



October 2026

South & Houston PreK Breakfast

**All Breakfast meals
come with a choice of
Low Fat Milk and Fruit
of the Day**

MON	TUE	WED	THU	FRI
			1 Cinnamon French Toast Sticks, IW	2 Mini Maple Pancakes Puff
5 Trix Cereal Mozzarella String Cheese	6 Apple Cinnamon Muffin	7 Beef Sausage Breakfast Biscuit	8 Apple Frudel	9 No School
12 No School	13 Cinnamon Toast Crunch Cereal Mozzarella String Cheese	14 Sausage Roll	15 Cinnamon French Toast Sticks, IW	16 Mini Maple Waffles
19 Cocoa Puff Cereal Mozzarella String Cheese	20 Cinnamon Toast Crunch Muffin	21 Pancake on the Stick	22 Strawberry Cream Cheese Boli	23 Cherry Frudel
26 Cocoa Puff Cereal Mozzarella String Cheese	27 Apple Cinnamon Muffin	28 Breakfast Pizza	29 Cinnamon French Toast Sticks, IW	30 Mini Maple Pancakes Puff

**Menus Are Subject to
Change Without Notice**

**This Institution Is An Equal
Opportunity Provider**