



CARDINAL CAFÉ WEEKLY MENU 3



National School Lunch Week
Theme: Cafeteria Circus: Where
nutrition takes Center Stage.

BREAKFAST 3

Monday, Oct. 12, 2026

BC Breakfast Pizza Or
Bagel with Cream Cheese or
Grape Crescent Or
Yogurt Parfait Or Waffle Snaps
Fruit &/Or Juice

Tuesday, Oct. 13, 2026

Skillet Scambler & Toast Or
Mini Donuts Or Grape Crescents
Yogurt Parfait Or Waffle Snaps
Fruit &/Or Juice



Wednesday, Oct., 2026 (starts @ 8:30)

Cinnamon Roll or Caramel Roll
Bagel & Cream Cheese Or Waffle Snaps Or
Yogurt Parfait Or Grape Crescent Or
Cereal and String Cheese Or Yogurt
Fruit &/Or Juice

Thursday, , 2026

Pancake Sausage Stacker with Syrup Or
Mini Donuts Or Waffle Snaps
Grape Crescents Or Yogurt Parfait
Fruit &/Or Juice

Friday, , 2026

Egg & Cheese Biscuit Or
Bagel & Cream Cheese Or Waffle Snaps Or
Yogurt Parfait
Fruit &/Or Juice

LUNCH

Mon. Oct. 12, 2026

A. **MINI CORN DOGS**
B. **GRAB'N'GO CHOICES AVAILABLE**
CINNAMON SWIRL BREAD
COWBOY BEANS
ROMAINE SALAD MIX/CELERY STICKS
FRUIT COCKTAIL

Tues. Oct. 13, 2026

A. **CHICKEN FAJITA ON TORTILLA**
B. **GRAB'N'GO CHOICES AVAILABLE**
SHREDDED LETTUCE/FRESH PICO DE GALLO
ROASTED PEPPERS + ONION/TACO SAUCE
SOUP CREAM/CHEDDAR CHEESE
FROSTY FRUIT CUP
MONSTER COOKIE

Wed. Oct. 14, 2026

A. **HAM + CHEESE ZOMBIE OR MEGA 9-12**
B. **GRAB'N'GO CHOICES AVAILABLE**
EDAMAME OR BUTTERED CORN
BROCCOLI SALAD
SLICED PEARS

Thurs. Oct. 15, 2026

A. **SPAGHETTI WITH MEAT SAUCE**
B. **YOGURT PARFAIT**
BREADSTICK + MARINARA CUP
LETTUCE SALAD MIX / ORANGE SALAD
FRESH GRAPES

Fri. Oct. 16, 2026

A. **SWEET N SOUR CHICKEN OVER RICE PILAF**
B. **GRAB'N'GO CHOICES AVAILABLE**
STEAMED BROCCOLI
BABY CARROTS
BAKED APPLE SLICES



Vending Available 24/7

Each Meal Includes Choice of Milk. Water available daily.

This institution is an equal opportunity employer and provider.

Menu is subject to change based on shortages / seasonal availability.