

October 2026

Middle School Breakfast Menu

Cafeteria and Grab & Go Cart - Jane Addams & Will Rogers

MON		TUES		WED		THURS		FRI	
28		29		30		10/1		10/2	
Concha (v) Variety Cereal with Crackers (v) Seasonal Fruit 100% Orange Juice or Apple Juice 8 oz NF or 1% White Milk		Goopy Cinnamon Roll (v)  Variety Cereal with String Cheese (v) Seasonal Fruit Sliced Peaches 8 oz NF or 1% White Milk		Mantecada Muffin (v)  Variety Cereal with Crackers (v) Seasonal Fruit Applesauce Cup 8 oz NF or 1% White Milk		Ham & Cheese Croissant (p) Variety Cereal with String Cheese (v) Seasonal Fruit Raisins 8 oz NF or 1% White Milk		Mini Maple Pancakes (v) Variety Cereal with Crackers (v) Seasonal Fruit Applesauce Cup 8 oz NF or 1% White Milk	
5		6		7		8		9	
Concha (v) Variety Cereal with Crackers (v) Seasonal Fruit 100% Orange Juice or Apple Juice 8 oz NF or 1% White Milk		Cinni Minis (v) Variety Cereal with String Cheese (v) Seasonal Fruit Sliced Peaches 8 oz NF or 1% White Milk		Breakfast Burrito  Variety Cereal with Crackers (v) Seasonal Fruit Applesauce Cup 8 oz NF or 1% White Milk		Chocolate Muffin (v)  Variety Cereal with String Cheese (v) Seasonal Fruit Raisins 8 oz NF or 1% White Milk		Parent/Teacher Conferences *School not in session.*	
12		13		14		15		16	
Bagels & Cream Cheese (v) Variety Cereal with Crackers (v) Seasonal Fruit 100% Orange Juice or Apple Juice 8 oz NF or 1% White Milk		Goopy Cinnamon Roll (v)  Variety Cereal with String Cheese (v) Seasonal Fruit Sliced Peaches 8 oz NF or 1% White Milk		Chocolate Chip Muffin (v)  Variety Cereal with Crackers (v) Seasonal Fruit Applesauce Cup 8 oz NF or 1% White Milk		Ham & Cheese Croissant (p) Variety Cereal with String Cheese (v) Seasonal Fruit Raisins 8 oz NF or 1% White Milk		Campfire S'mores Bar (v) Variety Cereal with Crackers (v) Seasonal Fruit Applesauce Cup 8 oz NF or 1% White Milk	
19		20		21		22		23	
Concha (v) Variety Cereal with Crackers (v) Seasonal Fruit 100% Orange Juice or Apple Juice 8 oz NF or 1% White Milk		Cinni Minis (v) Variety Cereal with String Cheese (v) Seasonal Fruit Sliced Peaches 8 oz NF or 1% White Milk		Breakfast Burrito  Variety Cereal with Crackers (v) Seasonal Fruit Applesauce Cup 8 oz NF or 1% White Milk		Chocolate Muffin (v)  Variety Cereal with String Cheese (v) Seasonal Fruit Raisins 8 oz NF or 1% White Milk		Buttery Waffle with Turkey Sausage Link Variety Cereal with Crackers (v) Seasonal Fruit Applesauce Cup 8 oz NF or 1% White Milk	
26		27		28		29		30	
Bagels & Cream Cheese (v) Variety Cereal with Crackers (v) Seasonal Fruit 100% Orange Juice or Apple Juice 8 oz NF or 1% White Milk		Goopy Cinnamon Roll (v)  Variety Cereal with String Cheese (v) Seasonal Fruit Sliced Peaches 8 oz NF or 1% White Milk		Chocolate Chip Muffin (v)  Variety Cereal with Crackers (v) Seasonal Fruit Applesauce Cup 8 oz NF or 1% White Milk		Ham & Cheese Croissant (p) Variety Cereal with String Cheese (v) Seasonal Fruit Raisins 8 oz NF or 1% White Milk		Campfire S'mores Bar (v) Variety Cereal with Crackers (v) Seasonal Fruit Applesauce Cup 8 oz NF or 1% White Milk	

