

October 2026

LESD Breakfast Menu - CARSON

MON		TUES		WED		THURS		FRI	
28		29		30		10/1		10/2	
Bagel & Cream Cheese (v) Applesauce Cups 8 oz NF or 1% White Milk		Chocolate Muffin (v) Bahama Bananas 8 oz NF or 1% White Milk		Variety Cereal (v) Orange Smiles 8 oz NF or 1% White Milk		Waffle + Chicken Sausage Orange Smiles or Apple Slices 8 oz NF or 1% White Milk		Variety Cereal (v) Apple Slices 8 oz NF or 1% White Milk	
5		6		7		8		9	
Variety Cereal (v) Applesauce Cups 8 oz NF or 1% White Milk		Variety Cereal (v) Bahama Bananas 8 oz NF or 1% White Milk		Chocolate Muffin (v)  Pink Lady Apple Slices 8 oz NF or 1% White Milk		Variety Cereal (v) Sliced Peaches 8 oz NF or 1% White Milk		French Toast (v) Plums or Pluots 8 oz NF or 1% White Milk	
12		13		14		15		16	
Bagel & Cream Cheese (v) Applesauce Cups 8 oz NF or 1% White Milk		Chocolate Chip Muffin (v)  Bahama Bananas 8 oz NF or 1% White Milk		Variety Cereal (v) Orange Smiles 8 oz NF or 1% White Milk		Waffle + Chicken Sausage Orange Smiles or Fuji or Honeycrisp Apple Slices 8 oz NF or 1% White Milk		Variety Cereal (v) Fuji or Honeycrisp Apple Slices 8 oz NF or 1% White Milk	
19		20		21		22		23	
Variety Cereal (v) Applesauce Cups 8 oz NF or 1% White Milk		Variety Cereal (v) Bahama Bananas 8 oz NF or 1% White Milk		Chocolate Muffin (v)  Pink Lady Apple Slices 8 oz NF or 1% White Milk		Variety Cereal (v) Sliced Peaches 8 oz NF or 1% White Milk		French Toast (v) Plums or Pluots 8 oz NF or 1% White Milk	
26		27		28		29		30	
Bagel & Cream Cheese (v) Applesauce Cups 8 oz NF or 1% White Milk		Chocolate Chip Muffin (v)  Bahama Bananas 8 oz NF or 1% White Milk		Variety Cereal (v) Orange Smiles 8 oz NF or 1% White Milk		Waffle + Chicken Sausage Orange Smiles or Fuji or Honeycrisp Apple Slices 8 oz NF or 1% White Milk		Variety Cereal (v) Fuji or Honeycrisp Apple Slices 8 oz NF or 1% White Milk	

(v)= Vegetarian

(p) = Contains Pork



Made from Scratch in our Kitchen



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*Menus are subject to change without notice.

This institution is an equal opportunity provider.

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LESD Lunch Menu - CARSON

MON		TUES		WED		THURS		FRI	
28		29		30		10/1		10/2	
Grilled Cheese (v)		Bean & Cheese Burrito (v)		Orange Chicken with Organic Fried Rice 		Bean & Cheese Pupusa (v)		Chicken Nuggies	
Bahama Bananas		100% Fruit Juice		Watermelon		Orange Smiles		Sliced Peaches	
Broccoli		Baby Carrots		Baby Carrots		Cool Cucumbers		It's Corn	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
5		6		7		8		9	
Mozzarella Pull Aparts		Hamburger (Grass Fed Beef)		Chicken Delights		Beef Rolled Taco (v)		Yummy Cheese Pizza Slice 	
Bahama Bananas		Sliced Peaches		Orange Smiles		Plums or Pluots		Pink Lady Apple Slices	
Mini Marinara Dipping Cups, Baby Carrots		Cool Cucumbers		Broccoli		Cool Cucumbers		It's Corn	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
12		13		14		15		16	
Grilled Cheese (v)		Bean & Cheese Burrito (v)		Orange Chicken with Organic Fried Rice 		Bean & Cheese Pupusa (v)		Chicken Nuggies	
Bahama Bananas		Satsuma Tangerines		Fuji or Honeycrisp Apple Slices		Orange Smiles		100% Fruit Juice	
Broccoli		Baby Carrots		Baby Carrots		Cool Cucumbers		It's Corn	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
19		20		21		22		23	
Mozzarella Pull Aparts		Hamburger (Grass Fed Beef)		Chicken Delights		Beef Rolled Taco (v)		Yummy Cheese Pizza Slice 	
Bahama Bananas		Sliced Peaches		Orange Smiles		Plums or Pluots		Pink Lady Apple Slices	
Mini Marinara Dipping Cups, Baby Carrots		Cool Cucumbers		Broccoli		Cool Cucumbers		It's Corn	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	
26		27		28		29		30	
Grilled Cheese (v)		Bean & Cheese Burrito (v)		Orange Chicken with Organic Fried Rice 		Bean & Cheese Pupusa (v)		Chicken Nuggies	
Bahama Bananas		Satsuma Tangerines		Fuji or Honeycrisp Apple Slices		Orange Smiles		100% Fruit Juice	
Broccoli		Baby Carrots		Baby Carrots		Cool Cucumbers		It's Corn	
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk	

(p) = Contains Pork



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