

October 2026

LESD Elementary Breakfast Menu

MON		TUES		WED		THURS		FRI	
28		29		30		10/1		10/2	
Ham & Cheese Croissant	Goody Cinnamon Roll (v) 🔥	Mantecada Muffin (v) 🥄	Mini Pancakes (v)	French Toast with Turkey Sausage Link					
Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)					
Plums or Pluots	Bahama Bananas	Valencia Orange Smiles	Apples	100% Orange Juice					
Raisins	Applesauce Cups	Dried Cranberries	Sliced Peaches	Applesauce Cups					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					
5		6		7		8		9	
Campfire S'mores Bar (v)	Concha (v)	Chocolate Muffin (v) 🥄	Cinni Minis (v)	Parent/Teacher Conferences *School not in session.*					
Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)						
Plums or Pluots	Bahama Bananas	Pink Lady Apples	California Grapes						
Raisins	Applesauce Cups	Dried Cranberries	Sliced Peaches						
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk						
12		13		14		15		16	
Ham & Cheese Croissant	Goody Cinnamon Roll (v) 🔥	Chocolate Chip Muffin (v) 🥄	Mini Pancakes (v)	French Toast with Turkey Sausage Link					
Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)					
Plums or Pluots	Satsuma Mandarins	Valencia Orange Smiles	Fuji or Honeycrisp Apples	Pears					
Raisins	Applesauce Cups	Dried Cranberries	Sliced Peaches	100% Orange Juice					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					
19		20		21		22		23	
Campfire S'mores Bar (v)	Concha (v)	Chocolate Muffin (v) 🥄	Cinni Minis (v)	Buttery Waffle with Turkey Sausage Link					
Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)					
Plums or Pluots	Bahama Bananas	Pink Lady Apples	California Grapes	100% Orange Juice					
Raisins	Applesauce Cups	Dried Cranberries	Sliced Peaches	Applesauce Cups					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					
26		27		28		29		30	
Ham & Cheese Croissant	Goody Cinnamon Roll (v) 🔥	Chocolate Chip Muffin (v) 🥄	Mini Pancakes (v)	Manager's Breakfast Special					
Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)					
Plums or Pluots	Satsuma Mandarins	Valencia Orange Smiles	Fuji or Honeycrisp Apples	Pears					
Raisins	Applesauce Cups	Dried Cranberries	Sliced Peaches	100% Orange Juice					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					

(v)= Vegetarian

(p) = Contains Pork



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LESD Elementary School 2nd Chance Breakfast Menu

MON		TUES		WED		THURS		FRI	
28		29		30		10/1		10/2	
Ham & Cheese Croissant	Goopy Cinnamon Roll (v) 	Chocolate Muffin (v) 	Mini Pancakes (v)	Variety Cereal + String Cheese (v)					
Plums or Pluots	Bahama Bananas	Valencia Orange Smiles	Apples	100% Orange Juice					
Raisins	Applesauce Cups	Dried Cranberries	Sliced Peaches	Applesauce Cups					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					
5		6		7		8		9	
Campfire S'mores Bar (v)	Concha (v)	Chocolate Chip Muffin (v) 	Cinni Minis (v)	Parent/Teacher Conferences *School not in session.*					
Plums or Pluots	Bahama Bananas	Pink Lady Apples	California Grapes						
Raisins	Applesauce Cups	Dried Cranberries	Sliced Peaches						
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk						
12		13		14		15		16	
Ham & Cheese Croissant	Goopy Cinnamon Roll (v) 	Chocolate Muffin (v) 	Variety Cereal + String Cheese (v)	Variety Cereal + String Cheese (v)					
Plums or Pluots	Satsuma Tangerines	Valencia Orange Smiles	Fuji or Honeycrisp Apples	Pears					
Raisins	Applesauce Cups	Dried Cranberries	Sliced Peaches	100% Orange Juice					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					
19		20		21		22		23	
Campfire S'mores Bar (v)	Concha (v)	Chocolate Chip Muffin (v) 	Cinni Minis (v)	Variety Cereal + String Cheese (v)					
Plums or Pluots	Bahama Bananas	Pink Lady Apples	California Grapes	100% Orange Juice					
Raisins	Applesauce Cups	Dried Cranberries	Sliced Peaches	Applesauce Cups					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					
26		27		28		29		30	
Ham & Cheese Croissant	Goopy Cinnamon Roll (v) 	Chocolate Muffin (v) 	Mini Pancakes (v)	Manager's Breakfast Special					
Plums or Pluots	Satsuma Tangerines	Valencia Orange Smiles	Fuji or Honeycrisp Apples	Pears					
Raisins	Applesauce Cups	Dried Cranberries	Sliced Peaches	100% Orange Juice					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					

