

2022 OCTOBER 2022

Century School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Cream Cheese Bagel Fruit, Juice and Milk Breakfast for Lunch Fruit, Vegetable and Milk	2 Pancakes Fruit, Juice and Milk Bosco Stick Fruit, Vegetable and Milk
5 Cereal Fruit, Juice and Milk Grilled Cheese Fruit, Vegetable and Milk	6 Biscuits and Gravy Fruit, Juice and Milk Taco in a Bag Fruit, Vegetable and Milk	7 Eggs, Sausage and Muffin Fruit, Juice and Milk Mac and Cheese Fruit, Vegetable and Milk	8 Pancake Wrap Fruit, Juice and Milk Turkey Gravy Fruit, Vegetable and Milk	9 Poptart Fruit, Juice and Milk Breaded Chicken Sandwich Fruit, Vegetable and Milk
12 Cereal Fruit, Juice and Milk Corn Dog Fruit, Vegetable and Milk	13 French Toast Sticks Fruit, Juice and Milk Chicken Taco Fruit, Vegetable and Milk	14 Omelet and Bagel Fruit, Juice and Milk Baked Pasta Fruit, Vegetable and Milk	15 No School	16 No School
19 Cereal Fruit, Juice and Milk PB&J Fruit, Vegetable and Milk	20 Snack Bread Fruit, Juice and Milk Quesadilla Fruit, Vegetable and Milk	21 Breakfast Pizza Fruit, Juice and Milk Meatballs and Gravy Fruit, Vegetable and Milk	22 Waffle Fruit, Juice and Milk Chicken Alfredo Fruit, Vegetable and Milk	23 Breakfast Round Fruit, Juice and Milk Orange Chicken Fruit, Vegetable and Milk
26 Cereal Fruit, Juice and Milk Cheeseburger Fruit, Vegetable and Milk	27 Breakfast Eggroll Fruit, Juice and Milk Beef Taco Fruit, Vegetable and Milk	28 Breakfast Waffle Sandwich Fruit, Juice and Milk Pizza Fruit, Vegetable and Milk	29 Hard Boiled Egg and Muffin Fruit, Juice and Milk Salisbury Steak and Gravy Fruit, Vegetable and Milk	30 Long John Fruit, Juice and Milk Chicken Tenders Fruit, Vegetable and Milk