

October



SOY

DAIRY

WHEAT

EGG

SESAME

The items listed on this menu are reserved for students with documented allergies. If you need to submit a meal accommodation form due to allergies for your student please visit our website.

Fresh Salad Bar
Offered Daily

Local Driftwood
Dairy
California Milk
1% White Milk or
Non-Fat Chocolate
Milk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Charboiled Cheeseburger served on a gluten/dairy free bun sandwich salad bar  	6 WG Walking Taco seasoned turkey taco meat and reduced fat Doritos fiesta salad bar 	7 Gluten/Dairy Free Pizza seasonal salad bar	8 Teriyaki Chicken & Brown Rice asian salad bar 	9 Chicken Nuggets gluten & dairy free & a gluten/dairy free muffin american salad bar 
12 WG Grilled Chicken Sandwich served on a gluten/dairy free bun sandwich salad bar 	13 WG Chipotle Chicken & Cheese Pupusa fiesta salad bar 	14 Gluten/Dairy Free Pizza seasonal salad bar	15 Teriyaki Chicken & Brown Rice asian salad bar 	16 Chicken Nuggets gluten & dairy free & a gluten/dairy free muffin american salad bar 
19 WG Grilled Chicken Sandwich served on a gluten/dairy free bun sandwich salad bar 	20 Turkey Barbacoa Tacos served with corn tortillas fiesta salad bar	21 Gluten/Dairy Free Pizza seasonal salad bar	22 Hawaiian Chicken Drumstick & gluten/dairy free Bread Roll asian salad bar 	23 Gluten/Dairy Free Muffin & Chicken Sausage Links american salad bar 
26 WG Charboiled Cheeseburger served on a gluten/dairy free bun sandwich salad bar  	27 WG Walking Taco seasoned turkey taco meat and reduced fat Doritos fiesta salad bar 	28 Gluten/Dairy Free Pizza seasonal salad bar	29 Teriyaki Chicken & Brown Rice asian salad bar 	30 Chicken Nuggets gluten & dairy free & a gluten/dairy free muffin american salad bar 
2 No School	3 WG Chipotle Chicken & Cheese Pupusa fiesta salad bar 	4 Gluten/Dairy Free Pizza seasonal salad bar	5 Teriyaki Chicken & Brown Rice asian salad bar 	6 Chicken Nuggets gluten & dairy free & a gluten/dairy free muffin american salad bar 

★ = New Item(s)

*Menu subject to change
*This institution is an equal opportunity provider



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Fresh Salad Bar
Offered Daily

Milk alternative can
be provided as in
soy milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 WG Charbroiled Hamburger sandwich salad bar 	6 WG Walking Taco seasoned turkey taco meat and tortilla chips fiesta salad bar	7 Gluten/Dairy Free Pizza seasonal salad bar	8 Orange Chicken & Brown Rice asian salad bar 	9 Chicken Chunks & a gluten/dairy free muffin american salad bar
12 WG Grilled Chicken Sandwich served on a whole grain bun sandwich salad bar 	13 Chicken Taquitos fiesta salad bar	14 Gluten/Dairy Free Pizza seasonal salad bar	15 Teriyaki Chicken & Garlic Brown Fried Rice asian salad bar 	16 Mini Turkey Corn Dogs + Scooby Doo Grahams american salad bar
19 WG Grilled Chicken Sandwich served on a whole grain bun sandwich salad bar 	20 Turkey Barbacoa Tacos fiesta salad bar 	21 Gluten/Dairy Free Pizza seasonal salad bar	22 Hawaiian Chicken Drumstick & WG Bread Roll asian salad bar 	23 Gluten/Dairy Free Muffin & Chicken Sausage Links american salad bar
26 WG Charbroiled Hamburger sandwich salad bar 	27 WG Walking Taco seasoned turkey taco meat and tortilla chips fiesta salad bar	28 Gluten/Dairy Free Pizza seasonal salad bar	29 Orange Chicken & Brown Rice asian salad bar 	30 Chicken Chunks & a gluten/dairy free muffin american salad bar
2 No School	3 Chicken Taquitos fiesta salad bar	4 Gluten/Dairy Free Pizza seasonal salad bar	5 Teriyaki Chicken & Garlic Brown Fried Rice asian salad bar 	6 Mini Turkey Corn Dogs + Scooby Doo Grahams american salad bar

WG = Whole Grain

★ = New Item(s)



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