

## Sierra Vista Boys and Girls Wrestling 2026-2027 Tryout Letter

*Due to a large number of students signed up for wrestling at Sierra Vista, we will be conducting tryouts to make the Wrestling Roster.*

### **When: Saturday Nov 14**

*Session 1 All BOYS*

*2:45pm Check in in back gym*

*3:00- 5:00pm Tryouts- Plan to be both inside wrestling and outside conditioning*

*Session 2 ALL GIRLS*

*5:00pm-6:00pm*

### **Monday November 16**

*Session 4 Boys*

*3:00-4:30pm in wrestling room*

*Session 5 Girls*

*4:30pm-6:00pm in wrestling room*

**Where:** Report to the wrestling room/Aux gym at designated time

What you will need: (all items should be brought to tryouts and will be checked by coaches at check in. Failure to bring all items listed below will result in not being able to try out.)

1. Register my athlete **completely finished** (will be checked upon entry into tryouts)

3. Team Agreement Signed by self and parent

5. Field trip clearance form

6. Medical Permission form

- Workout clothes (Sweats or shorts and t shirt or sweatshirt) everyone will be going outside at some point.

-Wrestling shoes (Working out in socks is not allowed)

- Running Shoes

- Water

- On time arrival

-A positive attitude, ready to work hard!

*Please double check the check list above and make sure you have ALL items when you come to tryouts.*

*Failure to bring any of the items listed above will result in the student not being able to participate in tryouts.*

We look forward to seeing everyone Saturday. If you have any questions, they can be directed to Head Coach Brett Terry at [terryb1@nv.ccsd.net](mailto:terryb1@nv.ccsd.net)