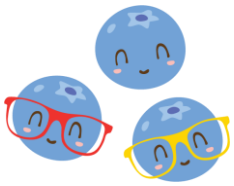
SOUTH PARK ELEMENTARY BREAKFAST MENU

October 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Mini Pancakes Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**29** Breakfast Pizza Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**30** Egg and Cheese Waffle Flatbread Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**1** Cinnamon Toaster Pastry Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**2** Glazed Dunker Sticks Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk
5 Mini Cinni Rolls Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**6** Breakfast Pizza Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**7** Pumpkin Loaf Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**8** Cereal Bar Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**9** WG Donut Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk
12 NO SCHOOL	**13** Breakfast Pizza Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**14** Egg and Cheese Sandwich Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**15** Chocolate Chip Mini loaf Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**16** Yogurt W/ Graham Cracker Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk
19 Dutch Waffle Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**20** Breakfast Pizza Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**21** Strawberry Bagel Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**22** Apple Strudel Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**23** Glazed Dunker Sticks Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk
26 Mini Maple Pancakes Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**27** Breakfast Pizza Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**28** Egg, & Cheese Maple Flatbread Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**29** Chocolate Chip French Toast Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk	**30** Mini Donut Assorted Cereals Apple Juice Assorted Fresh or Canned Fruit Choice of Milk

MAKE IT A MEAL!
Choose at least **3** of **4** meal components for the school breakfast price:
Whole Grain, Meat/Meal Alternative, Fruit/Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices

Student	$0.00
Adult	$3.04

Available Daily
Assorted cereals and cereal bars

Fruit Selection
Apples, Orange, Banana, Applesauce, Pears, Peaches, Pineapple

Students may choose two ½ cup servings.

Milk Selection
1% White, Chocolate, Vanilla, Strawberry

Your Dining Services Team
Donna Nassan
General Manager
412.655.3111 ext. 2030
donna.nassan@sparksd.org

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

schoolcafé

Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES