



OCTOBER 2026

Northern Lehigh School District



Monday

Tuesday

Wednesday

Thursday

Friday



Bacon, Egg, and Cheese
Croissant
Breakfast Potatoes
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Chicken Nuggets

Walking Taco
(Doritos, taco meat, cheese)
Lettuce, tomato
Salsa and Sour Cream
Assorted Fruit
Low Fat/Fat Free Milk
Alternate: Chicken Nuggets

Bulldog Bowl
(popcorn chicken, mashed potatoes,
corn, gravy and cheese)
Dinner Roll (WG) with butter
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Chicken Nuggets

Cowboy Burger
(cheeseburger with onion ring)
Onion Rings
Cowboy sauce
Lettuce, Tomato, Mayo
French Fries
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Pizza

Chicken Parm Wrap
(Popcorn chicken, marinara sauce,
mozzarella cheese)
Side Salad
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Pizza

Planned Virtual Instruction Day

NATIONAL SCHOOL LUNCH WEEK
★ OCT 12TH-16TH ★ 2026 ★

Crispy Crisпитos
Corn
Nachos with cheese
Side salad
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Cheeseburger

Hot Dog
Chili
Baked Beans
Coleslaw
Assorted Fruit
Low Fat/Fat Free Milk
Alternate: Cheeseburger

National Pierogi Day!
Regular or Spicy Chicken
Sandwich
Pierogies
Carrot sticks with Ranch
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Chicken Nuggets

Maxx Sticks
Marinara Sauce
Broccoli
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Chicken Nuggets

Chicken Alfredo
Broccoli
WG Garlic Knot
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Cheeseburger

Big Daddys Pizza
Peas and Carrots
Side Kick Frozen Fruit Cup
Assorted Fruit
Low Fat/Fat Free Milk
Alternate: Cheeseburger

Grilled Cheese
Tomato Soup
Green Beans
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

Chicken Quesadilla
Salsa, and Sour Cream
Corn and Black Bean Salsa
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

Orange Chicken
Fried Rice
Broccoli
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

Chicken Tenders
Soft Pretzel
Baked Beans
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

Meatball Sub
Pierogies
Steamed Carrots
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

National Pumpkin Day!

Sausage, Egg and Cheese
On English Muffin
Hashbrown Patty
Assorted Fruit
Pumpkin pie applesauce cups
Low Fat/ Fat Free Milk
Alternate: Grilled Cheese

Chicken Fajita
Sauteed Pepper and Onions
Rice
Refried Beans
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Grilled Cheese

Bulldog Bowl
(popcorn chicken, mashed potatoes,
corn, gravy and cheese)
Dinner Roll (WG) with butter
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Grilled Cheese

Cheesesteak Sandwich
French Fries
Side Salad
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Grilled Cheese

National Caramel Apple Day!

Breaded Mozzarella Sticks
Marinara Sauce
Broccoli
Assorted Fruit
Apple Slices with Caramel Sauce
Low Fat/ Fat Free Milk
Alternate: Grilled Cheese

The following additional meal options available upon request: Yogurt Meal, Cereal Meal, Salad meal, PBJ/ Sun butter Meal
High School Only: Daily alternate meal is Pizza
WG= Whole Grain