(p) = Contains Pork

(v) = Vegetarian



Made from Scratch in our Kitchen



Baked Fresh in our Kitchen

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October 2026

Middle School Lunch Menu

Cafeteria - Jane Addams & Will Rogers

MON	TUES	WED	THURS	FRI
28	29	30	10/1	10/2
Tamale: Chicken & Red Sauce + String Cheese + Whole Grain Chocolate Chip Cookie Bean & Cheese Pupusa (v) + Whole Grain Chocolate Chip Cookie Goldfish Crackers (v) Seasonal Fruit Raisins It's Corn, Baby Carrots w/ Ranch Curtido, Fresh Salsa, Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Pollo Asado Bowl/Fire Grilled Chicken with Organic Brown Rice Mozzarella Pull Aparts (v) Goldfish Crackers (v) Seasonal Fruit Applesauce Cups Baby Carrots, It's Corn, Frijoles de la Olla (Stewed Beans)(v) Shredded Lettuce with Cheese (v), Fresh Salsa, Cholula Hot Sauce, Crema, Mini Marinara Sauce Dipping Cups 8 oz NF or 1% White Milk	Chicken Delights Sandwiches or Beef Birria & Cheese Pupusa Mac & Cheese + Roll (v) Goldfish Crackers (v) Seasonal Fruit Sliced Peaches Jicama with Chili, Jalapeño, Pickles Shredded Lettuce with Cheese (v), Ketchup, Honey BBQ Special Sauce, Curtido 8 oz NF or 1% White Milk	Fresh & Tasty Breaded Chicken & Cornbread The Best Burrito (v) Goldfish Crackers (v) Seasonal Fruit Watermelon Baby Carrots w/ Ranch, Steamed Broccoli Ranch Kale Salad, Cholula 8 oz NF or 1% White Milk	Yummy Pepperoni or Jalapeño Pepperoni Pizza Yummy Cheese or Jalapeño Cheese Pizza (v) Beef Rolled Taco Goldfish Crackers (v) Frozen Fruity Cup & Seasonal Fruit It's Corn, Baby Carrots w/ Ranch Garden Fresh Tossed Salad (v), Jalapeño 8 oz NF or 1% White Milk or NF Chocolate

CA Crunch Day: Jujubes

5	6	7	8	9
Mandarin Orange Chicken with Organic Fried Rice Kickin' Nuggets + Fries & Goldfish Crackers (v) Goldfish Crackers (v) Seasonal Fruit Raisins It's Corn, Baby Carrots w/ Ranch Sesame Ginger Salad (v), Edamame 8 oz NF or 1% White Milk	Turkey Chili with Tortilla Chips Spicy & Cheesy Bean Dip with Tortilla Chips (v) Goldfish Crackers (v) Seasonal Fruit Applesauce Cups Baby Carrots, It's Corn Shredded Lettuce & Cheese, Cholula 8 oz NF or 1% White Milk	Happy Cheeseburger with Secret Sauce or Happy Burger (Grass Fed Beef) + Fries Cheesy Breadsticks (v) Goldfish Crackers (v) Seasonal Fruit: Two Options Sliced Tomatoes, Onions, Pickles Cool Cucumber, Shredded Lettuce, Ketchup, Mustard 8 oz NF or 1% White Milk	Chicken Alfredo Pasta with Roll Chile Verde Burrito (v) Goldfish Crackers (v) Pink Lady Apples Seasonal Fresh Fruit Steamed Broccoli Krypton Kale Salad, Cholula 8 oz NF or 1% White Milk	Parent/Teacher Conferences *School not in session.*

National School Lunch Week Oct. 12 - 16

12	13	14	15	16
Tamale: Chicken & Red Sauce + String Cheese + Whole Grain Chocolate Chip Cookie Bean & Cheese Pupusa (v) + Whole Grain Chocolate Chip Cookie Goldfish Crackers (v) Satsuma Tangerines Raisins It's Corn, Baby Carrots w/ Ranch Curtido, Fresh Salsa, Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Pollo Asado Bowl/Fire Grilled Chicken with Organic Brown Rice Mozzarella Pull Aparts (v) Goldfish Crackers (v) Seasonal Fruit Applesauce Cups Frijoles de la Olla (Stewed Beans)(v), Baby Carrots, It's Corn Shredded Lettuce with Cheese (v), Fresh Salsa, Cholula Hot Sauce, Crema, Mini Marinara Sauce Dipping Cups 8 oz NF or 1% White Milk	Chicken Delights Sandwiches or Beef Birria & Cheese Pupusa Mac & Cheese + Roll (v) Goldfish Crackers (v) Seasonal Fruit Sliced Peaches Jicama with Chili, Jalapeño, Pickles Shredded Lettuce with Cheese (v), Ketchup, Honey BBQ Special Sauce, Curtido 8 oz NF or 1% White Milk	Fresh & Tasty Breaded Chicken & Cornbread The Best Burrito (v) Goldfish Crackers (v) Seasonal Fruit Watermelon Baby Carrots w/ Ranch, Steamed Broccoli Ranch Kale Salad, Cholula 8 oz NF or 1% White Milk	Yummy Pepperoni or Cheese Pizza (v) Jalapeño Pepperoni or Cheese Pizza Beef Rolled Taco Goldfish Crackers (v) Frozen Fruity Cup & Seasonal Fruit It's Corn, Baby Carrots w/ Ranch Garden Fresh Tossed Salad (v) 8 oz NF or 1% White Milk or NF Chocolate