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LESD Elementary Lunch Menu

MON		TUES		WED		THURS		FRI	
Celebrating Hispanic Heritage Month									
28		29		30		10/1		10/2	
Beef Taco Stick	Chicken Delights Sandwiches	Pollo Asado with Frijoles de la Olla/ Fire Grilled Chicken with Stewed Pinto Beans and Organic Brown Rice	Chicken & Red Sauce Tamale + String Cheese	Fresh & Tasty Breaded Chicken & Cornbread Muffin					
The Best Burrito (v)	Cheesy Breadsticks (v)	Mini PB&J Sandwich + String Cheese + Goldfish Crackers (v)	Beef Birria & Cheese Pupusa	Kickin' Nuggets & Cornbread Muffin (v)					
Yogurt & Granola (v)	Yogurt & Granola (v)	Yogurt & Granola (v)	Yogurt & Granola (v)	Yogurt & Granola (v)					
Bahama Bananas	Valencia Orange Smiles	Assorted Paletas (Fruit Popsicles) + Raisins	Watermelon	Choice of Applesauce Cups or Fresh Fruit					
Baby Carrots, Steamed Broccoli	Baby Carrots with Super Ranch, Pickles, Sliced Tomatoes, Mustard, Ketchup	Baby Carrots w/ Ranch, It's Corn	Chili Jicama Sticks, Steamed Broccoli	Baby Carrots & Super Ranch, Edamame					
Shredded Lettuce & Cheese, Cholula	Shredded Lettuce & Cheese, Mini Marinara Sauce Dipping Cups	Shredded Lettuce, Fresh Salsa, Crema	Shredded Lettuce with Cheese (v), Curtido, Cholula	Ranch Kale Salad, BBQ Sauce					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate					

CA Crunch Day: Jujubes

5	6	7	8	9
Happy Cheeseburger or Happy Hamburger (Grass Fed Beef)	Chicken Nuggies with Fresh Baked  Whole Grain Chocolate Chip Cookie	Super Orange Chicken &  Organic Fried Rice	Yummy Pepperoni Pizza Slice 	Parent/Teacher Conferences *School not in session.*
Grilled Cheese (v)	Mac & Cheese with Fresh Baked  Whole Grain Chocolate Chip Cookie	Mini PB&J Sandwich + String Cheese + Goldfish Crackers (v)	Yummy Cheese Pizza Slice (v) 	
Yogurt & Granola (v)	Yogurt & Granola (v)	Yogurt & Granola (v)		
Bahama Bananas	Pink Lady Apples	California Grapes	Applesauce Cups	
Baby Carrots with Ranch, Pickles	Baby Carrots & Ranch	It's Corn, Edamame	Cool Cucumber	
Shredded Lettuce, Sliced Tomatoes, Ketchup & Mustard	Garden Fresh Tossed Salad, Ketchup, BBQ Sauce 	Sesame Ginger Salad 	Krpton Kale Salad	
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	

