



Daily Bulletin

Tuesday, September 22nd, 2026

Period 1	7:45 – 8:35
Period 2	8:40 – 9:30
Break	9:30 – 9:40
Period 3	9:45 – 10:35
Period 4	10:40 – 11:30
Lunch	11:30 – 12:00
Period 5	12:05 – 12:55
Period 6	1:00 – 1:50
Period 7	1:55 – 2:45

 **El mes de la herencia hispana/latina In the United States, National Hispanic and Latino Heritage Month is a celebration of Hispanic and Latino history and cultures.** Between September 15 and October 15, we honor the contributions of Americans whose family and ancestors came from Mexico, the Caribbean, Central America, and South America. Every day is an opportunity to be inspired, learn and grow, so we will brighten up your day with inspirational quotes from Latinos and Latinas. Today's quote comes from **Celia Cruz** **"When opportunity presents itself, grab it. Hold on tight and don't let go."**

CMS Sports News:

 **Last Friday, CMS Cross-Country** ran their first race of the season. Congratulations to the varsity girls who came in 2nd place behind the middle school that shall not be named and varsity boys who came in 3rd place. A special shout out to 6th graders Alex Moreno and Jack Lightfoot for improving their mile times! A huge high five to all the runners for completing their very first race! Join us out on our track this Friday at 4pm for our second race of the season!

 **6th Grade Volleyball Takes the Court!** Our 6th Grade Girls Volleyball team competed in their first tournament of the season this past weekend in Pacific Grove! The Cougars played three matches, worked hard, supported one another, and gained lots of valuable game experience. The girls earned their first win in their second match and continued to improve with each game throughout the day. We're so proud of their effort, teamwork, and positive attitudes. **Way to go Cougars!**

 **Good luck to our soccer teams today!** The Girl's team will travel to Los Arboles in Marina for their match while the Boy team takes on Los Arboles at home @4pm **Come on out to the gym and cheer them on! Let's go, Cougars!**

 **In the 6th Grade Wiffle Ball Tournament of Donuts yesterday,** the **Little Town Lemonades** remain the team to beat after making quick work of the **Allentown Alligators**, earning a 13-4 victory. Kai Smith had an explosive game at the plate, launching two home runs to help power the Lemonades' offense. The Alligators put up a fight early, but defensive struggles allowed the Lemonades to capitalize and pull away. Today, the action continues as the Merlanga Math Attackers take on the Krislyn Krushers in another exciting matchup!

 **We are excited to announce the Tularcitos Fall Festival,** taking place afterschool THIS Friday, September 25th. The Tularcitos PTO is seeking middle school volunteers to assist with various activities throughout the event. This is a great opportunity to support our community and gain some community service hours. To sign up and participate, see Ms.Cardinalli in the office.

 **The Christian Fellowship Club** meets today during lunch in Miss Little's room. Participation is voluntary and open to all students, so if you're interested, grab your lunch and head to D4 at lunchtime.

 **Grab your lunch and come to the Kindness Club with Ms. Sheridan in the Habitat.** Meet new friends and learn how you can make a positive difference in someone's life.

 **Today's Menus: Breakfast:** Whole Grain Pancakes, UBR Oatmeal Bar, and Trix Cereal.

Lunch: Butter or Orange Chicken w/lemon rice, a Cheeseburger, Basco Sticks w/marinara, or a Turkey Sandwich.