19	20	21	22	23
Mandarin Orange Chicken with Organic Fried Rice Kickin' Nuggets + Fries & Goldfish Crackers (v) Goldfish Crackers (v) Seasonal Fruit Raisins It's Corn, Baby Carrots w/ Ranch Sesame Ginger Salad (v), Edamame 8 oz NF or 1% White Milk	Turkey Chili with Tortilla Chips Spicy & Cheesy Bean Dip with Tortilla Chips (v) Goldfish Crackers (v) Seasonal Fruit Applesauce Cups Baby Carrots, It's Corn Shredded Lettuce & Cheese, Cholula 8 oz NF or 1% White Milk	Happy Cheeseburger with Secret Sauce or Happy Burger (Grass Fed Beef) + Fries Cheesy Breadsticks (v) Goldfish Crackers (v) Seasonal Fruit: Two Options Sliced Tomatoes, Onions, Pickles Cool Cucumber, Shredded Lettuce, Ketchup, Mustard 8 oz NF or 1% White Milk	Chicken Alfredo Pasta with Roll Chile Verde Burrito (v) Beef Hot Dog (Grass Fed Beef) Goldfish Crackers (v) Pink Lady Apples Seasonal Fresh Fruit Steamed Broccoli Krypton Kale Salad, Cholula 8 oz NF or 1% White Milk	Yummy Pepperoni or Cheese Pizza (v) Jalapeño Pepperoni or Cheese Pizza Beef Rolled Taco Goldfish Crackers (v) Frozen Fruity Cup & Seasonal Fruit Baby Carrots w/ Ranch Secret Sauce Salad (v) 8 oz NF or 1% White Milk or NF Chocolate

26	27	28	29	30
Tamale: Chicken & Red Sauce + String Cheese + Whole Grain Chocolate Chip Cookie Bean & Cheese Pupusa (v) + Whole Grain Chocolate Chip Cookie Goldfish Crackers (v) Satsuma Tangerines Raisins It's Corn, Baby Carrots w/ Ranch Curtido, Fresh Salsa, Shredded Lettuce & Cheese (v) 8 oz NF or 1% White Milk	Pollo Asado Bowl/Fire Grilled Chicken with Organic Brown Rice Mozzarella Pull Aparts (v) Goldfish Crackers (v) Seasonal Fruit Applesauce Cups Frijoles de la Olla (Stewed Beans)(v), Baby Carrots, It's Corn Shredded Lettuce with Cheese (v), Fresh Salsa, Cholula Hot Sauce, Crema, Mini Marinara Sauce Dipping Cups 8 oz NF or 1% White Milk	Chicken Delights Sandwiches Mac & Cheese + Roll (v) Goldfish Crackers (v) Seasonal Fruit Sliced Peaches Jicama with Chili, Jalapeño, Pickles Shredded Lettuce with Cheese (v), Ketchup, Honey BBQ Special Sauce, Curtido 8 oz NF or 1% White Milk	Fresh & Tasty Breaded Chicken & Cornbread The Best Burrito (v) Goldfish Crackers (v) Seasonal Fruit Watermelon Baby Carrots w/ Ranch, Steamed Broccoli Ranch Kale Salad, Cholula 8 oz NF or 1% White Milk	Yummy Pepperoni or Cheese Pizza (v) Jalapeño Pepperoni or Cheese Pizza Beef Rolled Taco Goldfish Crackers (v) Frozen Fruity Cup & Seasonal Fruit It's Corn, Baby Carrots w/ Ranch Garden Fresh Tossed Salad (v), Jalapeño 8 oz NF or 1% White Milk or NF Chocolate