National School Lunch Week Oct. 12 - 16

12	13	14	15	16
Beef Taco Stick	Chicken Delights Sandwiches	Pollo Asado with Frijoles de la Olla/ Fire Grilled Chicken with Stewed Pinto Beans and Organic Brown Rice	Chicken & Red Sauce Tamale + String Cheese	Fresh & Tasty Breaded Chicken & Cornbread Muffin
The Best Burrito (v)	Cheesy Breadsticks (v)	Mini PB&J Sandwich + String Cheese + Goldfish Crackers (v)	Beef Birria & Cheese Pupusa	Kickin' Nuggets & Cornbread Muffin (v)
Yogurt & Granola (v)	Yogurt & Granola (v)	Yogurt & Granola (v)	Yogurt & Granola (v)	Yogurt & Granola (v)
Satsuma Tangerines	Valencia Orange Smiles	Frozen Fruity Cups	Pears	Choice of Applesauce Cups or Fresh Fruit
Baby Carrots, Steamed Broccoli	Baby Carrots with Super Ranch, Pickles, Sliced Tomatoes, Mustard, Ketchup	Baby Carrots w/ Ranch, It's Corn	Chili Jicama Sticks, Steamed Broccoli	Baby Carrots & Super Ranch, Edamame
Shredded Lettuce & Cheese, Cholula	Shredded Lettuce & Cheese, Mini Marinara Sauce Dipping Cups	Shredded Lettuce, Fresh Salsa, Crema	Shredded Lettuce with Cheese (v), Curtido, Cholula	Ranch Kale Salad, BBQ Sauce
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate

19	20	21	22	23
Happy Cheeseburger or Happy Hamburger (Grass Fed Beef)	Chicken Nuggies with Fresh Baked Whole Grain Chocolate Chip Cookie	Super Orange Chicken & Organic Fried Rice	Yummy Pepperoni Pizza Slice	Beef Hot Dog (Grass Fed Beef)
Grilled Cheese (v)	Mac & Cheese with Fresh Baked Whole Grain Chocolate Chip Cookie	Mini PB&J Sandwich + String Cheese + Goldfish Crackers (v)	Yummy Cheese Pizza Slice (v)	Cheesy Pinwheel (v)
Yogurt & Granola (v)	Yogurt & Granola (v)	Yogurt & Granola (v)	Yogurt & Granola (v)	Yogurt & Granola (v)
Bahama Bananas	Pink Lady Apples	California Grapes	Applesauce Cups	Frozen Fruity Cups
Baby Carrots with Ranch, Pickles	Baby Carrots & Ranch	It's Corn, Edamame	Cool Cucumber	Baby Carrots & Super Ranch
Shredded Lettuce, Sliced Tomatoes, Ketchup & Mustard	Garden Fresh Tossed Salad, Ketchup, BBQ Sauce	Sesame Ginger Salad	Krypton Kale Salad	Secret Sauce Salad, Ketchup, Mustard
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate

26	27	28	29	30
Beef Taco Stick	Chicken Delights Sandwiches	Pollo Asado with Frijoles de la Olla/ Fire Grilled Chicken with Stewed Pinto Beans and Organic Brown Rice	Chicken & Red Sauce Tamale + String Cheese	Fresh & Tasty Breaded Chicken & Cornbread 
The Best Burrito (v)	Cheesy Breadsticks (v)	Bean & Cheese Pupusa (v)	Mini PB&J Sandwich + String Cheese + Goldfish Crackers (v)	Kickin' Nuggets & Cornbread (v) 
Yogurt & Granola (v)	Yogurt & Granola (v)	Yogurt & Granola (v)	Yogurt & Granola (v)	Yogurt & Granola (v)
Satsuma Tangerines	Valencia Orange Smiles	Frozen Fruity Cups	Pears	Choice of Applesauce Cups or Fresh Fruit
Baby Carrots, Steamed Broccoli	Baby Carrots with Super Ranch, Pickles, Sliced Tomatoes, Mustard, Ketchup	Baby Carrots w/ Ranch, It's Corn	Chili Jicama Sticks, Steamed Broccoli	Baby Carrots & Super Ranch, Edamame
Shredded Lettuce & Cheese, Cholula	Shredded Lettuce & Cheese, Mini Marinara Sauce Dipping Cups	Shredded Lettuce, Curtido, Fresh Salsa, Crema 	Shredded Lettuce with Cheese (v), Cholula 	Ranch Kale Salad, BBQ Sauce
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate

