

October Amesbury High School


Monday


Chicken Bacon
Cheddar Melt
Served with
Seasoned Spiral
Fries **5**

**NO
SCHOOL** **12**

Chicken Nuggets **19**
Cheesy Mashed
Potatoes
Fruit Salad

Popcorn Chicker **26**
Served over
Caesar Salad
Wiht a warm
Dinner roll

Tuesday


Taco Tuesday **6**
Two Crunchy Beef
Tacos, cheese
Sour cream, salsa
Fiesta Rice

Taco Tuesday **13**
Chicken & Cheese
Or Cheese Quesadilla
Served with
Rice & Beans

Taco Tuesday **20**
Nachos
With all the fixin's
Served with
Mexican Rice

Taco Tuesday **27**
Two soft beef tacos
Cheese, lettuce,
tomato, salsa, sour
cream, mexican rice

Wednesday


Home made **7**
Macaroni & Cheese
Diced Buffalo or BBQ
Chicken
Seasoned Corn

Home made **14**
Chicken Broccoli
Alfredo
Served with a warm
garlic breadstick

Spaghetti **21**
With homemade Meat
or Marinara sauce
Seasoned green beans
Herb breadstick

Thai Pineapple **28**
Chicken Fried Rice
Choice of
Vegetable Eggroll
Or Dumpling

Thursday

Meatball Sub **1**
On a fresh
Fantini Roll
Served with
Sweet Potato Fries

BBQ Pulled Pork **8**
Sandwich
Served with Corn on
the Cob and Sweet
Potato Fries

Bacon **15**
Cheeseburger
Lettuce, tomato, onion
On a Fantini Bun
Crinkle Fries

Grilled Cheese **22**
With or without bacon
Campbell's Creamy
Tomato Soup
Goldfish Crackers

Turkey BLT **29**
Club
Served with
Seasoned
Waffle fries

Friday

French Toast Stic **2**
Sausage Patty
Home made
Warm Apple Crisp

Tony's **9**
French Bread Pizza
Served with a
Side Caesar Salad

Chicken and Waffl **16**
Bakers Craft Belgian
Waffle
Chicken Tenders
Strawberries

Mozzarella **23**
Filled Breadsticks
With Marinara
And a garden side
salad

Tony's **30**
Deep Dish Pizza
Served with a
Carribean Side
Salad

Also served Daily: Hamburgers, Veggie Burgers, Chicken Patty, Pizza, assorted wraps salads and parfaits
All lunches served with fruit, vegetable and milk choices
A la carte items sold separately