FOLSOM CORDOVA UNIFIED SCHOOL DISTRICT 2026-2027

OCTOBER ELEMENTARY LUNCH

CAFETERIA CIRCUS
NATIONAL SCHOOL LUNCH WEEK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CAFETERIA CIRCUS NATIONAL SCHOOL LUNCH WEEK OCT 13 - 16			1 Taco Nada Bites (T) Vegan Green Chile Tamale	2 Pepperoni Pizza (B, T) Yogurt, Muffin & String Cheese with Granola
5 Hot Dog (B, H) on a Bun Taco Bean & Veggie Crisp Up	6 Chicken Drumstick (C) and a Waffle Vegan Kickin Tenders and a Waffle	7 Orange Chicken (C) with Rice Garlic Pull-Aparts with Marinara Dip	8 Mini Cheeseburgers (B) Bean and Cheese Chalupa	9 Teriyaki Boneless Wings (C) with Cornbread Stars Yogurt, Muffin & String Cheese with Granola
12 NO SCHOOL INDIGENOUS PEOPLES' DAY	13 Chicken Patty (C) on a Bun Black Bean Burger on Bun	14 Rotini Pasta with Meat Sauce (B) and a Garlic Knot Grilled Cheese Sandwich	15 Taco Nada Bites (T) Vegan Green Chile Tamale	16 Pepperoni Pizza (B, T) Yogurt, Muffin & String Cheese with Granola
	Circus Churro Crackers with every meal during National School Lunch Week!			
19 Hot Dog (B, H) on a Bun Taco Bean & Veggie Crisp Up	20 Chicken Drumstick (C) and a Waffle Vegan Kickin Tenders and a Waffle	21 Orange Chicken (C) with Rice Garlic Pull-Aparts with Marinara Dip	22 Mini Cheeseburgers (B) Bean and Cheese Chalupa	23 Teriyaki Boneless Wings (C) with Cornbread Stars Yogurt, Muffin & String Cheese with Granola
26 Coconut Curry Chicken (C) with Rice and Naan Bread Cheese Pizza	27 Chicken Patty (C) on a Bun Black Bean Burger on Bun	28 Rotini Pasta with Meat Sauce (B) and a Garlic Knot Grilled Cheese Sandwich	29 Taco Nada Bites (T) Vegan Green Chile Tamale	30 Super Minimum Day Yogurt, Muffin & String Cheese with Granola

Offered Daily: Sunbutter and Jelly Sandwich Meal

Menu subject to change based on product availability.

Lunch includes an entree, one trip to the garden bar and a choice of lowfat white milk or nonfat chocolate milk

Students must take 3 of the 5 components offered and a minimum of a half cup of fruit and/or vegetable.

Contains:
Beef (B)
Chicken (C)
Halal (H)
Pork (P)
Turkey (T)

One lunch is available at NO COST to enrolled students.
Families can complete a school meals application online - from the FCUSD home page, click on Departments, then Food Services.
This institution is an equal opportunity provider.