School Wellness Plan 2026-2027

School Way Café

School Name: Volusia Pines Elementary

Principal's Name or Person Responsible for Plan: Hilarie Blum ext.: 54207

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above**: Hilarie Blum

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a "Team Nutrition" school, we encourage your school to become one. For information, visit www.fns.usda.gov/tn/.

The district's wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

Part I: **Goals -** List your school's wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café schoolwaycafe@groups.volusia.k12.fl.us and a copy to your Area Superintendent by **September 18, 2026.** See attached Wellness Tool Kit for ideas to use for your wellness plan.

Part II: **Evaluation –** At the end of the school year, evaluate the results of your school's wellness goals and complete Part II of this form. E-mail a copy to School Way Café schoolwaycafe@groups.volusia.k12.fl.us by **May 14, 2027**.

Note: Documentation is required to validate completion of your goals.

Part I – Complete by September 18, 2026	**Part II - Complete by May 14, 2027**
Goals for 2026-2027	Implementation Evaluation
The Panther Press, our school newsletter, will include nutritional information as well as articles which encourage parents to ensure their children eat a healthy breakfast, lunch, and dinner. **Volusia Pines School Way Café will offer students high nutritious food options (fruits and vegetables) and nutrition information. As well as decorate the cafeteria with a variety of wellness educational posters. Our cafeteria manager, Tonya Causey, was selected as one of the five statewide winners of the School Lunch Hero for all she does to promote nutrition and health.**	☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: ☐ Documentation is available at school site and easily accessible for audit.

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Part I – Complete by September 18, 2026	**Part II - Complete by May 14, 2027**
Goals for 2026-2027	Implementation Evaluation
Volusia Pines will ensure students have structured PE, Music, and Art classes will incorporate physical movement into the curriculum. Additionally, students will have daily, supervised, recess during the school day where students engage in moderate to vigorous physical activity. **Volusia Pines Extended Day Enrichment Program (EDEP) will provide and encourage daily periods of moderate to vigorous physical activity for all participants.**	☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: ☐ Documentation is available at school site and easily accessible for audit.
Volusia Pines will utilize the Monique Burr Foundation for Children annually for all students: Healthy Minds & Healthy Bodies (substance abuse) which provides information about the harmful effects of using tobacco, drugs and alcohol through structured lessons led by our school counselor. **Volusia Pines will participate in all Elementary Health screenings including the Flu shots vaccine. Health screenings will be provided and will give us information, so we can refer students who have vision and/or hearing issues. Dental screenings will take place as well for our students.**	☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: ☐ Documentation is available at school site and easily accessible for audit.
Volusia Pines Wellness coordinator is Sarah Smith. As a school, we will promote healthy living among employees through regular exercise opportunities, health screenings and health education tips. All staff will be provided with wellness tips via staff emails. **Volusia Pines will participate in our annual faculty and staff Wellness Events (Fall/Spring) for Wellness and FUN!**	☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: ☐ Documentation is available at school site and easily accessible for audit.