SEPTEMBER PHES BILLIE NEWS!



---

https://phes.pleasanthill.k12.or.us/

Vision Statement: Learning Today, Leading Tomorrow

Pleasant Hill Elementary
36386 Highway 58, Pleasant Hill, Or 97455
Phone: (541) 736-0400 **Office Hours: 7:30–3:30 p.m., Mon. – Fri.**
Attendance Line: 541-736-0411
Daily Schedule: 8:00 – 2:15 p.m. Monday – Thursday, 8:00 – 1:25 p.m Friday
Supervision: 7:30 – 2:15 p.m. Monday – Thursday, 7:30 – 1:25 p.m. Friday

---



School Communications- Seesaw & Billie News

Our classroom teachers use Seesaw, and we use it schoolwide in order to provide you with information about reminders and upcoming events. We also use this when we receive updates from our transportation provider First Student. When we have school closures or delays due to weather, we will post on Seesaw. If you have not set-up your student's or your family account, please contact your student's teacher for assistance.

Our email list- Billie News is another way we send communications to families. If you are not currently receiving Billie News emails, please contact the office and we will add you to the mailing list.

The Billie News comes out monthly on the third Wednesday of the month. Weekly Seesaw reminders are sent once a week on the Wednesdays in between and other reminders throughout the week as needed.

If you have not received any communication from the school, please verify your contact information with our office. This is also a great time to update your student's emergency contacts list, who we can call if your student becomes ill, or who is authorized to pick up your student from school. Please call our office at 541-736-0400 to update your contact information or update this online in Synergy.



Go Home Plans

Please notify the office in advance about any changes in your student's pick up routine prior to 1:30 p.m. when daily notes are delivered to classrooms Monday - Thursday or 12:30 p.m. on Fridays. If you have a weekly plan or long term plan, please let us know so we can document this. The end of the day can get very hectic with last minute changes. Sending a note with your child to school is very helpful if their go home plan will be different than usual that day. The earlier we know, the better we can get kids where they need to be!

First Student



For our families that utilize buses, the First View Parent App can help you access real time bus information.Here are instructions on how to download, install and set up the app:
https://firststudentinc.com/wp-content/uploads/FirstView-GPS-Tracking-Parent-Registration-Guide.pdf
Set up your FirstView 1.0 mobile app profile.
You'll be asked to provide:
• The 5-character District Code: **P7V4U**
• Your student's student ID number
• Your student's last name
• Confirm the student(s) name to be added
If you have questions, please contact First Student at 541-688-0454.

Jog-a-thon, Friday, September 25th

Our Jogathon is this Friday!
Jogathon Times
K/1st (and preschool) -8:30-9:00
2nd/3rd- 9:15-9:45



4th/5th- 10:00-10:30

The theme is Superhero Sprint! Students (and adults) may dress like their favorite superhero, real or made up!
Parents are more than welcome to attend the Jogathon as visitors/spectators. We are just asking that you make sure your child's class has enough volunteers/lap markers first. All visitors/volunteers will need to enter the track at the entrance near the stands at the football field (just like when attending a football game). Our PTO will have a table with the sign in sheets and stickers. Please wear your visitor or volunteer badge visibly on your chest.

Some classes are still in need of volunteers. Please see this sheet to sign up:
https://www.signupgenius.com/go/10C0448AAAF29ABFCCE9-65634063-2026

Thank you for your support and help. Events like the Jogathon aren't possible without all of you and our amazing PTO!



Medications at School

Please remember, children are not to transport any medication. A Parent/Guardian must bring the medication to the school office and fill out a medication form that must be kept on file in our office. Please arrange medication drop offs with Nurse Katie.

Healthy Snacks & Soda



We have all breakfast and lunch free this year to all students. Please send a snack with your child so they can have something to eat in between. Please make sure this is a healthy snack option. Per the state of Oregon nutritional guidelines, caffeinated drinks are not allowed in elementary schools. Please do not send coffee, soda, or energy drinks to school with your child.