(p) = Contains Pork

(v) = Vegetarian



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October 2026

Middle School Lunch Menu

Grab & Go Cart - Jane Addams & Will Rogers

MON		TUES		WED		THURS		FRI	
28		29		30		10/1		10/2	
PopTart Bento Box (v)	PB & J Lunch Box (v)	PopTart Bento Box (v)	PB & J Lunch Box (v)	PopTart Bento Box (v)	PB & J Lunch Box (v)	PopTart Bento Box (v)	PB & J Lunch Box (v)	PopTart Bento Box (v)	PB & J Lunch Box (v)
PB & J Lunch Box (v)	Salad with Spicy Chicken & Tortilla Chips	Salad with Spicy Chicken & Tortilla Chips or Crispy Spicy Chicken Salac & Crackers	Salad with Spicy Chicken & Tortilla Chips	Salad with Spicy Chicken & Tortilla Chips	Salad with Spicy Chicken & Tortilla Chips	Salad with Spicy Chicken & Tortilla Chips	Salad with Spicy Chicken & Tortilla Chips	Salad with Spicy Chicken & Tortilla Chips	Salad with Spicy Chicken & Tortilla Chips
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
It's Corn	Baby Carrots and Broccoli w/ Ranch	Chili Jicama Sticks	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch, It's Corn
Baby Carrots w/ Ranch	Buffalo Ranch Fava Beans	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate
5		6		7		8		9	
Rice Krispies Bento Box (v)	PB & J Lunch Box (v)	Rice Krispies Bento Box (v)	PB & J Lunch Box (v)	Rice Krispies Bento Box (v)	PB & J Lunch Box (v)	Rice Krispies Bento Box (v)	PB & J Lunch Box (v)	Rice Krispies Bento Box (v)	PB & J Lunch Box (v)
Turkey Club Sandwich & Baked Ruffles Chips (v)	Turkey Club Sandwich & Baked Hot Cheetos	Turkey Club Sandwich & Baked Ruffles Chips (v)	Turkey Club Sandwich & Baked Hot Cheetos	Turkey Club Sandwich & Baked Ruffles Chips (v)	Turkey Club Sandwich & Baked Hot Cheetos	Turkey Club Sandwich & Baked Ruffles Chips (v)	Turkey Club Sandwich & Baked Hot Cheetos	Turkey Club Sandwich & Baked Ruffles Chips (v)	Turkey Club Sandwich & Baked Hot Cheetos
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
It's Corn	Broccoli & It's Corn	Cool Cucumber	Cool Cucumber	Cool Cucumber	Cool Cucumber	Cool Cucumber	Cool Cucumber	Cool Cucumber	Cool Cucumber
Baby Carrots w/ Ranch, Mustard, Mayo	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk
12		13		14		15		16	
PopTart Bento Box (v)	PB & J Lunch Box (v)	PopTart Bento Box (v)	PB & J Lunch Box (v)	PopTart Bento Box (v)	PB & J Lunch Box (v)	PopTart Bento Box (v)	PB & J Lunch Box (v)	PopTart Bento Box (v)	PB & J Lunch Box (v)
Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Hot Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
It's Corn	Baby Carrots and Broccoli w/ Ranch	Chili Jicama Sticks	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch, It's Corn
Baby Carrots w/ Ranch	Buffalo Ranch Fava Beans	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate
19		20		21		22		23	
Rice Krispies Bento Box (v)	PB & J Lunch Box (v)	Rice Krispies Bento Box (v)	PB & J Lunch Box (v)	Rice Krispies Bento Box (v)	PB & J Lunch Box (v)	Rice Krispies Bento Box (v)	PB & J Lunch Box (v)	Rice Krispies Bento Box (v)	PB & J Lunch Box (v)
Turkey Club Sandwich & Baked Ruffles Chips (v)	Turkey Club Sandwich & Baked Hot Cheetos	Turkey Club Sandwich & Baked Ruffles Chips (v)	Turkey Club Sandwich & Baked Hot Cheetos	Turkey Club Sandwich & Baked Ruffles Chips (v)	Turkey Club Sandwich & Baked Hot Cheetos	Turkey Club Sandwich & Baked Ruffles Chips (v)	Turkey Club Sandwich & Baked Hot Cheetos	Turkey Club Sandwich & Baked Ruffles Chips (v)	Turkey Club Sandwich & Baked Hot Cheetos
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
It's Corn	Broccoli & It's Corn	Cool Cucumber	Cool Cucumber	Cool Cucumber	Cool Cucumber	Cool Cucumber	Cool Cucumber	Cool Cucumber	Cool Cucumber
Baby Carrots w/ Ranch, Mustard, Mayo	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate
26		27		28		29		30	
PopTart Bento Box (v)	PB & J Lunch Box (v)	PopTart Bento Box (v)	PB & J Lunch Box (v)	PopTart Bento Box (v)	PB & J Lunch Box (v)	PopTart Bento Box (v)	PB & J Lunch Box (v)	PopTart Bento Box (v)	PB & J Lunch Box (v)
Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Hot Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos	Buffalo Chicken Half Wrap & Baked Cheetos
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
It's Corn	Baby Carrots and Broccoli w/ Ranch	Chili Jicama Sticks	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch, It's Corn
Baby Carrots w/ Ranch	Buffalo Ranch Fava Beans	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch	Baby Carrots w/ Ranch
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate

