



Assistant Director of Food & Nutrition

Chloe Carter | Phone:(724)843-7470 x1327 | Email:carterc@tigerweb.org

Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
			1 Raspberry Swirl Roll Assorted Juice Alt: Choco Crisp Cereal Blast Waffle	2 Chocolate Crescent Assorted Juice Alt: Blueberry Muffin
5 Pop Tart w/ Crackers Assorted Juice Alt: Mini Chocolate Chip French Toast	6 Cinnamon Roll Assorted Juice Alt: Assorted Cereal Bars w/ crackers	7 Chocolate Chip Waffle Snaps Assorted Juice Alt: Cherry Frudel	8 Blueberry Pancakes Assorted Juice Alt: Assorted Zee Zee Bars	9 Sausage, Egg & Cheese Muffin Assorted Juice Alt: Benefit Bars
12 In-Service Day No School for Students 	13 Sausage Breakfast Pizza Assorted Juice Alt: Pull Apart Donut	14 Soft Filled Cinnamon Toast Crunch Bar Assorted Juice Alt: Cereal Bar w/ crackers	15 Assorted Benefit Bar Assorted Juice Alt: Assorted Yogurt w/ crackers	16 Strawberry Cream Cheese Bagel Assorted Juice Alt: Goody Ring
Daily Milk Options: FF Vanilla, FF Strawberry, FF Chocolate, 1% White				



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Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
19 Pop Tart w/ Crackers Assorted Juice Alt: Mini Chocolate Chip French Toast	20 Cinnamon Roll Assorted Juice Alt: Assorted Cereal Bars w/ crackers	21 Chocolate Chip Waffle Snaps Assorted Juice Alt: Cherry Frudel	22 Blueberry Pancakes Assorted Juice Alt: Assorted Zee Zee Bars	23 Sausage, Egg & Cheese Muffin Assorted Juice Alt: Benefit Bars
26 Mini Maple Waffle Assorted Juice Alt: Chocolate Muffin Tops	27 Iced Donut w/ Sprinkles Assorted Juice Alt: Grape Crescent	28 Strawberry Pancake Puffs Assorted Juice Alt: Goody Bun	29 Raspberry Swirl Roll Assorted Juice Alt: Choco Crisp Cereal Blast Waffle	30 Act 80 Day No School 



Eat well, feel great, be amazing.

Daily Milk Options: FF Vanilla, FF Strawberry, FF Chocolate, 1% White



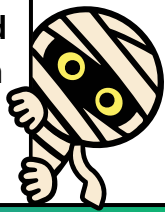
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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Waffles & Sausage Patties Crispy Tater Tots Mixed Fruit Alt Choice: Chicken Nuggets w/ bread	2 Cheese Pizza Vegetarian Beans Citrus Orange Alt: Hot Dog
5 Crispy Chicken Salad w/ Fresh Bread Baked French Fries Pineapple Tidbits Alt: Corn Dog Nuggets	6 Chicken Fajita & Cheese Dip w/ Fresh Bread Steamed Carrots Applesauce Alt: Cheesy Pepperoni Panini	7 Macaroni & Cheese w/Garlic Toast Seasoned Broccoli Mixed Fruit Alt: Italian Hoagie	8 Loaded Beef & Cheese Fries w/ Garlic Toast Mixed Vegetables Citrus Orange Alt:Spicy Chicken Sandwich	9 Cheese Pizza Vegetarian Beans Diced Peaches Alt: Hot Ham & Cheese on Ciabatta
12 In-Service Day No School for Students 	13 Crispy Chicken Tender w/ Crave Sauce & Gralic Toast Steamed Carrots Mixed Fruit Alt: BBQ Rib Sandwich	14 French Toast Sticks w/ Sausage Patties Crispy Tater Tots Petite Banana Alt: Corn Dog Nuggets	15 Korean BBQ Meatball Rice Bowl w/ Garlic Toast Steamed Green Beans Diced Peaches Alt: BBQ Chicken Sandwich	16 Meatball Hoagie Vegetarian Beans Pineapple Tidbits Alt: Cheese Pizza
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Monday	Tuesday	Wednesday	Thursday	Friday
19 Fiery Buffalo Chicken Panini French Fries Golden Apple Alt: Bacon Cheeseburger	20 Lasagna Roll Ups w/ Garlic Toast Steamed Broccoli Applesauce Alt: Breaded Chicken Sandwich	21 Popcorn Chicken Bowl w/ Fresh Bread Steamed Golden Corn Petite Banana Alt: Corn Dog	22 Loaded Chicken Totchos w/ Garlic Toast Seasoned Carrots Citrus Orange Alt: Hot Dog	23 Pierogies w/ Fresh Bread Refried Beans Mandarin Oranges Alt: Cheese Pizza
26 Pulled BBQ Chicken Sandwich French Fries Golden Apple Alt: Bacon Cheeseburger	27 Walking Beef Tacos w/ Fresh Bread Refried Beans Fresh Orange Alt: Chicken Sliders	28 Cheese Ravioli w/Garlic Toast Steamed Carrots Mixed Fruit Alt: Turkey Bacon Ranch Panini	29 General TSO Chicken Bowl Steamed Broccoli Petite Banana Alt: BBQ Pulled Pork Sandwich	30 Act 80 Day No School 



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