



FUSD

FONTANA UNIFIED
SCHOOL DISTRICT

9680 Citrus Avenue • P. O. Box 5090 • Fontana • California 92335-5090 • (909) 357-5000 • www.fusd.net

FUSD DISTRICT WELLNESS COMMITTEE MEETING #1

Microsoft Teams

September 24, 2026

3:30pm – 4:30pm

AGENDA

1. Welcome and introductions
2. Wellness Champion Background
 - a. On July 29, 2016, the USDA released a final rule for the Local School Wellness Policy Implementation under the Healthy, Hunger-Free Kids Act of 2010. Requires a designated person to ensure that each school complies with the district's Wellness Policy.
3. Wellness Champion Role
 - a. Be an active FUSD employee and create a school environment centered around health and wellness by engaging students and staff in wellness initiatives.
 - b. Collaborate with district and school stakeholders to align with district Wellness Policy
 - c. District wellness meetings might be past normally scheduled shift, still required to attend if want to receive that portion of the stipend.
 - d. Commit to the Wellness Champion role for the entire school year.
4. Assignments
 - Set up site Wellness Committee and meet 4x/year
 - a. Take notes on current wellness initiatives and future plans
 - Document student food sales during school hours to ensure compliance
 - Attend all 4 district Wellness Meetings on Teams
 - a. 12/10, 2/25, 4/15 from 3:30-4:30 pm
 - Evaluate site's current health and wellness needs by completing an annual site assessment by April
5. Healthy Fontana – Jasmine Sarsadias, Community Services Coordinator (30 min)
6. Cypress Garden – Jennifer Woodall, Kitchen Operator (10 min)
7. Lunch Assist Smart Snacks Video (10 min)
8. Next meeting **December 10th** at 3:30 pm on TEAMS

BOARD OF EDUCATION

Angel Ramirez
Marcelino "Mars" Serna
Danielle Holley
Adam P. Perez
Mary B. Sandoval

SUPERINTENDENT

Miki R. Inbody