

OCTOBER 2026

New Life Academy of Excellence

All Meals serve with 1% white or FAT
Free Chocolate Milk and
appropriate condiments.
Vegetarian Option Available

Monday

Tuesday

Wednesday

Thursday

Friday



5
Granola Bar 1.75 oz GR
Go'Gurt -1oz M/MA
Fruit
Milk
(Dairy, Soy, Wheat)

6
Pop Tarts -1.25 oz GR
Fruit
Milk
(Dairy, Soy, Wheat)

7
Mini Croissants -1.25 oz GR
Cheese stick-1oz M/MA
Fruit or Juice -1 cup
(Dairy, Soy, Wheat)

1
Blueberry Muffin -2 oz GR
Fruit
Milk-8oz
(Dairy, Soy, Wheat)

2
Kellog's Apple Jacks -1.25 oz
Graham Cracker-1oz M/MA
Fruit or Juice -1 cup
(Dairy, Soy, Wheat)

8
Yoplait Yogurt-2 oz GR
Belvita Bites -1oz M/MA
Fruit
Milk
(Dairy, Soy, Wheat)

9
Cinnamon Toast Crunch-1.25 oz
Graham Cracker-1oz M/MA
Fruit or Juice -1 cup
(Dairy, Soy, Wheat)

Fall Break

Fall Break

Fall Break

Fall Break

Fall Break

12
19
Mini Bagel w cream cheese-1.25
oz GR
Juice M/MA
Fruit
(Dairy, Soy, Wheat)

13
20
Danimals Smoothie-2 oz GR
Belvita Bites -1oz M/MA
Fruit
Milk-8oz
(Dairy, Soy, Wheat)

14
21
Mini Croissants -1.25 oz GR
Cheese stick-1oz M/MA
Fruit or Juice -1 cup
(Dairy, Soy, Wheat)

15
22
Blueberry Muffin -2 oz GR
Fruit
Milk-8oz
(Dairy, Soy, Wheat)

16
23
Kellog's Apple Jacks -1.25 oz
Graham Cracker-1oz M/MA
Fruit or Juice -1 cup
(Dairy, Soy, Wheat)

26
Granola Bar 1.75 oz GR
Go'Gurt -1oz M/MA
Fruit
Milk
(Dairy, Soy, Wheat)

27
Pop Tarts -1.25 oz GR
Fruit
Milk
(Dairy, Soy, Wheat)

28
Mini Croissants -1.25 oz GR
Cheese stick-1oz M/MA
Fruit or Juice -1 cup
(Dairy, Soy, Wheat)

29
Yoplait Yogurt-2 oz GR
Belvita Bites -1oz M/MA
Fruit
Milk
(Dairy, Soy, Wheat)

30
Cinnamon Toast Crunch-1.25 oz
Graham Cracker-1oz M/MA
Fruit or Juice -1 cup
(Dairy, Soy, Wheat)