Cell Phone Policy



Oregon Schools are cell phone free! Students may bring cellphones to school for safety reasons. However, cell phones must remain off, in a student's backpack or book bag. Misuse of cell phones will result in the cell phone being placed in the office for a parent/ guardian to pick-up. This includes any personal device that can text, call, or access the internet independently (including smartwatches). If your child wears a smart watch to school, it will need to be in airplane or sos mode and can function as a time telling device. Students who need a device for health monitoring (like blood sugar tracking) are exempt. If you have an emergency or need to get a message to your child during school hours, you can call the school's front office, and staff will relay the information. Students needing to contact a parent during the day can use the school's office phones.

When to Keep Students Out of School?

We know there has already been a large amount of illness at the beginning of this year. Please see the chart below to help know when to keep students home and when they can return to school. Nurse Katie can answer questions regarding individual student illnesses.

PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL

This list is school instructions, not medical advice. Please contact your health care provider with health concerns.

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER... *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.
 **Fever**: temperature of 100.4°F (38°C) or greater	***Fever-free for 24 hours** without taking fever-reducing medicine.
 New **cough** illness	***Symptoms improving for 24 hours** (no cough or cough is well-controlled).
 New **difficulty breathing**	***Symptoms improving for 24 hours** (breathing comfortably). ***Urgent medical care may be needed.***
 **Diarrhea**: 3 loose or watery stools in a day **OR** not able to control bowel movements	***Symptoms improving for 24 hours (no more than two bowel movements more than normal and no longer having accidents)** with orders from doctor to school nurse.
 **Vomiting**: two or more episodes that are unexplained	***Symptom-free for 24 hours OR** with orders from doctor to school nurse.
 **Headache with stiff neck and fever**	***Symptom-free OR** with orders from doctor to school nurse. Follow fever instructions above. → ***Urgent medical care may be needed.***
Skin rash or **open sores**	***Symptom free**, which means rash is gone OR sores are dry or can be completely covered by a bandage **OR** with orders from doctor to school nurse.
Red eyes with colored drainage	***Symptom-free**, which means redness and drainage are gone **OR** with orders from doctor to school nurse.
Jaundice: new yellow color in eyes or skin	***After the school has orders** from doctor or local public health authority to school nurse.
Acting differently without a reason: unusually sleepy, grumpy, or confused.	***Symptom-free**, which means return to normal behavior **OR** with orders from doctor to school nurse.
Major health event, like an illness lasting 2 or more weeks OR a hospital stay, **OR health condition requires more care than school staff can safely provide.**	***After the school has orders** from doctor to school nurse **AND** after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely.

PHHS BLOOD DRIVE OCTOBER 6

Fall into the habit of donating and come give blood at our Red Cross Blood Drive. The drive will take place in the Pleasant Hill High School Aux gym on October 6th, from 8:30-1:30. All students age 16 or older, and the community are welcome to donate. Sixteen-year-olds require parental consent. You may pick up the permission form in the HS front office. Please visit redcrossblood.org to schedule an appointment. Get a $15 e-gift card when you come to give blood! Tell your friends and family and bring your Billie pride and save some lives. If you have any questions please talk to Mrs. Vough or Caroline Carlson.

Pleasant Hill Elementary PTO

The Pleasant Hill Elementary PTO (Parent Teacher Organization) is a group of parents, guardians, teachers, and staff working together to enrich our students' school experience. We organize community events, provide funding for programs the school budget doesn't cover, and create opportunities for families to connect. Every family at Pleasant Hill is automatically a member.

There are so many ways to get plugged in, from attending events to volunteering for a few hours a year.

Our 2026–2027 Executive Board & Coordinators

- President: Phoebe Cooksey & Dawn O'Donnell
- Vice President: Jennifer Radcliffe & Melanie Towne
- Secretary: Liz Taylor
- Treasurer: Bethany Marks
- Volunteer Coordinator: Charity Brown
- Fundraising Coordinator: Samantha Edwards
- Book Vending Machine: Ashley Vaccaro
- Spirit Wear: Jessie Davis
- Book Fair: Marzia Motlagh

Music





Upcoming Events

September 25th- Jogathon
October 5th- Board Meeting, 7:00pm
October 7th- Vision Screening
October 12th-16th- Book Fair
October 14th- PTO- 2:30pm, Pleasant Hill Community Center
October 29th- Board Meeting, 7:00pm
October 22nd- Picture Retakes
November 2nd- Board Meeting, 7:00pm
November 4th- K-2 Billie Spirit Assembly
November 5th- 3-5 Billie Spirit Assembly
November 6th- Grading Day- No School