

MON

TUE

WED

THU

FRI



Celebrate National School Lunch Week from October 12th to October 16th!

1 Mini Maple Pancakes
Locally Grown Walking Taco Celery Applesauce

2 French Toast Breakfast Bar
Crispy Chicken Sandwich Baked Beans Diced Peaches



Fall Break



5
12 Apple Cinnamon Loaf and String Cheese
Mozzarella Sticks Marinara Sauce Roasted Broccoli Mixed Fruit

6
13 Berry Yogurt Honey Graham Crackers
Spicy Joe Sandwich Oven Fries Diced Pears

7
14 Maria's Sweet Vanilla Muffin String Cheese
Pineapple Sesame Chicken Wings Sriracha Green Beans Pineapple

8
15 Turkey Sausage Pancake Wrap
Veggie Ramen Roasted Carrots & Corn Diced Peaches

9
16 Snack N' Waffle
Street Corn Alfredo Black Bean Mango Salad Applesauce

19 Oatmeal Chocolate Breakfast Bar
Chicken Wings Dinner Roll Celery Sticks Applesauce

20 Cinnamon Bun
Bean and Cheese Burrito Elote Diced Pears

21 Zucchini Bread Muffin String Cheese
Locally Grown Beef Hot Dog Pre-K: Chicken Tenders Baby Carrots Mandarin Oranges

22 Mini Blueberry Waffles
Locally Grown Beef & Broccoli Brown Rice Mixed Fruit

23 Whole Grain Donut Bites
Fish Nuggets Black Beans Diced Peaches

26 Mini Cinni's
Chicken Alfredo Pasta Roasted Broccoli Mixed Fruit

27 Banana Bread
Orange Chicken and Rice Edamame Beans Pineapple Tidbits

28 Chocolate Cranberry Muffin String Cheese
Chicken Nuggets and Dinner Roll Baby Carrots Applesauce

29 Mini Cinnamon Waffles
Breakfast for Lunch Hashbrowns Diced Pears

30 Banana Chocolate Breakfast Bar
Hamburger Farmers Market Bruschetta Diced Peaches

DAILY OPTIONS

Breakfast

Breakfast Special
Seasonal Whole Fresh Fruit
or 100% Fruit Juice
1% or Skim Milk

Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Chicken

Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Sunbutter & Jelly Sandwich
Fresh Fruit Variety Garden Salad
Seasonal Vegetable
1% or Skim Milk

We serve a pork-free menu

Mixed Fruit is a combo of pears, peaches, and pineapple.

Locally Grown
We proudly source Arizona-grown produce, beef, and more. Look for this label to spot local items!

Vegetarian Fish Poultry Beef



October is...

October 12 - 16 - National School Lunch Week
National Pumpkin Month

MEAL PRICES

Osborn Students:

All complete meals at no cost
Milk \$0.50

Adults/Visitors:

Breakfast \$2.75
Lunch \$4.75

Cash/Check Accepted

SCAN HERE!



Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020



@nutriliciousosborn