Res IM Resident Life 2026

Audio	Video
[Music]	Purple motion background with white text: Department of Internal Medicine Resident Life There is a small purple and gold L S U Health Shreveport logo in the bottom right corner
[Veronica] Shreveport really has a little bit of everything. We have great hiking trails, concerts, sporting events, and even	Downtown Shreveport, Lady running along bike path with river in the background, Mudbugs hockey game
farmer's markets on the weekends. If you are really into trying out new food, this is a really great place to live. And it definitely doesn't hurt that we have Houston, Dallas, and New Orleans a short drive away if you want a change of scenery.	Woman with long, dark hair over her shoulders. She is wearing a white doctor's coat and is standing in front of a curved wall with a large gold and purple L S U Health Shreveport logo on it to her left Text: Veronica Bustos, M D Chief Resident
[Hetvi] The current residents helped me a lot during the transition. Even before I stepped in here, they were the ones to kind of guide me on what apartments to choose. When I came in here, they were always very available and approachable. You could ask anything to them, even the questions that you think are kind of silly, were welcomed.	Young woman with dark hair wearing black frame glasses and a white doctor's coat standing in front of a curved wall with a large gold and purple L S U Health Shreveport logo to her right. Text: Hetvi Shah, M D First year resident
They helped me understand the hospital workflow because everything was so new and so fresh and apart from,	Hetvi and fellow residents at a nurse's station talking with an attending.
like the academic stuff, they also help with rides, which is pretty great because you don't have a car initially and they help you with groceries, rides, all of it.	Hetvi on camera

Audio	Video
[David] As someone with with four kids, it does really come with a lot of responsibilities. And I have never felt any sort of way that I have to choose between my family or my work. The program has been very supportive in such a way that if I need a scheduling change or anything, the program is much more willing to help with that. And my colleagues especially, will be more like willing to help me in any shape or form when it comes to anything like a family making. So I'm really, really grateful for that.	Young doctor with dark, close cropped hair and a mustache and goatee, wearing navy scrubs and a white doctor's coat, standing on a balcony beside the stairs. There is a large purple and gold L S U Health Shreveport logo on the curved wall behind him. Text: David Okuampa, M D Gastroenterology Fellow
[August] I think it means a lot to stay in Louisiana for my medical training. Obviously, I'm born and bred here. Born in New Orleans, raised in New Orleans. I went to LSU Baton Rouge for undergrad and then did my medical school training at LSU Health Shreveport so other than a couple of vacations, I haven't really left the state, but that's for a reason.	Young man with receding, dark blond hair standing in front of a curved wall with a large purple and gold L S U Health Shreveport logo on it. He is wearing a blue checked shirt and a white doctor's coat. Text: August Vanlangendonck, M D third year resident
Just because of the culture here, is amazing. I feel like when I meet people from outside of the state, they always talk about how hospitable the people are, how respectful the culture is, how great the food is.	Mardi gras parade with people lined up on the street as a passing float tosses throws, Festival plaza with people dancing and listening to a band, crawfish being scooped from a cooler and put in a to go container
[Sindhu] I would say that it's big enough that you get a very strong clinical experience, but it's small enough that you know everyone and everyone knows you. That was one of the biggest things that drew me to the internal medicine residency program here at LSU Health Shreveport. The warm, welcoming culture where no one judges you. Everyone just wants everyone else to succeed. That goes all the way from attendings, program directors. Higher than that. All the way down to staff, ancillary staff. Everyone wants you to succeed. And I think that's a really nice way to train.	Woman with her dark hair in a bun on top of her head, wearing a black blouse with white trim and a white doctor's coat. She is standing on a landing overlooking a stairwell that has a large L S U Health Shreveport logo along the side. Text: Sindhu Thevuthasan, M D Hematology/Oncology Fellow
[Music]	Purple motion background with white text: Department of Internal Medicine Becky Custis Program Administrator Becky dot Custis at L S U H S dot E D U Internal Medicine Residency Program There is a small white L S U Health Shreveport logo in the bottom right corner