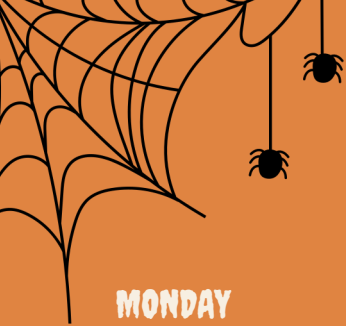




OCTOBER 2026

NWRHS LUNCH



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

FALL BREAK WEEK

6

7

8

9

12

NO SCHOOL
Parent-Teacher
Conference

13

Buffalo Hot Wings
Walking Tacos
Garlic Knot Roll
Corn
Pinto Beans
Tater Tots
Chocolate Pudding

14

Cheesy Chicken over Rice
Chicken Tenders
Hot Ham & Cheese Croissant
Garlic Knot Roll
Carrots w/ Dip
Savory Green Beans
Chocolate Brownies

15

Buffalo Hot Wings
Chicken Tenders
Corn Dog
Garlic Knot Roll
Mashed Potatoes, Brown Gravy
Steamed Broccoli Florets
Banana Pudding

16

Chicken Tenders
Crispy Rolled Tacos with
Chicken and Cheese
Philly Chicken Sandwich
Garlic Knot Roll
Baked Beans
Spicy Fries
Assorted Gelatins w/topping

19

American Sub Sandwich
Chicken Tenders
Mandarin Chicken over Rice w/
Egg Roll
Garlic Knot Roll
Glazed Carrots, Lima Beans
Sidewinder Potatoes
Brookie Cookie

20

Beef Pepper Jack Quesadilla
Buffalo Hot Wings
Garlic Knot Roll
Corn
Pinto Beans
Tater Tots
Vanilla Pudding

21

Chicken Salad on a Croissant
Chicken Tenders
Italian Rotini Casserole
Garlic Knot Roll
Carrots w/ Dip
Savory Green Beans
Candy Cookie

22

BBQ Pork Sandwich
Chicken and Waffles
Chicken Tenders
Garlic Toast
Cheesy Mashed Potatoes
Steamed Broccoli Florets
Southern Mud

23

Buffalo Hot Wings
Chicken Tenders
Crispy Rolled Tacos with Chicken
Garlic Knot Roll
Baked Beans
Spicy Fries
Assorted Gelatins w/topping

26

Chicken Tenders
Hot Dog
Garlic Knot Roll
Glazed Carrots
Lima Beans
Sidewinder Potatoes
Red Velvet Cookie

27

Buffalo Hot Wings
Southwest Dip and Chips
Garlic Knot Roll
Corn
Pinto Beans
Tater Tots
Chocolate Pudding

28

Chicken Tenders
Hot Ham & Cheese Croissant
Vegetable Beef Soup w/ Grilled Cheese
Sandwich
Garlic Knot Roll
Carrots w/ Dip
Savory Green Beans
Chocolate Brownie

29

Buffalo Hot Wings
Chicken Tenders
Stromboli Supreme
Garlic Knot Roll
Celery Sticks with Dip
Mashed Potatoes, Brown Gravy
Steamed Broccoli Florets
Banana Pudding

30

Chicken Tenders
Philly Chicken Sandwich
Garlic Knot Roll
Baked Beans
Spicy Fries
Assorted Gelatins w/topping

HALLOWEEN DESSERT

NWRHS LUNCH
DAILY OPTIONS
FRUIT, VARIETY
FRESH FRUIT BOWL
CHOCOLATE MILK
LOW FAT UNCLAVORED MILK
STRAWBERRY MILK

CONDIMENTS
MAYONNAISE
MUSTARD
KETCHUP
DIPPING SAUCE, VARIETY
MARINARA
SYRUP
SALAD DRESSING
SALTINE CRACKERS
CROUTONS