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LESD Elementary Supper Menu

MON		TUES		WED		THURS		FRI	
28		29		30		10/1		10/2	
Turkey Club Sandwich + Baked Cheetos  Apples Baby Carrots, Mustard, Mayo 8 oz NF or 1% White Milk or NF Chocolate		Yummy Cheese (v) or Pepperoni Pizza  Bananas Baby Carrots 8 oz NF or 1% White Milk		PB& J Sandwich (v) 100% Fruit Juice Chili Jicama Sticks 8 oz NF or 1% White Milk		Tortilla Chips (v) Chili con Queso Cup (Cheese Cup) (v) Honey Roasted Sunflower Seeds (v) Tangerines Salsa Dipping Cup 8 oz NF or 1% White Milk		Scooby Snacks (v) String Cheese (v) Danimals Yogurt (v) Raisins Baby Carrots 8 oz NF or 1% White Milk	
5		6		7		8		9	
Mozzarella Breadsticks (v) Strawberries Marinara Sauce, Baby Carrots 8 oz NF or 1% White Milk or NF Chocolate		Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p) 100% Fruit Juice Baby Carrots 8 oz NF or 1% White Milk		Baked SunChips (v) String Cheese (v) Danimals Yogurt (v) Valencia Orange Smiles Cool Cucumber 8 oz NF or 1% White Milk		Scooby Snacks (v) String Cheese (v) Jack Links Sweet BBQ Chicken Bites Pink Lady Apples Paradise Punch 8 oz NF or 1% White Milk		Parent/Teacher Conferences *School not in session.*	
12		13		14		15		16	
Turkey Club Sandwich + Baked Cheetos  Apples Baby Carrots, Mustard, Mayo 8 oz NF or 1% White Milk or NF Chocolate		Yummy Cheese (v) or Pepperoni Pizza  Plums or Pluots Baby Carrots 8 oz NF or 1% White Milk		PB& J Sandwich (v) Pears Chili Jicama Sticks 8 oz NF or 1% White Milk		Tortilla Chips (v) Chili con Queso Cup (Cheese Cup) (v) Honey Roasted Sunflower Seeds (v) Assorted Paletas (Fruit Popsicles) + Raisins Salsa Dipping Cup 8 oz NF or 1% White Milk		Scooby Snacks (v) String Cheese (v) Danimals Yogurt (v) Tangerines Baby Carrots 8 oz NF or 1% White Milk	
19		20		21		22		23	
Mozzarella Breadsticks (v) Strawberries Marinara Sauce, Baby Carrots 8 oz NF or 1% White Milk or NF Chocolate		Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p) 100% Fruit Juice Baby Carrots 8 oz NF or 1% White Milk		Baked SunChips (v) String Cheese (v) Danimals Yogurt (v) Valencia Orange Smiles Cool Cucumber 8 oz NF or 1% White Milk		Scooby Snacks (v) Vanilla Yogurt (v) Pink Lady Apples Paradise Punch 8 oz NF or 1% White Milk		Chicken Tenders CA Grapes Baby Carrots, Ketchup, BBQ Sauce Honey BBQ Special Sauce  8 oz NF or 1% White Milk	
26		27		28		29		30	
Turkey Club Sandwich + Baked Cheetos  Apples Baby Carrots, Mustard, Mayo 8 oz NF or 1% White Milk or NF Chocolate		Yummy Cheese (v) or Pepperoni Pizza  Plums or Pluots Baby Carrots 8 oz NF or 1% White Milk		PB& J Sandwich (v) Pears Chili Jicama Sticks 8 oz NF or 1% White Milk		Tortilla Chips (v) Turkey Chili Assorted Paletas (Fruit Popsicles) + Raisins Salsa Dipping Cup 8 oz NF or 1% White Milk		Scooby Snacks (v) String Cheese (v) Danimals Yogurt (v) Tangerines Baby Carrots 8 oz NF or 1% White Milk	

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All grains are whole-grain rich.

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