



ROSEMEAD SCHOOL DISTRICT

October

Elementary Breakfast and Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Strawberry Mini Bagels Spaghetti & Meatballs Breadstick Garlicky Broccoli 	2 Chocolate Scones Bosco's Mozzarella Stuffed Breadsticks Housemade Marinara Cucumber Salad 
5 UBR Chocolate Chip Homestyle Chicken Strips, Rice Krispy Treats, and Sweet Potato Fries	6 French Toast with Turkey Bacon Birria and Cheese Pupusa Refried Beans	7 Egg & Sausage Biscuit Sandwich Breaded Chicken Filet Sandwich with Crinkle Cut Fries 	8 Pizza Bagel Teriyaki Chicken with Brown Rice and Garlicky Broccoli 	9 Chocolate Chip Muffin Pepperoni or Cheese Pizza with Cucumber Salad 
12 Egg & Cheese Croissant Sandwich Kickin' Nuggets, Brownie Bites, and Sweet Potato Fries 	13 Pancakes with Turkey Sausage Carne Asada Nachos with Cheese Sauce and Refried Beans	14 Egg, Sausage & Cheese Tornado Wild Mike's Cheese Bites Housemade Marinara Cucumber Salad 	15 Bagel with Cream Cheese Chicken & Vegetable Dumplings with Sesame Ginger Salad 	16 Blueberry Scones Chicken Banh Mi, Pickled Carrot & Daikon, and Asian Cucumber Salad 
19 Double Chocolate Muffin Boneless Chicken Wings with Dinner Roll, Mashed Potatoes, and Corn	20 Colby Cheese Omelette with Toast Crunchy Beef Taco with Spanish Rice and Refried Beans 	21 Breakfast Apple Mini Bites Grassfed Cheeseburger with Crinkle Cut Fries	22 Ham & Cheese Croissant Mandarin Orange Chicken with Brown Rice and Garlicky Broccoli 	23 Cinnamon Roll Pepperoni or Cheese Pizza with Cucumber Salad 
26 Poffitz Pancake Bites Chicken Nuggets, Chocolate Chip Cookie, and Sweet Potato Fries	27 Scrambled Eggs, Bacon & Toast Grassfed Beef Hot Dog Three Bean Chili	28 Assorted Concha Breaded Chicken Drumsticks with Garlic Knot and Mashed Potatoes	29 Strawberry Mini Bagels Spaghetti & Meatballs with Breadstick and Garlicky Broccoli 	30 Chocolate Scones Bosco's Mozzarella Stuffed Breadsticks with Housemade Marinara and Cucumber Salad 



**All children enrolled at
Rosemead School District
are provided breakfast and
lunch at no cost!**

Available Daily:

8 oz 1% White Milk
8 oz. Nonfat Chocolate Milk
Assorted Fresh Fruit &
Vegetables

Monday: Grilled Cheese Sandwich
Tuesday: Bean & Cheese Burrito
Wednesday: Cheese Pull Apart
Thursday: Cheese Calzone
Friday: Turkey Club Sandwich



Freshly Prepared

Plant-Based



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Menu is subject to change without prior notice.
This institution is an equal opportunity provider.