfruit Craveable
Roasted Zucchini
Cauliflower

12

NO SCHOOL

13

Chicken & Cheese Quesadilla
Popcorn Chicken
Breadstick Craveable
Romaine Side Salad
Pinto Beans

14

Gen Tso Chicken
Popcorn Chicken
Breadstick Craveable
Steamed Broccoli
Carrot Sticks

15

French Toast Sticks W/Sausage
Popcorn Chicken
Breadstick Craveable
Tater Triangles
Mandarin Oranges

16

Max Sticks
Popcorn Chicken
Breadstick Craveable
Seasoned Corn
Spiced Pears

19

Pasta with Meatballs
Corn Dog on a Stick
Nacho Craveable
Parmesan Zucchini
Cucumber Slices

20

Beef Nachos
Corn Dog on a Stick
Nacho Craveable
Black Beans
Flavored Applesauce

21

Cheeseburger
Corn Dog on a Stick
Nacho Craveable
Glazed Carrots
Mandarin Oranges

22

Mac and Cheese W/Pretzel
Corn Dog on a Stick
Nacho Craveable
Curly Fries
Fresh Broccoli

23

Pepperoni Flatbread
Corn Dog on a Stick
Nacho Craveable
Seasoned Green Beans
Peaches

26

Sloppy Joe
Chicken Tenders
Soft Pretzel Craveable
Sidewinder Fries
Steamed Carrots

27

Walking Taco
Chicken Tenders
Soft Pretzel Craveable
Black Beans
Peaches

28

Chicken Alfredo over Pasta
Chicken Tenders
Soft Pretzel Craveable
Steamed Broccoli
Celery Sticks

29

Beef Hot Dog on a Bun
Chicken Tenders
Soft Pretzel Craveable
Tater Tots
Cinnamon Applesauce

30

Cheese Pizza
Chicken Tenders
Soft Pretzel Craveable
Steamed Green Beans
Baby Carrots

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student \$2.65
Adult \$4.00

Available Daily

Grilled Chicken Salad
Sunbutter Craveable
Craveable of the Week

Fruit & Veggie Selection

Fresh Apple, Banana, Orange, Grapes,
Canned Applesauce, Peaches, Pears,
Mandarin Oranges, Pineapple
Broccoli, Tomatoes, Carrots, Peppers,
Cauliflower, Green Beans
Students may choose two ½ cup servings.

Milk Selection

1% White, Chocolate, Vanilla, Strawberry

Your Dining Services Team

Donna Nassan
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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

