

October OEC and OALC High School Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Cheeseburger JoJo Potato Wedges	2 Chicken Corn Dog Kettle Chips
			Alternate Beef Walking Taco Fiesta Black Beans Seasoned Steamed Broccoli Fresh Fruit Assorted Fresh Vegetables	Alternate Pizza (Turkey Pepperoni or Cheese) Caesar Salad Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables
5 Breaded Chicken Sandwich (Spicy or Regular) JoJo Potato Wedges	6 Cheeseburger Garlic Mashed Red Potatoes Chicken Gravy	7 Hotdog JoJo Potato Wedges	8 Cheeseburger Curly Fries	9 Chicken Corn Dog Potato Chips
Alternate Spaghetti with Beef Meat Sauce Cheesy Garlic Breadstick California Vegetable Medley Fresh Fruit Assorted Fresh Vegetables	Alternate Chicken Bites (Regular and Spicy) Garlic Mashed Red Potatoes Chicken Gravy Dinner Roll Steamed Peas Fresh Fruit Assorted Fresh Vegetables	Alternate Chicken Al Pastor Rice Bowl Cilantro Lime Rice Tortilla Chips (1oz) Fiesta Black Beans Cheesy Mexican Street Corn Fresh Fruit Assorted Fresh Vegetables	Alternate Breaded Mozzarella Cheese Sticks Marinara Sauce Garlic Parmesan Cheese Knot Curly Fries Fresh Fruit Assorted Fresh Vegetables	Alternate Sesame Chicken White Rice Chicken Potsticker Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables Rainbow Jr. Mini Jonny Pops
12 Breaded Chicken Sandwich (Spicy or Regular) JoJo Potato Wedges	13 Cheeseburger Curly Fries	14 Hotdog JoJo Potato Wedges	15 No School	16 No School
Alternate Rotini Grilled Chicken Alfredo Garlic Breadstick Seasoned Steamed Broccoli Fresh Fruit Assorted Fresh Vegetables	Alternate General Tso Chicken White Rice Vegetable Egg Roll Honey Roasted Baby Carrots Fresh Fruit Assorted Fresh Vegetables	Alternate Chicken Walking Taco Fiesta Black Beans Buttered Corn Fresh Fruit Assorted Fresh Vegetables		
19 Breaded Chicken Sandwich (Spicy or Regular) JoJo Potato Wedges	20 Cheeseburger Curly Fries	21 Hotdog Tater Tots	22 Cheeseburger Garlic Mashed Red Potatoes Chicken Gravy	23 Chicken Corn Dog Chips
Alternate Italian Dunker with Marinara Sauce Caesar Salad Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables	Alternate Panda Spicy Lemon Chicken White Rice Vegetable Egg Roll Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Alternate Brunch For Lunch French Toast Sticks Chicken Sausage Links Tater Tots Fresh Fruit Assorted Fresh Vegetables	Alternate Breaded Chicken Drumstick Garlic Mashed Red Potatoes Chicken Gravy Dinner Roll Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Alternate Poppin' Flavored Popcorn Chicken Day (Regular OR Nashville Hot) BBQ Baked Beans Cornbread Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables
26 Breaded Chicken Sandwich (Spicy or Regular) JoJo Potato Wedges	27 Cheeseburger Curly Fries	28 Hotdog White Cheddar Cheese Curd Mac and Cheese	29 Cheeseburger JoJo Potato Wedges	30 Chicken Corn Dog Kettle Chips
Alternate Chicken Wing Day Garlic Parmesan Cheese Knot Soy Glazed Cauliflower Fresh Fruit Assorted Fresh Vegetables	Alternate Thai Sweet Chili Chicken White Rice Chicken Potstickers Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables	Alternate Hot Hot Honey Tenders White Cheddar Cheese Curd Mac and Cheese Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Alternate Beef Walking Taco Fiesta Black Beans Seasoned Steamed Broccoli Fresh Fruit Assorted Fresh Vegetables	Alternate Pizza (Turkey Pepperoni or Cheese) Caesar Salad Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables
Offered Daily				
Managers Choice	Chicken Ranch Salad	Turkey Cheese Hoagie	Chicken Ranch Salad	Turkey Cheese Hoagie

IN SCHOOL OFFERED DAILY:

Manager Choice of: Peanut Butter or Sun Butter and Jelly sandwich

*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

This institution is an equal opportunity provider.

A milk will incur a cost unless taken as part of a school meal.