School Wellness Plan 2026-2027

School Way Café

School Name: Westside Elementary

Principal's Name or Person Responsible for Plan: Ms. Shaunia Jackson 52452

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above**: _____

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a "Team Nutrition" school, we encourage your school to become one. For information, visit www.fns.usda.gov/tn/.

The district's wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

Part I: **Goals -** List your school's wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café schoolwaycafe@groups.volusia.k12.fl.us and a copy to your Area Superintendent by **September 18, 2026.** See attached Wellness Tool Kit for ideas to use for your wellness plan.

Part II: **Evaluation –** At the end of the school year, evaluate the results of your school's wellness goals and complete Part II of this form. E-mail a copy to School Way Café schoolwaycafe@groups.volusia.k12.fl.us and a copy to your Area Superintendent by **May 29, 2027**.

Note: Documentation is required to validate completion of your goals.

Part I – Complete by September 18, 2026	**Part II - Complete by May 29, 2027**
Goals for 2026-2027	Implementation Evaluation
Westside Elementary School students will participate in the Fresh Fruit and Vegetable Program (FFVP) three times each week**.** This program provides students with opportunities to enjoy a variety of fresh fruits and vegetables while promoting healthy eating habits and positive nutritional choices. Teachers distributing healthy snacks will incorporate age-appropriate nutritional facts and educational information related to the featured fruit or vegetable of the day. Students will learn about nutritional benefits, healthy food choices, and the importance of including fruits and vegetables as part of a balanced diet.	YES☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: YES☐ Documentation is available at school site and easily accessible for audit.

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Part I – Complete by September 18, 2026	**Part II - Complete by May 29, 2027**
Goals for 2026-2027	Implementation Evaluation
Westside Elementary School will provide faculty and staff with the opportunity to participate in an organized after-school wellness and fitness program led by qualified or certified instructors. The Teacher/Staff Fit Club will meet once per week and will promote physical activity, wellness, stress management, and a healthy lifestyle among faculty and staff. Activities may include an after-school walking club, fitness park training, tennis, pickleball, and other appropriate fitness and wellness activities. The program is designed to encourage staff participation, strengthen teamwork, and promote a positive culture of health and wellness throughout Westside Elementary School.	YES☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: YES☐ Documentation is available at school site and easily accessible for audit.
Westside Elementary School will sponsor a Wellness and Nutrition Night in collaboration with the WNA Afterschool Program. This event will provide students, families, faculty, staff, and community members with valuable information and resources that promote healthy lifestyles. Educational information and activities will focus on good nutrition, physical activity, healthy lifestyle choices, and overall wellness. The event will encourage the entire school community to develop healthy habits that support students' academic success, physical well-being, and lifelong health. The goal of Wellness and Nutrition Night is to strengthen the connection between school, family, and community while creating a positive culture of health and wellness at Westside Elementary School.	YES☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: YES☐ Documentation is available at school site and easily accessible for audit.

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Westside Elementary School will continue to support the health and well-being of all students by providing access to free health screenings and preventive health services in partnership with the Volusia County Health Department and other community health partners**.** Eligible students will have opportunities to receive services such as health screenings, dental sealants, vision screenings and eyeglasses, and flu vaccinations **at** no cost to parents or guardians**,** when available and with appropriate parental consent. These services are designed to help identify and address potential health concerns that may affect a student's attendance, academic performance, and overall well-being**.** By connecting families with accessible preventive health resources, Westside Elementary School will continue to promote a healthy, safe, and supportive learning environment for every student**.**	YES☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: YES☐ Documentation is available at school site and easily accessible for audit.