

Heart Health Day 2026

Audio	Video
[Dr. Modi] Today is the Heart Health Day.	Attendees at sign in table with a big sign announcing Heart Health Day
It is very important because cardiovascular disease is the number one cause of mortality	Health fair with patients visiting tables with information about nutrition and wearable tech
right here in our backyard in Louisiana and worldwide.	Patient in clinic smiling as she checks out
We are doing free cholesterol screening. We are doing the blood sugar testing. We are doing screening for vascular disease.	Patients having fingers pricked for blood testing and having their blood pressure checked
We are checking free EKGs on everyone and we are doing echocardiogram.	Woman entering a clinic room with a sign for E K G on the door and woman smiling as she walks out of a clinic room
We have expert in vascular surgery. We have expert in heart failure. Expert in wellness. Expert in congenital heart disease.	Doctor Modi addressing an audience as she stands in front of a raised stage with six people seated in a semi-circle.
We have Doctor Stokes who talked about how we help community with the research and getting, from lab to the bedside. We had stroke awareness specialists.	Doctor Stokes on stage addressing people in the audience and a woman wearing a white doctor's coat seated in the middle, talking to the audience.
So this is very comprehensive. If you were to schedule this testing with your doctor, it's going to take a month.	Older woman with hair pulled back into loose ponytail, wearing a red t-shirt with "Working to keep the beat" printed on it. She is seated in front of a wall with horizontal colored panels. Text: Kalgı Modi, M D Interim Division Chief of Cardiology
But here you're going to get all this done in half a day	Woman in clinic room getting a blood sugar test.
and it's free. And you get to talk to a cardiologist.	Patient walking into a clinic room at the end of a hall with a physician
So, yeah, we had head to toe covered today to really take care of your body and prevent number one cause of death.	Health fair with two women doing Zumba, a woman getting a chair massage and a smiling toddler giving 'heart hands' as she poses for a photo with a volunteer.