



October 2026

South & Houston Breakfast

**All Breakfast meals
come with a choice of
Low Fat Milk, Fat Free
Chocolate Milk &
Strawberry Milk, Fruit
of the Day and 100%
Fruit Juice Options**

MON	TUE	WED	THU	FRI
			1 WG Mini Blueberry Glazed Donut Holes	2 Mini Mapple Waffles
5 Cocoa Puffs Cereal Mozzarella String Cheese	6 Cinnamon Toast Crunch Muffin	7 Beef Sausage Breakfast Biscuit	8 Apple Frudel	9 No School
12 No School	13 Cinnamon Toast Crunch Cereal Mozzarella String Cheese	14 Sausage Roll	15 Ginger Bread	16 Mini Mapple Waffles
19 Trix Cereal Mozzarella String Cheese	20 UBR Oatmeal Chocolate Chip Bar	21 Pancake on a Stick	22 Honey Bun	23 Banana Chocolate Chip Breakfast Bar
26 Cinnamon Chex Cereal Mozzarella String Cheese	27 Baked Cinnamon Rolls w/ Icing Yogurt, Strawberry Banana	28 Breakfast Pizza	29 WG Mini Blueberry Glazed Donut Holes	30 Mini Mapple Waffles

**Menus Are Subject to
Change Without Notice**

**This Institution Is An Equal
Opportunity Provider**