



DISTRICT WELLNESS MEETING

Meeting #1
September 21st, 2026
3:30pm-4:30pm

INTROS

Addams - Kellie Duffy & Leslie Hauser

Rogers - Shannon Davis

Anderson - Jackie Martinez & Sandra Pace

FDR - Martha Williams

Green - Irene Cervantes & Marlene Sandoval

Mitchell - Natasha Gogin-Moses

Smith - Laurie Bongard

Twain - Denise Appell & Wendy Gonzalez



MEETING DATES

Meeting #1 9/21/26 - In Person

Meeting #2 10/19/26 - In Person

Meeting #3 11/16/26 - Zoom

Meeting #4 1/25/27 - Zoom

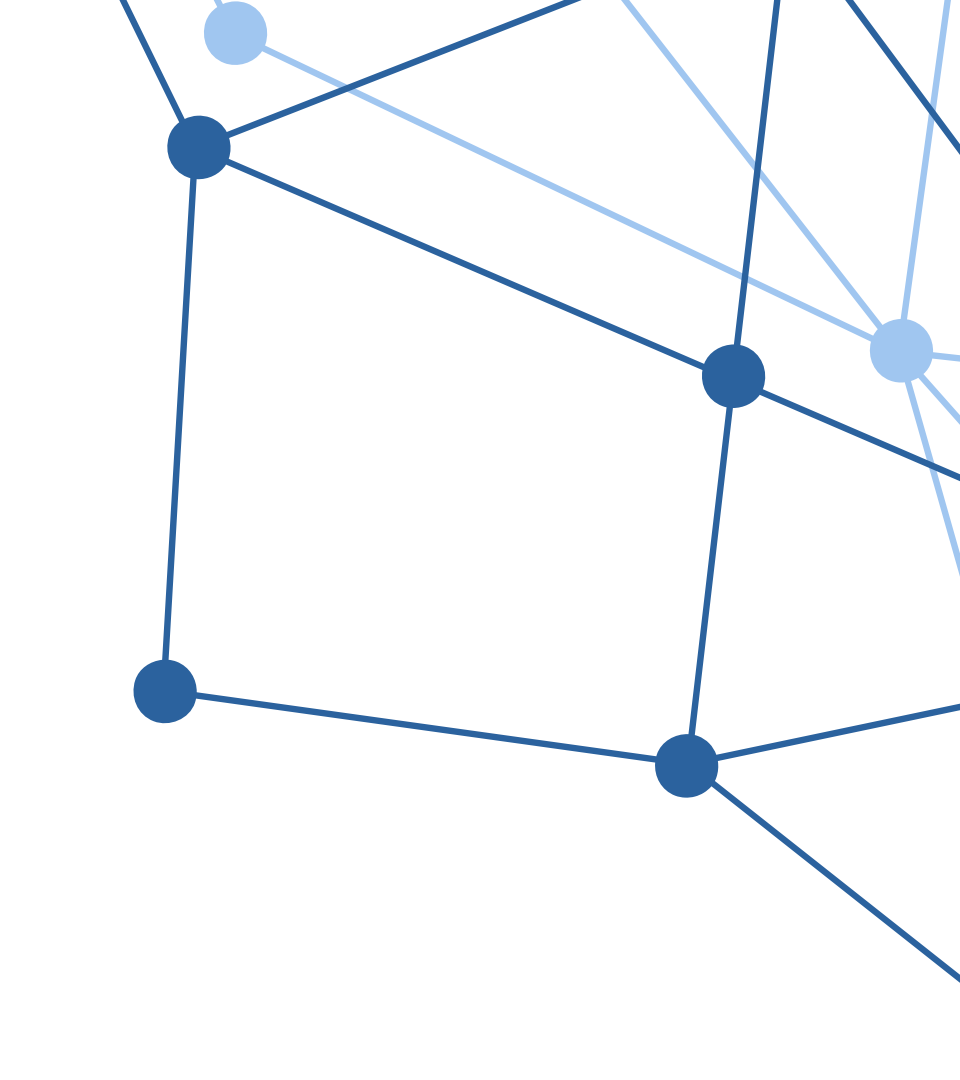
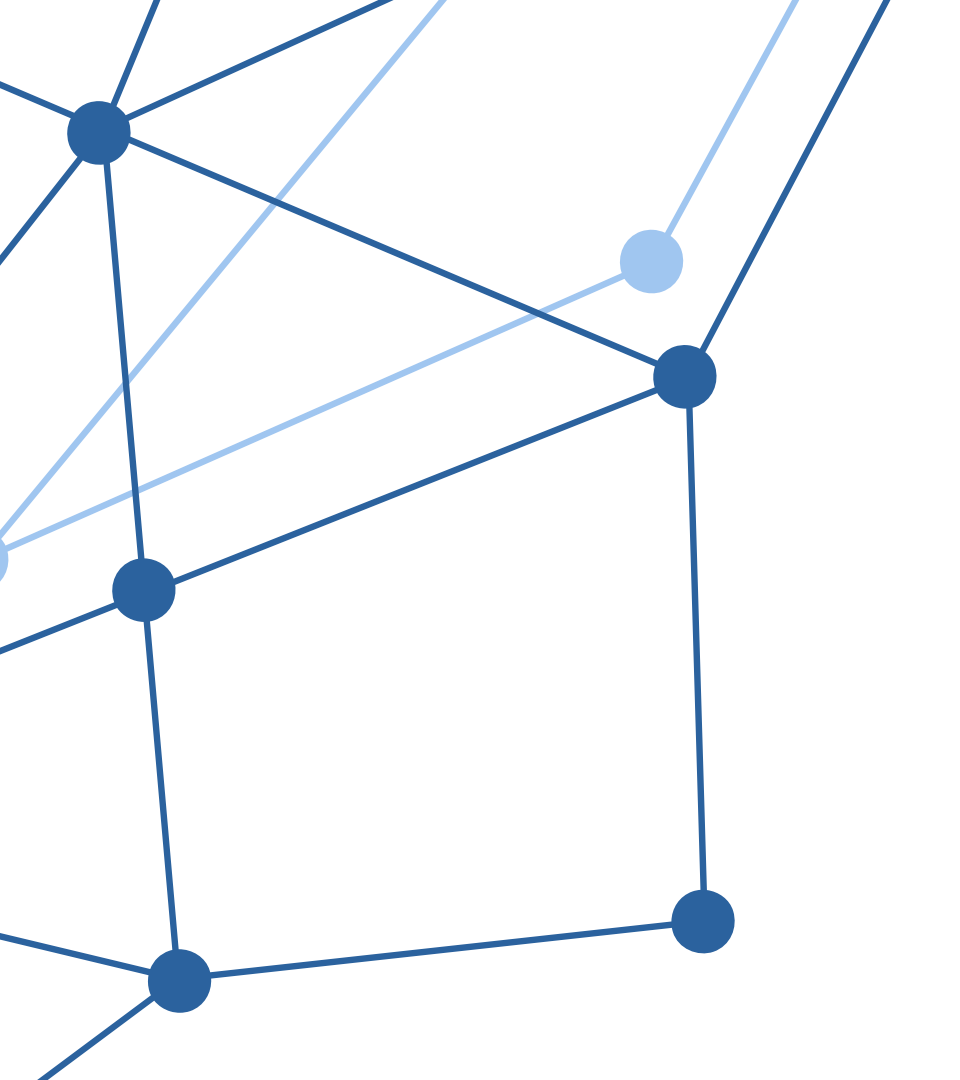
Meeting #5 3/1/27 - In Person & Zoom

