

October 2026 Intermediate Breakfast



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.

Announcements

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com



Households must reapply every year to maintain free or reduced price meals if eligible

Online deposits to meal accounts can be made at www.schoolcafe.com with a small service fee.

Cash or check deposits to meal accounts are always accepted at the school kitchen with no fee.

Please include child's name and ID number with all cash or check deposits sent to the school cafeteria (preferably in a sealed envelope).

Each student is given a photo ID badge

- Required to be used for every food transaction
- Also used when riding the bus!

Monday	Tuesday	Wednesday	Thursday	Friday
Our unit priced breakfast consists of 3 or more food components, at least one must be a fruit or vegetable	Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk	All breakfast cereals contain at least 51% whole grain.	1 Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	2 Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
5 Breakfast Sausage Pizza or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	6 Biscuit & Sausage or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	7 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	8 Staff Development 2% White Milk and Whole White Milk are offered daily.	9 Staff Development Student Breakfast: \$2.00 Adult Breakfast: \$4.00
12 Staff Development	13 Biscuit & Sausage or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	14 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	15 Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	16 Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
19 Breakfast Sausage Pizza or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	20 Biscuit & Sausage or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	21 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	22 Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	23 Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
26 Breakfast Sausage Pizza or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	27 Biscuit & Sausage or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	28 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	29 Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	30 Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk



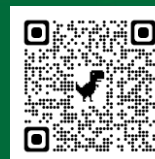
TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Updated 06/20/25



October 2026 Intermediate Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
Our unit priced lunch consists of 3 or more food components, at least one must be a fruit or vegetable	Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk	Peanut Butter & Jelly Sandwich, Grilled Cheese Sandwich available daily	1 5" Round Texas Pizza (Cheese & Pepperoni) or Steak Fingers or Chicken Popper Salad Vegetables, Fruits Texas Milk	2 Cheeseburger or Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits, Texas Milk Frozen Friday Fun Treat!
5 Pasta w/ Meatball Marinara & Garlic Toast or Cheesy Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits, Texas Milk	6 Beef & Cheese Crispy Taco or Texas Beef Tamales or Chicken Popper Salad Vegetables, Fruits Texas Milk	7 Beef Steak Fingers or Chicken Drumsticks or Chicken Popper Salad Vegetables, Fruits Texas Milk	8 Staff Development Student Lunch: \$3.00 Adult Lunch: \$5.40	9 Staff Development 2% White Milk and 2% Chocolate Milk are offered daily.
12  NATIONAL SCHOOL LUNCH WEEK ★ OCT 12 th -16 th ★ 2026 ★	13 Chicken & Cheese Crispy Taco or Texas Beef Tamales or Chicken Popper Salad Vegetables, Fruits Texas Milk	14 Mac & Cheese or Chicken Nuggets or Chicken Popper Salad Tomato Soup, Fruits Vegetables, Texas Milk	15 5" Round Texas Pizza (Cheese & Pepperoni) or Steak Fingers or Chicken Popper Salad Vegetables, Fruits Texas Milk	16 Cheeseburger or Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits, Texas Milk Frozen Friday Fun Treat!
19 Pasta w/ Meatball Marinara & Garlic Toast or Cheesy Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits, Texas Milk	20 Beef & Cheese Crispy Taco or Texas Beef Tamales or Chicken Popper Salad Vegetables, Fruits Texas Milk	21 Beef Steak Fingers or Chicken Drumsticks or Chicken Popper Salad Vegetables, Fruits Texas Milk	22 5" Round Texas Pizza (Cheese & Pepperoni) or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Texas Milk	23 Cheeseburger or Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits, Texas Milk Frozen Friday Fun Treat!
26 Orange Chicken with Stir Fry Rice or Eggrolls or Fruit & Yogurt Plate Vegetables, Fruits, Texas Milk	27 Chicken & Cheese Crispy Taco or Texas Beef Tamales or Chicken Popper Salad Vegetables, Fruits Texas Milk	28 Mac & Cheese or Bat Shaped Chicken Nuggets or Chicken Popper Salad Tomato Soup, Fruits Vegetables, Texas Milk	29 5" Round Texas Pizza (Cheese & Pepperoni) or Steak Fingers or Chicken Popper Salad Vegetables, Fruits Texas Milk	30 Cheeseburger or Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits, Texas Milk Chillin' Bat Friday Fun Treat!



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October is Texas Farm Fresh Challenge Month!

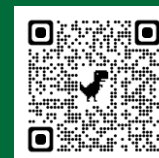


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October 2026 Intermediate Window Lunch



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5 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	6 Chicken Tenders or Chicken Popper Salad Vegetables, Fruits Milk	7 Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk	8 Staff Development Student Lunch: \$3.00 Adult Lunch: \$5.40	9 Staff Development 2% White Milk and 2% Chocolate Milk are offered daily.
12 Staff Development	13 Chicken Tenders or Chicken Popper Salad Vegetables, Fruits Milk	14 Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk	15 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	16 Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk
19 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	20 Chicken Tenders or Chicken Popper Salad Vegetables, Fruits Milk	21 Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk	22 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	23 Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk
26 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	27 Chicken Tenders or Chicken Popper Salad Vegetables, Fruits Milk	28 Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits Milk	29 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	30 Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk



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