



TEXARKANA

Independent School District

School Health Advisory Council (SHAC)

Wednesday, October 7, 2026

11:00AM - 12:30PM

Instructional Services Professional Development Center

3413 Summerhill Road | Texarkana, TX 75503

MEETING AGENDA

Agenda Topic	Presenter
Welcome and Opening Remarks • Call to Order • Welcome • Purpose of the School Health Advisory Council (See below) • Approval of Agenda and Minutes	Erin Breiby <i>Coordinator of Gifted and Talented & Advanced Academics</i>
Action Items • Vote: ◦ Liliana Luna - District Co-Chair ◦ Nominate and elect Co-Chair - must be district parent, not employed by TISD	Erin Breiby <i>Coordinator of Gifted and Talented & Advanced Academics</i>
Health Services Update/Report • Upcoming events and updates	Heather Spohn <i>Coordinator of School Health</i>
Child Nutrition Update/Report • Upcoming events and updates	David Stickels <i>Director of Child Nutrition</i> Cathy Pennington <i>Assistant Director of Child Nutrition</i> Judith Nixon <i>Claims and Eligibility Specialist</i> Mariah Standing <i>Menu Development Specialist</i>
Texas ACE Program Update • Presented by Grant Manager, LaSandra Williams-Jackson and Elodia Witterstaetter, Director of State and Federal Programs	Elodia Witterstaetter <i>Director of State and Federal Programs</i> LaSandra Williams-Jackson <i>Grant Manager</i>
Guest Speaker • Katina Levingston - Tough Kookie Foundation	Katina Levingston <i>Founder of Tough Kookie Foundation</i>
Remaining Meeting Dates:	Erin Breiby



TEXARKANA

Independent School District

• December 9, 2026 • February 3, 2027 • April 28, 2027	<i>Coordinator of Gifted and Talented & Advanced Academics</i>
Adjournment <i>This paper serves as a bulletin board</i> <i>Date Posted: September 21, 2026</i> <i>Texarkana ISD Campus Central Administration</i> <i>Texarkana ISD Website (www.txkisd.net)</i>	Erin Breiby <i>Coordinator of Gifted and Talented & Advanced Academics</i>

Purpose and Mission of the Council: A local school health Advisory council has been established to assist the District in ensuring that local community values and health issues are reflected in the District's health education instruction. A majority of members must be parents of students enrolled in the District and who are not employees of the district. One or more classroom teachers, campus administrators, students, health-care professionals, members of the business community, law enforcement representatives, senior citizens, clergy, representatives of nonprofit health organizations, or representatives of another group may serve. See BDF (LEGAL) and EHAA(LEGAL). The council meets four times per year (twice per semester).