

LUNCH K-5

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken and Cheese Quesadilla Refried Beans Cilantro Cole Slaw Fresh Orange Fat Free Chocolate Milk Soy Milk 1% White Milk	2 NO SCHOOL
5 Omelet, Cheddar Cheese Baby Carrots Triangle Hashbrown Patties Fresh Apple Mini Muffin Fat Free Chocolate Milk Soy Milk 1% White Milk	6 Beef Burrito Marinated Black Bean Salad Lettuce and Tomato Pineapple Tidbits Fat Free Chocolate Milk Soy Milk 1% White Milk	7 Popcorn Chicken Bowl Tropical Fruit Salad Garlic Toast Tea Roll Soy Milk Fat Free Chocolate Milk 1% White Milk	8 Mandarin Orange Chicken Steamed Broccoli Florets Mandarin Oranges Medium Grain White Rice, 1/2 c. Fat Free Chocolate Milk Soy Milk 1% White Milk	9 NO SCHOOL
12 Beef hot dog on a bun Baby Carrots Sweet Bell Peppers Fresh Banana 1 cup Fat Free Chocolate Milk Soy Milk 1% White Milk Lay's Baked Regular Chips	13 Cheesy Garlic Bread Side Salad Marinara Sauce Dipping Cup Apple Slices in a bag Fat Free Chocolate Milk Soy Milk 1% White Milk	14 Chicken Nuggets Baby Carrots Tater Tots Tropical Fruit Salad Fat Free Chocolate Milk Soy Milk 1% White Milk	15 Turkey and Cheese Sub Lettuce and Tomato 1/2 c Fresh Orange Fat Free Chocolate Milk Soy Milk 1% White Milk Lay's Baked Regular Chips	16 NO SCHOOL
19 Walking Taco Refried beans Lettuce and Tomato Fresh Banana Fat Free Chocolate Milk Soy Milk 1% White Milk	20 Pepperoni Ripper Side Salad Broccoli Florets Pineapple Tidbits Fat Free Chocolate Milk Soy Milk 1% White Milk	21 Crispy Chicken Sandwich Lettuce and Tomato Baby Carrots Fresh Orange Fat Free Chocolate Milk Soy Milk 1% White Milk	22 Nacho Bar with Beef Taco Meat Refried beans Fresh Apple Fat Free Chocolate Milk Soy Milk 1% White Milk	23 NO SCHOOL
26 Turkey Sausage Patty Seasoned Hashbrown Patties Cherry Tomatoes Fresh Orange Baked Biscuit Fat Free Chocolate Milk Soy Milk 1% White Milk	27 MAX STUFFED CRUST PIZZA Salad Bar with Romaine Fresh Grapes Fat Free Chocolate Milk Soy Milk 1% White Milk	28 GS Chicken Strips Side Salad Lettuce and Tomato Fresh Banana Mini Maple Waffles Fat Free Chocolate Milk Soy Milk 1% White Milk	29 Macaroni and Cheese Whole Green Beans Apple Slices Fat Free Chocolate Milk Soy Milk 1% White Milk	30 Sack Lunch Fat Free Chocolate Milk Soy Milk 1% White Milk

This institution is an equal opportunity provider.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the State or local Agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English. To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at [How to File a Program Discrimination Complaint](#) and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: 1. mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410; 2. fax: (202) 690-7442; or 3. email: program.intake@usda.gov.