

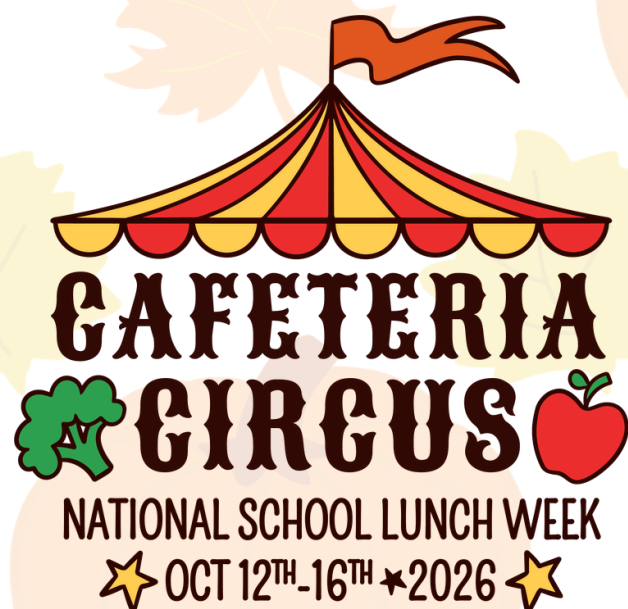


October 2026

South & Houston PreK Lunch

**All Lunch meals come
with a choice of Low Fat
Milk, and Fruit of the
Day**

**Daily Option:
Grilled Cheese Sandwich
- For Non-CEP Schools**



**Menus Are Subject to
Change Without Notice**

**This Institution Is An Equal
Opportunity Provider**

MON	TUE	WED	THU	FRI
			1 Personal Pepperoni/Cheese Pizza Italian Meat Sauce w/Spaghetti Sliced Cucumber	2 Chicken Sandwich Breaded Chicken Drumstick Dinner Roll Mashed Potatoes
5 Beef, Breaded Bites Chicken Poppers Mashed Potatoes Dinner Roll	6 Classic Pepperoni/Cheese Pizza Pancakes & Sausage Links Seasoned Broccoli Florets	7 Beef & Cheese Tacos Frito Pie Fiesta Salad	8 Personal Pepperoni/Cheese Pizza Chicken Alfredo W/ Rotini Garlic Breadstick Go Garden Salad	9 No School
12 No School	13 Corn Dog Tangerine Chicken Brown Rice Baby Carrots	14 Three Cheese Enchiladas Totally Taco Triangle Spanish Rice Refried Beans	15 Personal Pepperoni/Cheese Pizza Beef Lasagna Garlic Breadstick Go Garden Salad	16 Dill Chicken Sandwich Steak Finger Dinner Roll Sandwich Topper
19 Country Steak Sandwich Muffin, String Cheese & Yogurt Fun Lunch Sandwich Topper	20 Classic Pepperoni/Cheese Pizza French Toast Sticks & Sausage Patties Sliced Cucumber	21 Beef Nachos Totally Taco Triangle Fiesta Salad	22 Personal Pepperoni/Cheese Pizza Chicken Parmesan w/Spaghetti Sliced Cucumber	23 Macaroni & Cheese Tachos Dinner Roll Tater Tots
26 BBQ Pull Pork Sandwich Chicken & Waffle Crinkle Cut Fries	27 Mini Chicken Corn Dog Honey Siracha Chicken Brown Rice Savory Green Beans	28 Chicken Quesadilla Walking Beef Taco Roasted Corn & Jalapeno	29 Personal Pepperoni/Cheese Pizza Italian Meat Sauce w/Spaghetti Sliced Cucumber	30 Chicken Sandwich Breaded Chicken Drumstick Dinner Roll Mashed Potatoes