

Breakfast & Lunch Menu

2026

Breakfast Menu

Breakfast is served every morning before school and includes the choice of entrée, fruit, yogurt, milk, and string cheese.

Monday:

- Vanilla Pancake Bites✓
- Sweet Bread Concha✓
- Assorted Cereal✓

Tuesday:

- Banana Bread✓
- Bagel & Cream Cheese✓
- Assorted Cereal✓

Wednesday:

- Bacon & Cheese Egg Bites✓
- Maple Belgian Waffle✓
- Assorted Cereal✓

Thursday:

- Scratch-made Chocolate Chip Muffin✓
- Sunrise Bagel (Sausage & Bacon, Cheese & Egg)
- Assorted Cereal✓

Friday:

- Hand-rolled Breakfast Burrito (Soy Chorizo, Egg & Cheese)✓
- Fresh Baked Chocolate Chip Scone✓
- Assorted Cereal✓

Monday	Tuesday	Wednesday	Thursday	Friday
				
			1	2
			Chicken & Waffles EUSD Cheese Pizza ✓ EUSD BBQ Chicken Pizza ✓ Oatmeal Benefit Bar & String Cheese ✓	Grass Fed Beef Hamburger Grass Fed Beef Cheeseburger Chik'n Nuggets & Oven Baked French Fries ✓ Yogurt & Granola ✓ Fresh Baked Chocolate Chip Cookie ✓
5	6	7	8	9
Rainbow Cheese Tortellini with EUSD Marinara & Garlic Bread ✓ EUSD Cheese Pizza ✓ EUSD Margarita Pizza ✓ Yogurt & Granola ✓	Homemade Bean & Cheese Burrito ✓ Crispy Chicken Tenders Wowbutter & Jelly Sandwich with String Cheese ✓	Orange Chicken with Brown Rice Stuffed Cheese Quesadilla ✓ Stuffed Quesadilla with Grilled Chicken ✓ Yogurt & Granola ✓ Fortune Cookie ✓	Grass Fed Pork Carnitas Soft Taco & Tortilla Chips ✓ EUSD Cheese Pizza ✓ EUSD Pepperoni Pizza ✓ Oatmeal Benefit Bar & String Cheese ✓	Grass Fed Beef Hot dog Soft Pretzels with Cheese Dipping Sauce ✓ Yogurt & Granola ✓ Fresh Baked Sugar Cookie ✓
12	13	14	15	16
Bowtie Pasta with EUSD Marinara, Parmesan & Garlic Knot ✓ EUSD Cheese Pizza ✓ EUSD Pineapple Pizza ✓ Yogurt & Granola ✓	Bean & Cheese Pupusa ✓ OR Birria & Cheese Pupusa with Tortilla Chips ✓ Grass Fed Beef Hamburger Wowbutter & Jelly Sandwich with String Cheese ✓	Baked Potato with Cheese Sauce & Toppings ✓ Grilled Cheese Sandwich ✓ Yogurt & Granola ✓ Mini Rice Krispie Treat ✓	Fiesta Nachos ✓ with Grass Fed Organic Beef ✓ EUSD Cheese Pizza ✓ EUSD Pepperoni Pineapple Pizza ✓ Oatmeal Benefit Bar & String Cheese ✓	California Burrito (Organic Carne Asada, Baked French Fries, Cheese) ✓ Mozzarella Breadsticks with Marinara ✓ Yogurt & Granola ✓ Fresh Baked Snickerdoodle Cookie ✓
19	20	21	22	23
Pasta with Butter Parmesan Sauce & Garlic Bread ✓ EUSD Cheese Pizza ✓ EUSD Margarita Pizza ✓ Yogurt & Granola ✓ Whole Fruit Popsicle ✓	Baja Fish Taco on Local Tortilla with Tortilla Chips Crispy Chicken Breast Sandwich Veggie Burger ✓ Wowbutter & Jelly Sandwich with String Cheese ✓	Buffalo-style Chicken Wings (mild) & Garlic Knot Chicken Corn dog Yogurt & Granola ✓ Mini Rice Krispie Treat ✓	Organic Chicken Shawarma Pita & Garlic Sauce ✓ EUSD Cheese Pizza ✓ EUSD Pepperoni Pizza ✓ Oatmeal Benefit Bar & String Cheese ✓	Grass Fed Beef Hamburger Grass Fed Beef Cheeseburger Mac & Cheese ✓ Yogurt & Granola ✓ Fruit Freeze ✓
Fall Break (October 26-30)				

