FOLSOM CORDOVA UNIFIED SCHOOL DISTRICT 2026-2027

OCTOBER ELEMENTARY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A selection of fresh fruit is served with breakfast every day. Fruit juice is offered every Wednesday.			1 **Chicken Biscuit (C)**	2 **Jumbo Waffle**
5 **Pancake Sausage Sandwich (B)**	6 **Berry Crumble Yogurt Parfait**	7 **Egg and Cheese Tamale**	8 **Mini Maple Sausage Bites (C)**	9 **French Toast Sticks**
12 **NO SCHOOL** Indigenous Peoples' Day	13 **Cheese Omelet**	14 **Fresh Baked Cinnamon Roll**	15 **Chicken Biscuit (C)**	16 **Jumbo Waffle**
19 **Pancake Sausage Sandwich (B)**	20 **Berry Crumble Yogurt Parfait**	21 **Egg and Cheese Tamale**	22 **Mini Maple Sausage Bites (C)**	23 **French Toast Sticks**
26 **Egg and Cheese English Muffin**	27 **Cheese Omelet**	28 **Fresh Baked Cinnamon Roll**	29 **Chicken Biscuit (C)**	30 **Jumbo Waffle**

Menu subject to change based on product availability.

Contains:
Beef (B)
Chicken (C)
Halal (H)
Pork (P)
Turkey (T)

Cold cereal and fresh apple slices offered daily.

Students must take a minimum of a half cup of fruit.

All meals are served with lowfat white milk or nonfat chocolate milk.

One breakfast is available at NO COST to enrolled students.
Families can complete a school meals application online - from the FCUSD home page, click on Departments, then Food Services.
This institution is an equal opportunity provider.