

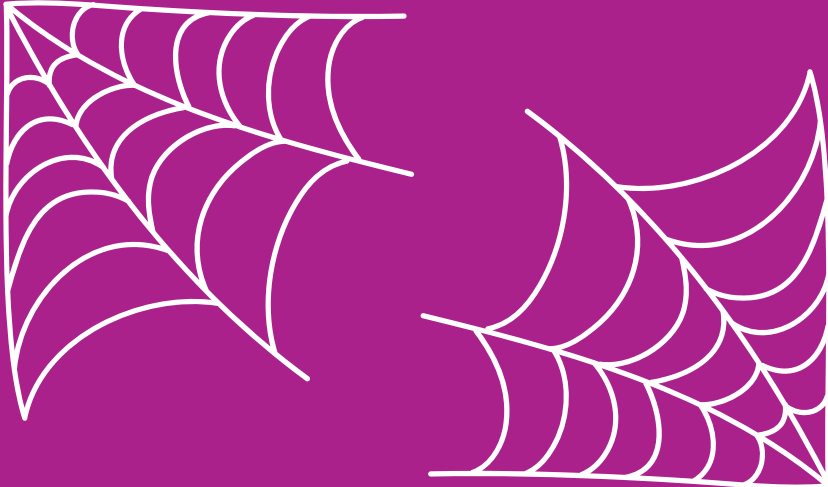
Assistant Director of Food & Nutrition

Chloe Carter | Phone:(724)843-7470 x1327 | Email:carterc@tigerweb.org

Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
HAPPY HALLOWEEN			1 Bacon Egg & Cheese Muffin Assorted Juice Alt: Chocolate Muffin Top	2 Mini Maple Waffle Assorted Juice Alt: Strawberry & Cream Mini Bagels
5 Sausage Biscuit Assorted Juice Alt: Yogurt w/ crackers	6 Cinnamon Roll Assorted Juice Alt: Assorted Benefit Bars	7 Blueberry Pancakes Assorted Juice Alt: Grape Crescent	8 Goody Ring Assorted Juice Alt: Omelet w/ toast	9 Pancake Wrap Nuggets Assorted Juice Alt: Cereal Bar w/ crackers
12 In-Service Day No School for Students	13 Raspberry Roll Assorted Juice Alt: Scrambled Eggs w/ Toast	14 Egg & Cheese Bagel Assorted Juice Alt: Mini French Toast	15 Assorted Benefit Bars Assorted Juice Alt: Chocolate Crescent	16 Blueberry Muffin Assorted Juice Alt: Pull-a- Part Donut
19 Sausage Biscuit Assorted Juice Alt: Yogurt w/ crackers	20 Cinnamon Roll Assorted Juice Alt: Assorted Benefit Bars	21 Confetti Pancakes Assorted Juice Alt: Grape Crescent	22 Goody Ring Assorted Juice Alt: Omelet w/ toast	23 Pancake Wrap Nuggets Assorted Juice Alt: Cereal Bar w/ crackers
26 Breakfast Chicken Biscuit Assorted Juice Alt: Chocolate Chip Waffle Snaps	27 Iced Donut w/ Sprinkles Assorted Juice Alt: Poptart w/ crackers	28 Strawberry Pancake Puffs Assorted Juice Alt: Pancakes w/ Sausage	29 Bacon Egg & Cheese Muffin Assorted Juice Alt: Chocolate Muffin Top	30 Act 80 Day No School
Daily Milk Options: Fat Free Vanilla, 1% White, Fat Free Chocolate				

Assistant Director of Food & Nutrition

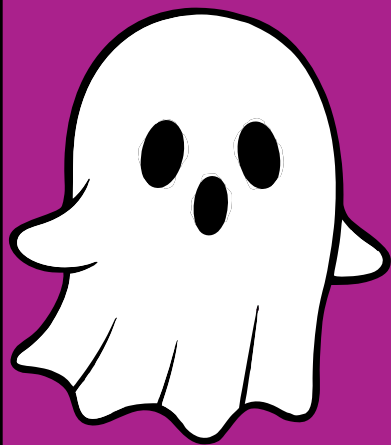
Chloe Carter | Phone:(724)843-7470 x1327 | Email:carterc@tigerweb.org

Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
			1 Dutch Waffle w/ Sausage Patties Crispy Tater Tots Mixed Fruit Alt Choice: Hot Dog	2 Corn Dog Nuggets Vegetarian Beans Citrus Orange Alt Choice: Cheese Pizza
5 BBQ Rib Sandwich Seasoned Mixed Vegetables Mandarin Oranges Alt Choice: Spicy Chicken Sandwich	6 Chicken Fajita & Cheese Dip w/ Fresh Bread Golden Corn Pineapple Tidbits Alt Choice: Cheeseburger	7 Macaroni & Cheese w/ Garlic Toast Steamed Broccoli Mixed Fruit Alt Choice: Chicken Nuggets w/ bread	8 General TSO Chicken Bowl Steamed Carrots Applesauce Alt Choice: Hot Dog	9 Pierogies w/ Fresh Bread Vegetarian Beans Citrus Orange Alt Choice: Cheese Pizza
12 In-Service Day No School for Students 	13 Corn Dog Nuggets Baked French Fries Mandarin Oranges Alt Choice: Cheeseburger	14 Popcorn Chicken Bowl w/ Fresh Bread Golden Corn Petite Banana Alt Choice: Chicken Nuggets w/ bread	15 Korean BBQ Dumpling Rice Bowl Steamed Carrots Diced Peaches Alt Choice: Hot Dog	16 Italian Hoagie Vegetarian Beans Pineapple Tidbits Alt Choice: Cheese Pizza
Daily Milk Options: FF Vanilla, FF Chocolate, 1% White				

Assistant Director of Food & Nutrition

Chloe Carter | Phone:(724)843-7470 x1327 | Email:carterc@tigerweb.org

Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
19 Crunchy Fish Sticks w/ Garlic Toast Baked French Fries Applesauce Alt Choice: Breaded Chicken Sandwich	20 Crispy Chicken Tender Combo w/ Crave Sauce & Garlic Toast Mixed Fruit Golden Corn Alt Choice: Cheeseburger	21 French Toast Sticks w/ Sausage Patties Crispy Tater Tots Diced Pears Alt Choice: Chicken Nuggets w/ Bread	22 Cheese Ravioli w/ Marinara & Garlic Toast Steamed Green Beans Fresh Citrus Orange Alt Choice: Hot Dog	23 BBQ Rib Sandwich Seasoned Mixed Vegetables Pineapple Tidbits Alt Choice: Cheese Pizza
26 Loaded Chicken Totchos w/ Garlic Toast Crispy Tater Tots Mixed Fruit Alt Choice: Chicken Sandwich	27 Walking Beef Dorito Tacos w/ Bread Re-fried Beans Petite Banana Alt Choice: Cheeseburger	28 Cheese Ravioli w/ Marinara & Garlic Toast Mixed Vegetables Applesauce Alt Choice: Chicken Nuggets w/ Bread	29 Chicken Quesadilla Steamed Green Beans Mandarin Oranges Alt Choice: Hot Dog	30 Act 80 Day No School



**Eat well, feel
great, be
amazing.**

Daily Milk Options: FF Vanilla, FF Chocolate, 1% White