

WHITEHALL-COPLAY SCHOOL DISTRICT
GOCKLEY & STECKEL LUNCH MENU

October 2026



EAT SMART
BE SMART



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1. Popcorn Chicken & Mashed Potatoes with Roll

Buttered Corn
Coleslaw

1. Cheese Pizza (V)

Seasoned Broccoli
Bell Pepper Strips

Daily Offerings: Turkey & Cheese | Garden Salad w/ Dinner Roll (V) | Grilled Chicken Salad w/ Dinner Roll | Breadstick Dipper Craveable (V) FRIDAYS

1. Chicken Nuggets with a Pretzel Stick

Oven Fries
Pasta Salad

1. Doritos Walking Taco
Shredded Lettuce, Salsa and Sour Cream

Green Beans
Caesar Salad

1. Hamburger or Cheeseburger

Baked Beans
Green Pepper Strips

1. Cheese Filled Breadsticks (V)

Tomato Soup
Caesar Salad

1. Pizza Crunchers with Marinara Sauce (V)

Seasoned Broccoli
Cucumber Slices

Daily Offerings: Turkey Ham & Cheese | Garden Salad w/ Dinner Roll (V) | Grilled Chicken Salad w/ Dinner Roll | Yogurt Craveable (V) FRIDAYS



1. Chicken & Cheese Quesadilla
Salsa and Sour Cream

Lucky Tray Day
Seasoned Red Beans
Tomato Corn Salsa

1. Macaroni and Cheese with a Dinner Roll (V)

Steamed Broccoli
Celery Sticks

Breakfast for Lunch:
1. WG Dutch Waffle with Turkey Sausage Links

Hash Brown
Garden Salad

1. Cheese Pizza(V)

Buttered Carrots
Chickpea Salad

Daily Offerings: Turkey Italian Sub | Garden Salad w/ Dinner Roll (V) | Grilled Chicken Salad w/ Dinner Roll | Nachos Craveable (V) FRIDAYS

1. Pasta with Meat Sauce
Garlic Bread

Zesty Country Green Beans
Cucumber Slices

1. Beef Soft Tacos
Salsa and Sour Cream

Refried Beans
Lettuce & Tomato

1. WG Chicken Tenders with Buttered Noodles
Apple Crisp

Glazed Carrots
Broccoli Salad

1. WG Crispy Chicken Patty on a Bun

Curly Fries
Apple Cranberry Coleslaw

1. Mozzarella Sticks with Marinara Sauce (V)

Seasoned Broccoli
Caesar Salad

Daily Offerings: Turkey and Cheese | Garden Salad w/ Dinner Roll (V) | Grilled Chicken Salad w/ Dinner Roll | Super Fruit Craveable (V) FRIDAYS

1. Chicken Nuggets with Belgian Waffle Sticks

Crinkle Cut Fries
Chickpea Salad

1. Doritos Walking Taco with Pretzel Stick

Seasoned Black Beans
Garden Side Salad

1. Chicken Alfredo over Penne with Breadstick

Steamed Broccoli
Celery Sticks with Ranch

1. Cheese Filled Breadsticks (V)

Tomato Soup
Green Pepper Strips

1. Cheese Pizza (V)

Lucky Tray Day

Steamed Green Beans
Caesar Salad

Daily Offerings: Turkey Ham & Cheese | Garden Salad w/ Dinner Roll (V) | Grilled Chicken Salad w/ Dinner Roll | Pizza Craveable (V) FRIDAYS

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student \$0.00
Adult \$5.25

Available Daily

PB&J Uncrustables with String Cheese or Yogurt and Goldfish Crackers.

Fruit & Veggie Selection

Assorted fresh and canned fruit.

Assorted fresh vegetables and composed Salads.

Students may choose two ½ cup servings

Milk Selection

Fat-Free, 1%, Fat-Free Chocolate.

Your Dining Services Team

Cathy Muto
General Manager
(610) 782-1820
mutoc@whitehallcoplay.org

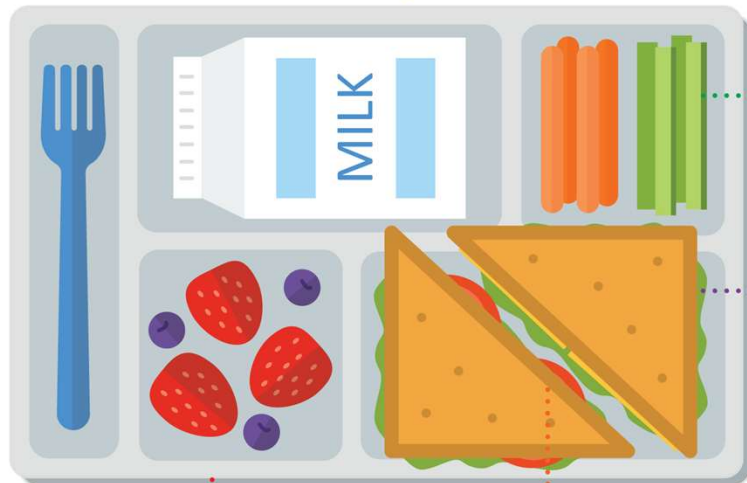
Derek Kolumber
Chef Manager
(610) 782-0961
kolumberd@whitehallcoplay.org

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (WG) Whole Grain



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.





MILK IS MIGHTY

Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!



GNAW ON RAW

Veggie Patch, salad, and cooked. Veggies have fiber for digestion



POWER UP WITH PROTEIN

Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!



WHOLE GRAINS = WHOLE PACKAGE

Bread, cereal, and crackers. Grains give us energy!



PURSUIT FOR FRUIT

Fresh, cupped, or 100% juice, fruit is nutrient-packed!

MAKE IT A MEAL!

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LUNCH PRICES

Student Lunch:	\$0.00
Adult Lunch:	\$5.25

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View menus on the go!
SchoolCafe provides an easy way to view our menus and manage your account.



Meet Your
nutritious friends



National School Lunch Week (Cafeteria Circus) - 10/12 – 10/10

Apple Fest- 10/19- 10/23

Lucky Tray Day- 10/13 & 10/30



YOUR DINING SERVICES TEAM
Cathy Muto, General Manager
610-782-1890
Mutoc@whitehallcoplay.org

Derek Kolumber, Chef Manager
610-782-0961
kolumberd@whitehallcoplay.org



Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES