

TISD Star Academy High School Fall Menu 2026-2027

Star Academy Lunch Weekly:				
Monday	Tuesday	Wednesday	Thursday	Friday
Wk 1: Chicken Pasta Bowl (with Marinara or Alfredo Sauce) Beef Meatball Pasta Bowl (with Marinara or Alfredo Sauce) or Cheeseburger w/fries Cheese Stuffed Breadstick Fruit & Yogurt Plate Garlic Toast Green Beans Fresh Garden Salad Parmesan Cheese Fresh & Chilled Fruit Milk	Beef Nacho Bowl or Chicken Fajita Nacho Bowl or Texas Beef Tamales or Chicken & Cheese Quesadilla Crispy Chicken/Beef Tacos or Pizza by the Slice or Chicken Popper Salad Refried Beans Golden Corn Salsa Fresh Garden Salad Fresh & Chilled Fruit Milk	**Orange Chicken Noodle Bowl **Teriyaki Chicken Noodle Bowl or Pizza by the Slice or Chicken Popper Salad Steamed Broccoli Carrot Coins Fresh Garden Salad Fresh & Chilled Fruit Good Fortune Frozen Treat Fortune Cookie Milk	Wk 1: Build a Salad Bowl: Turkey Breast or Cheese Cubes With Lettuce and/or Spinach And Choice of the following: Breadstick, Broccoli, Carrots, Cucumber, Garbanzo Beans, Grape Tomatoes, & Croutons, with your choice of dressing or Chicken Popper Salad or Cheeseburger or Chicken Sandwich or Cheese Stuffed Breadstick Fresh & Chilled Fruit Milk	Chicken Spicy Bites Bowl w/Roll or Beef Steak Finger Bowl w/Roll Chicken Patty Bowl w/Roll or Pizza by the Slice or Chicken Popper Salad Mashed Potatoes Golden Corn Country Gravy Fresh Garden Salad Fresh & Chilled Fruit Milk
Wk 2: *BBQ Beef Potato (with garlic breadstick) Chicken Drumstick (with Garlic Breadstick) or Cheeseburger w/fries Cheese Stuffed Breadstick Fruit & Yogurt Plate Baked Beans Fresh Garden Salad Fresh & Chilled Fruit Milk	2% White Milk & 2% Chocolate Milk Offered Daily at Lunch	Peanut Butter & Jelly Sandwich entrée available daily upon request.	Wk 2: Chicken Wings: Hot or Original Chicken Wings or Chicken Popper Salad or Cheeseburger or Chicken Sandwich or Cheese Stuffed Breadstick Oven Baked Fries Celery Sticks & Bean Dip Fresh Garden Salad Fresh & Chilled Fruit Milk	Menus subject to change
Lunch Menu Information				
Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable, Milk	 All lunch rolls, tortillas, pastas, and other bread items contain at least 51% whole grain	Our unit lunch offer consists of 3 or more components, one must be a fruit or vegetable. Entrée choices are in bold print	Student Lunch: \$3.50 *Premium \$4.00 **Premium Plus \$4.25 Adult Lunch: \$5.40 *\$5.90 Premium **\$6.15 Premium Plus	

Weekly Breakfast Menu				
All Menus Subject to Change				
Monday	Tuesday	Wednesday	Thursday	Friday
Biscuit & Sausage or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	Egg Croissant or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	Breakfast Pizza Bagels or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	Chicken & Waffles or Homemade Breakfast Wrap or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	Glazed Whole Grain Donut or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety
Breakfast: Student - \$2.50 Adult - \$4.00	Our unit breakfast offer includes an entrée (in bold), and choice of sides	(A minimum of 3 menu items must be selected, including 1 serving of fruit; items in bold count towards two items)	 Breakfast cereals and pastries contain at least 51% whole grain.	Whole White Milk & 2% White Milk Offered Daily at Breakfast
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You can apply to see if you qualify for free or reduced priced meals at: <https://www.schoolcafe.com/>

Tomball ISD offers a la carte choices to purchase. Money may be deposited into student accounts with cash, check, or online at www.schoolcafe.com A la Carte /snacks are not available for charging. Contact either your school cafeteria manager or the Child Nutrition Department for information or questions regarding the above payment procedures. There is a third party fee to deposit money online to student accounts. It is always **free** to deposit with cash or check at the school cafeteria. Please send cash or check in sealed envelope with your student's name and ID number.