

Upland Unified School District



Daily Breakfast Specials

Whole Grain Breakfast Bread Variety
Whole Grain Bagel & Cream Cheese
Whole Grain Cereal Variety
Whole Grain Breakfast Bars
Yogurt (9 g of sugar)
Mozzarella String Cheese

Hot Breakfast Specials

Monday.



Whole Grain Ham & Swiss Croissant

Wednesday.



Whole Grain French Toast Sticks and Chicken
Sausage Patty

Friday.



Whole Grain Chicken Sausage Maple
Pancake Wrap



Local Farm-Fresh Seasonal Fruit & Veggies
Local Driftwood Dairy California Milk Fat Free
Flavored/Unflavored and Low-fat White Milk



@UUSDFARMTOSCHOOL

*Menu subject to change

*This institution is an equal opportunity provider





OCTOBER



Fresh Salad Bar Offered Daily

Local Driftwood Dairy California Milk 1% White Milk or Non-Fat Chocolate Milk

WG = Whole Grain
🍂 = New Item(s)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 WG Charbroiled Cheeseburger sandwich salad bar 	6 WG Walking Taco seasoned turkey taco meat and reduced fat chips fiesta salad bar 	7 WG French Bread Cheese Pizza seasonal salad bar 	8 Orange Chicken & Brown Rice asian salad bar 	9 WG Honey Butter Biscuit & Chicken Chunks american salad bar
12 WG Grilled Chicken Sandwich served on a whole grain bun sandwich salad bar 	13 WG Chipotle Chicken and Cheese Pupusa fiesta salad bar 	14 WG Beef Pepperoni & Cheese Croissant seasonal salad bar 	15 Teriyaki Chicken & Garlic Brown Fried Rice asian salad bar 	16 WG Mini Turkey Corn Dogs and Crackers american salad bar
19 WG Crispy Chicken Sandwich served on a whole grain bun sandwich salad bar 	20 Turkey Barbacoa Tacos fiesta salad bar 	21 WG Mac & Cheese seasonal salad bar 	22 Hawaiian Chicken Drumstick & WG Bread Roll asian salad bar 	23 WG Mini Pancakes & Chicken Sausage Patty american salad bar
26 WG Charbroiled Cheeseburger sandwich salad bar 	27 WG Walking Taco seasoned turkey taco meat and reduced fat chips fiesta salad bar 	28 WG French Bread Cheese Pizza seasonal salad bar 	29 Orange Chicken & Brown Rice asian salad bar 	30 WG Honey Butter Biscuit & Bat Nuggets served with a halloween cookie american salad bar
2 NO SCHOOL	3 WG Chipotle Chicken and Cheese Pupusa fiesta salad bar 	4 WG Cheese Calzone served with marinara sauce seasonal salad bar 	5 Teriyaki Chicken & Garlic Brown Fried Rice asian salad bar 	6 WG Mini Turkey Corn Dogs and Crackers american salad bar

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