School Meal Information

To view school menus, nutrition facts, and meal program information, visit our EUSD Child Nutrition Services website for more details (<https://www.eusd.net/departments/child-nutrition-services>) or download our Mobile Menu App at www.schoolcafe.com. Lunch includes: 1 entrée, unlimited salad bar (full of local/organic fruits & veggies), locally sourced milk, and any side items. No paperwork is needed to receive free meals at school. To receive lunch, students will either scan their lunch card or enter their four-digit pin number when they go through the lunch line (both provided at the beginning of the SY). If you have any questions or concerns, please email Lea Bonelli, Director of Child Nutrition Services: lea.bonelli@eusd.net.

Food Allergies:

- A variety of **Gluten Free (GF)** and **vegetarian entrees** are offered throughout the week. Some GF entrées are GF without the bread/bun/tortilla/etc. Corn tortillas available upon request. Please note that we serve GF items, but our kitchens are not GF facilities.
- Plant-based/Vegan options** available daily upon request (Hummus & Pretzels, Sunbutter Sandwich, Balsamic Dressing). We do not serve any entrées that contain **peanuts or tree nuts**; however, we are not considered a nut free facility. Items may be processed in facilities that also process nuts and other allergens.
- If your child needs a special meal accommodation, please fill out the Request for Special Meals Form (found in the Allergies section of the CNS webpage) and return to your school nurse. Accommodations forms must be signed by a medical professional.

Menus are subject to change without notice

This institution is an equal opportunity provider

Daily Salad Bar:

Fresh, Seasonal, Local!

Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic lettuce and seasonal veggies!

Mondays: Mango & Jicama

Tuesdays: Locally Grown Sliced Apples & Celery
Wednesdays: Honeydew Melon & Locally Grown Dassi Farms Persian Cucumbers

Thursdays: California Grown Asian Pears & Pineapple

Fridays: Locally Grown Sliced Oranges
Various dressings are offered daily including a **GF** option.

Contains Pork: 

Gluten Free: **GF**

Scratch-made: 

Vegetarian: **✓**

Vegan: no animal products

**Meals are FREE
for all EUSD
Students!**

Adult & Visitor Pricing:

Lunch: \$6.00

Breakfast: \$4.00

MEET OUR VENDORS KNOW OUR PRODUCTS

CREAM CO. MEATS



Cream Co. works with over 20 sustainable, regenerative, and organic family farms in northern California. Our beef, pork and chicken come from a variety of farms including Mary's Chicken and Beeler's Pork.

EUSD FARM LAB

Our certified organic EUSD Farm Lab provides seasonal produce for our salad bars at every school. This includes organic lettuce, carrots, cucumbers, tomatoes, corn, beets, etc. Not to mention all of the tomatoes used in our scratch made pizza and pasta sauces.

DICKINSON FAMILY FARMS

Based in Fallbrook, Dickinson Family Farms provides, local, seasonal, and organic produce to our schools, including dragon fruit, finger limes, oranges, apples, avocados, etc.

LA FE TORTILLERIA

Based in San Marcos, La Fe Tortilleria is a multi-generational family run business that delivers authentic, fresh tortillas weekly!

LOPES FAMILY FARMS RICE

This family-owned organic farm in Princeton, California, utilizes an ancient Chinese rice farming technique that incorporates ducks into the cultivation of brown rice. The ducks eat weeds and bugs while enriching the soil with nitrogen and organic matter. Their organic rice can be found in a variety of EUSD entrees.

BOAR'S HEAD

High quality deli meats and cheeses, free of preservatives and nitrates, while also using whole muscle proteins. Their turkey and cheeses can be found in our deli sandwiches, grilled cheeses, quesadillas, and on our salad bar.

GIUSTO'S ORGANIC FLOUR

Based In San Francisco, Giusto's high quality, organic flour (wheat and all-purpose) is used in our pizza dough and fresh baked goods.

DASSI FAMILY FARM

Based in Leucadia and San Marcos, Dassi Family Farm is a local, sustainable greenhouse providing delicious, seasonal tomatoes and cucumbers for our salad bars.

