

Bellevue School District Middle School Menu - October 2026

Lunch includes a choice of milk and a trip through the salad bar featuring a variety of fruits and vegetables.

Vegetarian entrees may include egg and/or cheese.

Daily Lunch Entree Choices

- **Grill Line:** Spicy Chicken Burger, Cheeseburger, Hamburger, Kickin' Burger (vegetarian), or Hand-wrapped Green Chili and Cheese Burrito (vegetarian) served with baked fries
- **Pizza by the Slice:** Cheese (vegetarian), Pepperoni, or Seasonal Choice - Veggie Supreme (vegetarian)
- **Deli Sandwiches:** Italian Turkey Combo Hoagie or Sunbutter and Jelly Sandwich with Honey Roasted Sunflower Seeds (vegetarian)

Lunch Featured Entrees

Monday	Tuesday	Wednesday	Thursday	Friday
			October 1 Italian Beef Meatballs with Penne Pasta and Garlic Knot	October 2 Protein-packed Chili (vegetarian) with Whole Grain Tortilla Chips and Chili Fixings
October 5 Breaded Chicken Leg and Waffle with Warm Spiced Apples	October 6 Chicken and Vegetable Dumpling Soup	October 7 Garlic Cheese Toast (vegetarian) with Marinara Dipping Sauce	October 8 Turkey Bacon Cheeseburger with Baked Tots and Bellevue Sauce	October 9 Professional Development Day
October 12 Choice of Chicken Alfredo or Vegetarian Alfredo (vegetarian) with Penne Pasta and Garlic Knot	October 13 Gluten-Free Teriyaki Chicken with Steamed Broccoli and Sticky Brown Rice	October 14 Jalapeno and Mozzarella Stuffed Mini Bites (vegetarian) with Marinara Dipping Sauce	October 15 Toasted Cheese Sandwich (vegetarian) with Tomato Soup	October 16 Bone-in Chicken Wings with Cornbread and BBQ or Buffalo Dipping Sauce
October 19 Alaskan Pollock Wedge with Baked Fries, Wheat Roll, and Tartar Sauce	October 20 Mandarin Orange Chicken with Steamed Green Beans and Brown Sticky Rice	October 21 Mac and Cheese (vegetarian) with Steamed Broccoli and Wheat Roll	October 22 Hot Honey Crispy Chicken Croissant Sandwich with Baked Tots	October 23 Nachos Choice of Seasoned Beef and Refried Beans or Refried Beans (vegetarian) with Jalapeno Cheese Sauce and Whole Grain Tortilla Chips
October 26 Choice of Crispy Chicken Tenders or Kickin' Nuggets (vegetarian) with Baked Fries, Wheat Roll, and BBQ Dipping Sauce	October 27 Korean Beef Bibimbap Bowl with Fried Egg and Sticky Brown Rice	October 28 Dutch Waffle with Warm Spiced Apples Choice of Turkey Sausage or Cheese Omelet (vegetarian)	October 29 Italian Beef Meatballs with Penne Pasta and Garlic Knot	October 30 Local Pork Pozole Verde with Whole Grain Tortilla Chips and Toppers

Menus are subject to change. This is an equal opportunity provider.

Middle School Breakfast Menu - October 2026

Breakfast includes a choice of milk and a trip through the salad bar featuring a variety of fruits.

Breakfast Locations

All middle schools.

Daily Breakfast Entree Choices

- Assorted whole grain **cereals** (vegetarian)
- **Whole grain-rich Breakfast Breads:** Banana bread, Cinnamon roll, or Oatmeal chocolate chip breakfast bar (vegetarian)
- **Breakfast Sandwiches:** Turkey sausage, egg, and cheese English muffin morning melt or Egg and cheese English muffin morning melt (vegetarian)

Breakfast Featured Entrees

Monday	Tuesday	Wednesday	Thursday	Friday
Fluffy Whole Grain Pancake Bites (vegetarian)	Mini Maple Burst'n Waffles (vegetarian)	Scratch-made Green Chili, Potato, and Egg Breakfast Burrito (vegetarian)	Whole Grain Pancake Wrapped Chicken Sausage	Golden Brown French Toast (vegetarian)

Website and payment information

Check the digital menu for nutrition, allergen, and ingredient information, or download the My School Menus mobile app: [Digital Menu](#). The menu is translated into more than 75 languages.

Free or reduced-price meals: [BSD free and reduced-price meal application](#)

Online meal payments: [PayPams online payments](#)

We're Hiring

- Work during the school schedule
- Paid holidays
- \$22.47 starting hourly rate
- Full benefits offered with 17.5 hours per week
- Kitchen assistant positions: [Bellevue School District job applications](#)

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