

2022 OCTOBER 2022

Mahube

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 WG Cream Cheese Bagel Fruit and Milk WG Breakfast for Lunch Fruit, Vegetable and Milk	2 No School
5 WG Cereal Fruit and Milk WG Grilled Cheese Fruit, Vegetable and Milk	6 WG Biscuit and Gravy Fruit and Milk WG Taco in a Bag Fruit, Vegetable and Milk	7 Eggs, Sausage and WG Muffin Fruit and Milk WG Mac and Cheese Fruit, Vegetable and Milk	8 WG Pancake Wrap Fruit and Milk Turkey Gravy with WG Roll Fruit, Vegetable and Milk	9 No School
12 WG Cereal Fruit, Juice and Milk Fruit, Vegetable and Milk	13 WG French Toast Sticks Fruit and Milk WG Chicken Taco Fruit, Vegetable and Milk	14 Omelet and WG Bagel Fruit and Milk WG Baked Pasta Fruit, Vegetable and Milk	15 No School	16 No School
19 WG Cereal Fruit and Milk WG PB&J Fruit, Vegetable and Milk	20 WG Snack Bread Fruit and Milk WG Quesadilla Fruit, Vegetable and Milk	21 WG Breakfast Pizza Fruit and Milk Meatballs, Gravy and WG Roll Fruit, Vegetable and Milk	22 WG Waffle Fruit and Milk WG Chicken Alfredo Fruit, Vegetable and Milk	23 No School
26 WG Cereal Fruit and Milk WG Cheeseburger Fruit, Vegetable and Milk	27 WG Breakfast Eggroll Fruit and Milk WG Beef Taco Fruit, Vegetable and Milk	28 WG Breakfast Waffle Sandwich Fruit and Milk WG Pizza Fruit, Vegetable and Milk	29 Hard Boiled Egg with WG Bagel Fruit and Milk Salisbury Steak and WG Roll Fruit, Vegetable and Milk	30 No School