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October 2026

LESD Middle School Supper Menu

MON		TUES		WED		THURS		FRI	
28		29		30		10/1		10/2	
Granola (v) Vanilla Yogurt (v)	Pepperoni or Cheese Pizza		Tortilla Chips (v) Chili con Queso Cup (v) String Cheese (v)		Cheesy Baked Cheetos (v) String Cheese (v) Jack Links: Sweet BBQ Chicken Bites		Scooby Snacks (v) String Cheese (v) Danimals Yogurt		
Grapes Baby Carrots with Super Ranch 8 oz NF or 1% White Milk or NF Chocolate	Sliced Peaches Jicama with Chili 8 oz NF or 1% White Milk		Fruity Frozen Cups Salsa		Orange Smiles Baby Carrots 8 oz NF or 1% White Milk		Raisins Baby Carrots 8 oz NF or 1% White Milk		
5		6		7		8		9	
PB& J Sandwich Cheez Its Crackers	Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p)		Chile Verde Burrito (v)		Chicken Tenders		Parent/Teacher Conferences *School not in session.*		
Strawberries	Plums or Pluots		Frozen Fruity Cups		CA Grapes				
Baby Carrots with Super Ranch 8 oz NF or 1% White Milk or NF Chocolate	Cool Cucumber 8 oz NF or 1% White Milk		It's Corn 8 oz NF or 1% White Milk		Baby Carrots, Ketchup, BBQ Sauce, Honey BBQ Special Sauce				
					8 oz NF or 1% White Milk				
12		13		14		15		16	
Granola (v) Vanilla Yogurt (v)	Pepperoni or Cheese Pizza		Tortilla Chips (v) Chili con Queso Cup (v) String Cheese (v)		Rotini Pasta with Beef Sauce		Scooby Snacks (v) String Cheese (v) Danimals Yogurt		
Strawberries	Pears		Fruity Frozen Cups		Assorted Paletas (Fruit Popsicles) + Raisins		Tangerines		
Baby Carrots with Super Ranch 8 oz NF or 1% White Milk or NF Chocolate	Jicama with Chili 8 oz NF or 1% White Milk		Salsa 8 oz NF or 1% White Milk		Baby Carrots 8 oz NF or 1% White Milk		Baby Carrots 8 oz NF or 1% White Milk		
19		20		21		22		23	
PB& J Sandwich Cheez Its Crackers	Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p)		Chile Verde Burrito (v)		Chicken Tenders		Baked Flamin' Hot Cheetos (v) String Cheese (v) Honey Roasted Sunflower Seeds (v)		
Strawberries	Plums or Pluots		Frozen Fruity Cups		CA Grapes		Pink Lady Apples		
Baby Carrots with Super Ranch 8 oz NF or 1% White Milk or NF Chocolate	Cool Cucumber 8 oz NF or 1% White Milk		It's Corn 8 oz NF or 1% White Milk		Baby Carrots, Ketchup, BBQ Sauce, Honey BBQ Special Sauce		Baby Carrots 8 oz NF or 1% White Milk		
26		27		28		29		30	
Granola (v) Vanilla Yogurt (v)	Pepperoni or Cheese Pizza		Tortilla Chips (v) Chili con Queso Cup (v) String Cheese (v)		Rotini Pasta with Beef Sauce		Scooby Snacks (v) String Cheese (v) Danimals Yogurt		
Strawberries	Pears		Fruity Frozen Cups		Assorted Paletas (Fruit Popsicles) + Raisins		Tangerines		
Baby Carrots with Super Ranch 8 oz NF or 1% White Milk or NF Chocolate	Jicama with Chili 8 oz NF or 1% White Milk		Salsa 8 oz NF or 1% White Milk		Baby Carrots 8 oz NF or 1% White Milk		Baby Carrots 8 oz NF or 1% White Milk		

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