Meeting #6 4/19/27 - Zoom

Meeting #7 5/17/27 - In Person & Zoom

**All meeting will be held from 3:30-4:30pm
at the District Office in the PDC or on
Zoom**





WELLNESS LIAISONS **SHARED DRIVE**

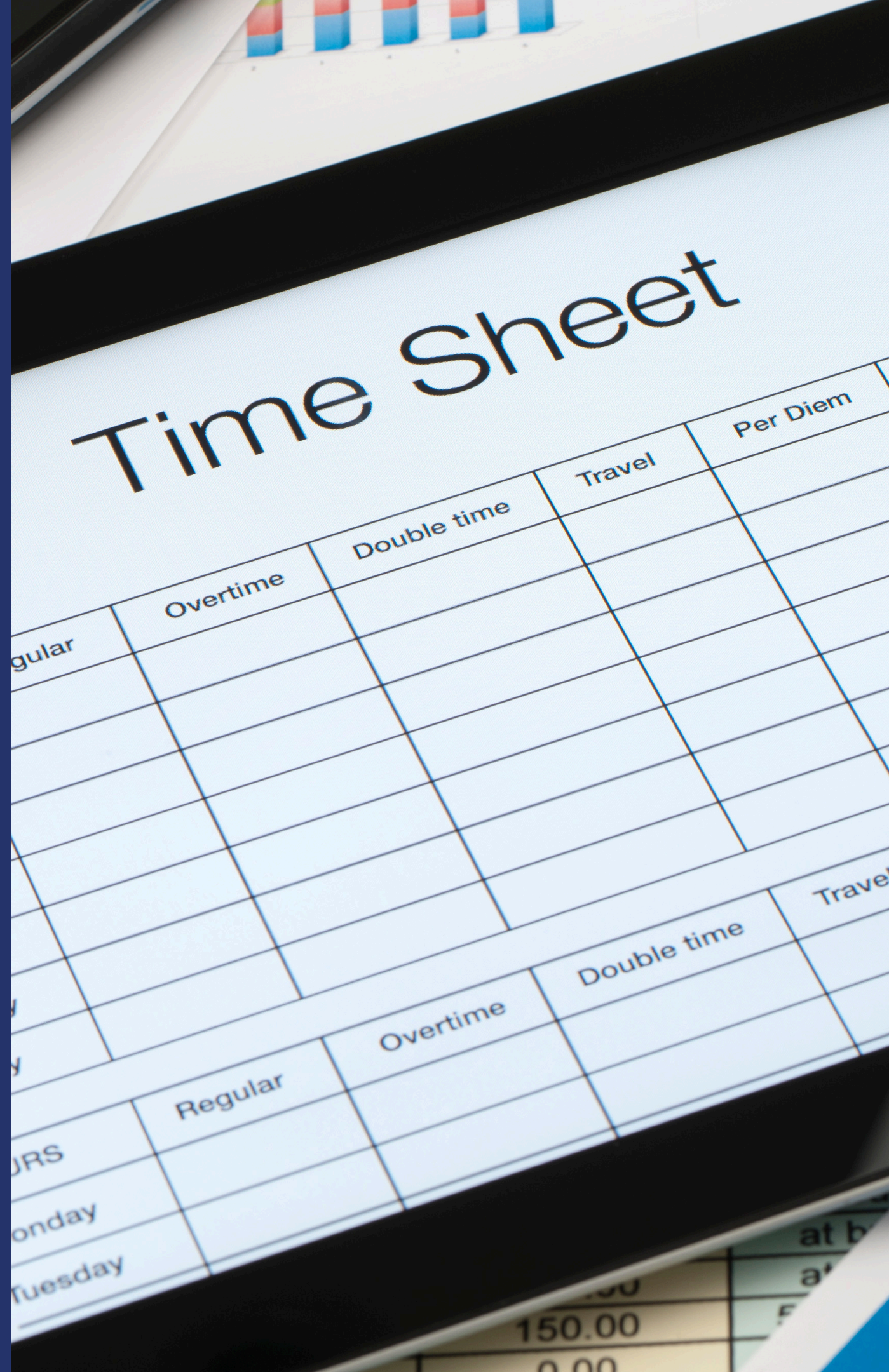


Meeting Agendas

Timesheets

Documents

Photos



TIMESHEETS

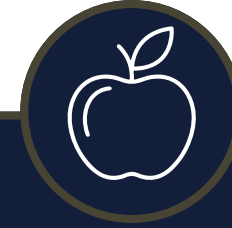
- Submit all timesheets digitally.
- Choose Timekeepers/Nutrition as the site reviewer team.
- Under reason for additional hours add Wellness Liaison.
- Timesheet due dates for Certificated and Classified staff are located in the shared drive.

ASSESSMENTS & GOALS

Assessments and annual goals will be completed collaboratively between Wellness Liaisons and the school wellness team. Due October 12th, 2026.



Pre/Post Wellness
Assessment



School Goals



REVIEW

Goals for 25/26 School Year

- Reintroduce share tables
- Start or support PA on campus (walking clubs, running clubs, etc.)
- Promote healthy eating and water consumption on campus
- Set plan for school garden maintenance, garden lessons and/or garden club
- Decrease unhealthy food options sold or offered during PTA events
- Have older students and adults role model good behavior (Kindness Crew)

WELLNESS POLICY

A document that guides a school district's efforts to establish a school environment that promotes students' health, well-being, and ability to learn.



Districts participating in the NSL and SBP must maintain and implement a written wellness policy.



The policy must be actively monitored for implementation and progress.



TRIENNIAL WELLNESS ASSESSMENT



Originated from the Healthy, Hunger-Free Kids Act, but made a requirement by the USDA Final Rule (2016).



Ensures compliance with USDA school nutrition standards.



Applies to all School Food Authorities (school districts, charters, etc).



Required every 3 years.



2023–2024

ASSESSMENT RESULTS

GROUP WORK SESSION

Assess: Review the Current Wellness Policy

Prioritize: Determine Areas of Focus

Feedback from Other Stakeholders

**Reflect: Review the 2023–24 Wellness Policy
Survey**

**Develop: Create the 2026–27 Wellness Policy
Survey**



THANK YOU!

