School Wellness Plan 2026-2027

School Way Café

School Name: _____Sunrise Elementary School_____

Principal's Name or Person Responsible for Plan: Rebecca Gaebel_____ext.: __42853____

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above**: __Rebecca Gaebel ext 42853_____

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a "Team Nutrition" school, we encourage your school to become one. For information, visit www.fns.usda.gov/tn/.

The district's wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

Part I: **Goals -** List your school's wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café schoolwaycafe@groups.volusia.k12.fl.us and a copy to your Area Superintendent by **September 18, 2026.** See attached Wellness Tool Kit for ideas to use for your wellness plan.

Part II: **Evaluation –** At the end of the school year, evaluate the results of your school's wellness goals and complete Part II of this form. E-mail a copy to School Way Café schoolwaycafe@groups.volusia.k12.fl.us by **May 14, 2027**.

Note: Documentation is required to validate completion of your goals.

Part I – Complete by September 18, 2026	**Part II - Complete by May 14, 2027**
Goals for 2026-2027	Implementation Evaluation
Sunrise Elementary will promote healthy nutrition and hydration choices among elementary students throughout the 2026–2027 school year.	☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: ☐ Documentation is available at school site and easily accessible for audit.

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Part I – Complete by September 18, 2026	**Part II - Complete by May 14, 2027**
Goals for 2026-2027	Implementation Evaluation
Students will be provided with age-appropriate information and resources emphasizing the importance of eating nutritious foods, choosing healthy snacks, and drinking water regularly to support their physical health, energy, concentration, and learning.	☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: ☐ Documentation is available at school site and easily accessible for audit.
Sunrise teachers and school/community personnel will share printed and digital wellness information, classroom reminders, and school-wide wellness activities to encourage students to make healthy food and beverage choices. Families will also be provided with resources to support healthy habits at home. **Information and age-appropriate resources will be shared from MyPlate, a resource from the U.S. Department of Agriculture, at: https://www.myplate.gov/life-stages/kids** **The school will reinforce the message that small, healthy choices each day can help our Sunrise Dolphins feel their best, learn their best, and be their best.**	☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: ☐ Documentation is available at school site and easily accessible for audit.