

21 Days



OCTOBER

Breakfast Price: \$2.00

Lunch Price: \$3.10

Extra Milk 60¢

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Scan Code for Nutritional & Allergen Information 			1 BREAKFAST A. Ckn Biscuit w/ Gravy B. Cold Cereal LUNCH A. Pancakes & Sausage B. Cheese Quesadilla C. Italian Sub	2 BREAKFAST A. Cinnamon Roll B. Cold Cereal LUNCH A. Beef Pizza B. Hot Dog C. PB&J & Yogurt
5 BREAKFAST A. Pancakes & Sausage B. Cold Cereal LUNCH A. Pepperoni Bread B. Grilled Ham & Cheese C. Ham & Cheese Sub	6 BREAKFAST A. Bacon Scramble Pizza B. Cold Cereal LUNCH A. Crispito B. Mozzarella Sticks C. Crispy Chicken Salad	7 BREAKFAST A. Mini Chocolate Donuts B. Cold Cereal LUNCH A. Chicken Strips B. Corn Dog C. Yogurt Parfait	8 BREAKFAST A. Saus/Egg/Chz Biscuit B. Cold Cereal LUNCH A. Orange Chicken B. Polish Dog C. Pizza Wrap	9 BREAKFAST A. Cheese Omelet B. Cold Cereal LUNCH A. Cheese Pizza B. Swiss Mushroom Burger C. PB&J & String Cheese
12 BREAKFAST A. Apple Churros B. Cold Cereal LUNCH A. Chicken Fried Steak B. Chicken Nuggets C. Combo Sub	13 BREAKFAST A. Saus. Gravy w/Biscuit B. Cold Cereal LUNCH A. Tacos B. Buffalo White Ckn Pizza C. Chef Salad	14 BREAKFAST A. Ham/Egg/Chz Muffin B. Cold Cereal LUNCH A. Potatoes & More B. Breaded Ckn Sandwich C. Yogurt & Cheese Stick	15 BREAKFAST A. Bacon Eggstravaganza B. Cold Cereal LUNCH A. Spaghetti B. Chicken Alfredo C. Italian Sub	16 NO SCHOOL
19 BREAKFAST A. Bacon Scramble Pizza B. Cold Cereal LUNCH A. Chicken Drumstick B. Mini Corn Dogs C. Ham & Cheese Sub	20 BREAKFAST A. Ch. Chip Muffin B. Cold Cereal LUNCH A. Super Nachos B. Tacos C. Crispy Chicken Salad	21 BREAKFAST A. Pancake Sandwich B. Cold Cereal LUNCH A. Chicken Nuggets B. Mac-N-Cheese C. Yogurt Parfait	22 BREAKFAST A. Chz Srambled Eggs B. Cold Cereal LUNCH A. Mini Corn Dogs B. Chicken Tacos C. Turkey & Cheese Sub	23 BREAKFAST A. Cinnamon Roll B. Cold Cereal LUNCH A. Cheese Pizza B. Spicy Ckn Sandwich C. PBJ & String Cheese
26 BREAKFAST A. Mini Powdered Donuts B. Cold Cereal LUNCH A. Potatoes & More B. Hot Ham & Cheese C. Combo Sub	27 BREAKFAST A. Breakfast Burrito B. Cold Cereal LUNCH A. Super Mexi Tots B. Tator Tot Casserole C. Chef Salad	28 BREAKFAST A. Cheese Omelet B. Cold Cereal LUNCH A. Meatball Penne Pasta B. Hot Dog C. Yogurt & Cheese Stick	29 BREAKFAST A. Dutch Waffle B. Cold Cereal LUNCH A. Buffalo Popcorn Ckn B. Bosco Sticks C. Italian Sub	30 BREAKFAST A. French Toast B. Cold Cereal LUNCH A. Pepperoni Pizza B. Breaded Ckn Sandwich C. PB&J & Yogurt

MIDDLE SCHOOL MENU

A VARIETY OF FRUITS & VEGETABLES SERVED DAILY

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER