



OCTOBER 2026

K-12 Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday



5
Chicken Nuggets
Mac & Cheese
Broccoli
Baby Carrots/Cucumbers
Applesauce OR Orange (All)
Mixed Fruit (Gr. 9-12)
BBQ Sauce OR Ketchup
Milk

6
BBQ Beef Sandwich
Hashbrown Patty
Carrots W/Parsley
Celery Sticks/Cucumber
Apple OR Mandarin (All)
Pear (Gr. 9-12)
Milk

7
Cheese Filled Breadsticks
W/Marinara Sauce
Mixed Vegetables
Coleslaw
Cucumber Slices
Bananas & Berries OR Mixed Fruit (All)
Orange (Gr. 9-12)
Milk

1
Spaghetti W/Meat Sauce
Garlic Bread Stick
Mixed Vegetables
Green Pepper & Celery Sticks
Mandarin OR Fresh Pear (All)
Apple (Gr. 9-12)
Milk

2
Hamburger W/Cheese
French Fries/Wedges
Lettuce/Tomato/Onion
Baby Carrots
Ketchup
Orange OR Sliced Pear (All)
Apple (Gr. 9-12)
Milk

9
Meatball Sub
Mozzarella Cheese
Corn
Baby Carrot/Green Pepper Sticks
Ranch Dip (Gr. 9-12)
Sliced Peaches OR Orange (All)
Apple (Gr. 9-12)
Milk

12
Pepperoni Pizza
Green Salad
Croutons
Tomato/Cucumber/Cauliflower
Choice Of Dressing
Apple OR Mandarin (All)
Kiwi (Gr. 9-12)
Milk

13
Creamed Turkey
Biscuit OR Bread
Peas
Carrots/Pepper Sticks
Cranberry Sauce (Gr. 9-12)
Applesauce OR Orange (All)
Fresh Pear (Gr. 9-12)
Milk

14
Teacher In-Service
No School

15
MEA Break
No School

16
MEA Break
No School

19
Breaded Chicken Sandwich
Roasted Butternut Squash
Peas
Apple OR Peaches (All)
Orange (Gr. 9-12)
BBQ Sauce OR Ketchup
Milk

20
Tacos W/ Cheese
Refried Beans
Lettuce/Tomato/Onion
Black Beans/Salsa/Sour Cream
Orange OR Pineapple (All)
Kiwi (Gr. 9-12)
Milk

21
Mini Corn Dog
French Fries
Assorted Raw Veggies W/Dip
Applesauce OR Orange (All)
Sliced Peaches (Gr. 9-12)
Mini Rice Krispie (Gr. 9-12)
Ketchup
Milk

22
Chicken Alfredo
Penne Noodles
Garlic Breadstick
Broccoli
Baby Carrots
Mixed Fruit OR Apple (All)
Fresh Pear (All)
Milk

23
Grilled Cheese Sandwich
Crackers (Gr.9-12)
Tomato Soup
Seasoned Green Beans
Cucumbers & Pepper Sticks W/Dip
Orange OR Sliced Pears (All)
Apple (Gr. 9-12)
Milk

26
Popcorn Chicken
Brown Rice Pilaf
Broccoli
Celery & Baby Carrots W/Dip
Mixed Fruit OR Apple (All)
Orange (Gr. 9-12)
Sweet & Sour OR Ketchup
Milk

27
Cheese Pizza
Green Salad
Croutons
Tomato/Cucumber/Cauliflower
Choice Of Dressing
Orange OR Peaches (All)
Kiwi (Gr. 9-12)
Milk

28
Sub Sandwich W/Fixings
Salad Dressing
Baked Beans
Coleslaw
Grapes OR Applesauce (All)
Sliced Pears (Gr. 9-12)
Milk

29
Spaghetti W/Meat Sauce
Garlic Bread Stick
Mixed Vegetables
Green Pepper & Celery Sticks
Mandarin OR Fresh Pear (All)
Apple (Gr. 9-12)
Milk

30
Hamburger W/Cheese
French Fries/Wedges
Lettuce/Tomato/Onion
Baby Carrots
Ketchup
Orange OR Sliced Pears (All)
Apple (Gr. 9-12)
Milk

Menu is Subject to change.
A variety of milk is offered
each day.

This institution is an equal
opportunity provider.