

NCECC: St. Michael
Breakfast and Snack Menu
October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 WGR Pancake W/Syrup Tangerine & Milk WGR Tiger Grahams Milk	2 WGR Cereal Tropical Fruit Cup & Milk C.O.B.; Mixed Snack Crackers Or Graham Crackers Milk
5 WGR Cereal Peach Cup & Milk WGR Lemon Poppyseed Loaf Milk	6 WGR Apple Cinnamon Muffin Tropical Fruit Cup & Milk Yogurt Cup 4oz Apple Juice (LL Fruit)	7 Scrambled Eggs Pineapple Tidbits Cup & Milk Craisins (LL Fruit) Milk	8 WGR French Toast W/Syrup Mixed Fruit Cup & Milk WGR Cinnamon Oatmeal Biscuits Milk	9 WGR Cereal Applesauce Cup & Milk C.O.B.; Mixed Snack Crackers Or Graham Crackers Milk
12 WGR Cereal Mandarin Orange Cup & Milk WGR Cheddar Goldfish Milk	13 WGR Blueberry Bagel Pear Cup & Milk Apple Slices Milk	14 Scrambled Eggs Mixed Fruit Cup & Milk WGR Berry Animal Crackers Milk	15 WGR Waffle W/Syrup Peach Cup & Milk WGR Toast W/Grape Jelly White Grape Juice (LL Fruit)	16 WGR Cereal Tropical Fruit Cup & Milk C.O.B.; Mixed Snack Crackers Or Graham Crackers Milk
19 WGR Cereal Peach Cup & Milk WGR Cinnamon Raisin Bagel Milk	20 WGR Banana Muffin Watermelon & Milk WGR Blueberry Lemon Bites Milk Milk	21 Scrambled Eggs Pear Cup & Milk Cheddar Cheese Cubes Cherry Juice (LL Fruit)	22 WGR Pancake W/Syrup Banana & Milk WGR Tiger Grahams Milk	23 WGR Cereal Applesauce Cup & Milk C.O.B.; Mixed Snack Crackers Or Graham Crackers Milk
26 WGR Cereal Pear Cup & Milk WGR Lemon Poppyseed Loaf Milk	27 WGR Apple Cinnamon Muffin Peach Cup & Milk Yogurt Cup 4oz Apple Juice (LL Fruit)	28 Scrambled Eggs Tropical Fruit Cup & Milk Craisins (LL Fruit) Milk	29 WGR Cereal Pineapple Cup & Milk C.O.B.; Mixed Snack Crackers Or Graham Crackers Milk	30 Center Closed Inservice
Menu is subject to change without notice. This institution is an equal opportunity provider		WGR (Whole Grain rich product)	Unflavored Whole Milk is served to 1-year olds. Unflavored 1% milk is served to children 2years & older.	
*Whole Grain Cereals served are Apple Cinnamon O's, Corn Puffs, Corn Chex, Crips Rice, Frosted Mini Spooners, Rice Chex, Toasted O's				