Culinary Nutrition Pathway

Health & Human Services

Our MISSION
Educating all learners for tomorrow's world.

Pathway Experience

The Culinary Nutrition pathway is an approach to planning, nutrition, cooking, and application in the kitchen for optimal health. The combination of nutritional theory, the science of traditional diets, and trends in culinary applications will focus on using ingredients in their whole or fresh form, to make beautiful, simple, delicious, healing recipes.

HIGH-WAGE, HIGH-SKILL, AND HIGH-DEMAND CAREERS	
Culinary Arts	Executive Chef • Pastry Chef • Private/Corporate Chef • Food Safety Specialist • Culinary Instructor • Research & Development Chef • Butcher/Charcuterie Specialist
Health & Nutrition	Registered Dietitian • Nutritionist • Sports Performance Nutritionist • Clinical Nutrition Manager • Food Scien-
Hospitality & Tourism	Hotel General Manager • Events & Conference Director • Tourism Development Specialist • Destination Marketing Manager • Travel Consultant/Planner • Resort Operations Manager • Convention Services Manager
Restaurant Management	Restaurant General Manager • Food & Beverage Director • Catering Manager • Franchise Owner/Operator • Quality Assurance Manager • Supply Chain & Purchasing Manager • Multi-Unit District Manager

PROGRAM OF STUDY: CULINARY NUTRITION				
SUBJECT	**9th Grade**	**10th Grade**	**11th Grade**	**12th Grade**
Choice Ready Planning	Freshman Experience HS 101	Choice Ready Career & Financial Literacy	Cybersecurity & College Ready	Senior Experience & Profile of a Graduate
Pathway Courses	**Discovering Foods/ Pathway Elective**	**Food Trends/ International Cuisine**	**Culinary Arts I**	**Culinary Arts II or Capstone**
English Language Arts	**4 Credits required:** core academic, electives, and dual credit are available			
Math	**3 Credits required:** core academic, electives, and dual credit are available			
PE / Health	**1.5 Credits required:** core academic, electives, and dual credit are available			
Science	**3 Credits required:** core academic, electives, and dual credit are available			
Social Studies	**3.5 Credits required:** core academic, electives, and dual credit are available			
Other Electives	Other electives for pathway preparation: Business, Marketing, Health Science, World Language			

Student Leadership and Career and Technical Student Organization(s) – FCCLA

FCCLA is a national Career and Technical Student Organization that provides personal growth, leadership development, and career preparation opportunities for students in Family and Consumer Sciences education. Our Mission is to promote personal growth and leadership development through Family and Consumer Sciences education. Focusing on the multiple roles of family members, wage earners and community leaders, members develop skills for life through: character development, creative and critical thinking, interpersonal communication, practical knowledge, and career preparation. Ask who your FCCLA advisor is to learn more about becoming a member.

College & Career Experiences – Accessible to ALL Academy Program of Study Students

4-year rolling plan, Classroom Guest Speakers, Campus and Industry Tours, Career Interest Inventory, College Application, R U Ready ND exploration, Compass Tool Profiles, College & Career Research, College and industry representative visits during advisory and lunch and learn session, Job Shadow/ Professional Interview/CareerViewXR, Scholarship & Financial Aid, Senior Capstone/Profile of a Graduate Reflection

Aligned Early Postsecondary Courses – Accessible to ALL Academy Program of Study Students

Review the West Fargo Course Catalog for dual credit course and advanced placement course offerings. (link)

Professional Certification(s)

ProStart, OSHA 10

Family and Consumer Science Coordinated Plan of Study – ND Scholarship

Hospitality & Tourism Career Cluster

Course Name	Cr
Discovering Foods	.5
International Cuisine	.5
Food Trends	.5
Culinary Arts I	1
Living on Your Own	.5
Cooperative Work Experience	.5 to 4

Is This Pathway for You?

- Are you open-minded when helping others solve problems?
- Are you self-motivated?
- Do you enjoy working as a team?
- Are you compassionate and empathetic?
- Do you have a desire for a career in public service?
- Do you have an interest in human development and behavior?
- Do you consider yourself a leader who could be a part of a team?

North Dakota Post-Secondary Programs

Pathway	Certificate or Associate's Degree	Bachelor's Degree	Master's Degree or More
Consumer Services	♦ Business Administration transfer (BSC, CCCC, DCB, NDSCS, NHSC, SBC, TBC, TMCC) ♦ Management (BSC, DCB, RC, SBC, UTTC, WSC)	♦ Business Administration (NDSU, UJ, SBC, TBC, UTTC, VCSU) ♦ Management (MiSU, NDSU, RC, UTTC, UM, UND, VCSU)	♦ Business Administration (NDSU)
Counseling & Mental Health Services	♦ Addiction Studies (NHSC) ♦ Mental Health/Addictions Technician (WSC) ♦ Psychology transfer (BSC, DCB, NDSCS, TMCC, WSC)	♦ Addiction Studies (MiSU) ♦ Applied Psychology (MaSU) ♦ Psychology (MiSU, NDSU, UJ, UM, UND, VCSU)	♦ Medical Lab Science (UND)
Culinary and Hospitality	♦ Baking and Pastry Arts (NDSCS) ♦ Culinary Arts (NDSCS) ♦ Culinary Management (NDSCS) ♦ Catering and Banqueting (NDSCS) ♦ Culinary and Food Truck Entrepreneur (NDSCS) ♦ Italian Cuisine (NDSCS)	♦ Hospitality and Tourism Management (NDSU)	♦
Family & Community Services	♦ Biblical Studies (TBC) ♦ Caregiver Services (DCB) ♦ Community Health Worker (SBC) ♦ Human Services/Eligibility Worker (BSC, NHSC, RC, SBC) ♦ Religion transfer (BSC, WSC) ♦ Social Work transfer (BSC, CCCC, DSU, NDSCS, TMCC, WSC)	♦ Catholic Studies (UM) ♦ Human Development & Family Science (NDSU) ♦ Human Services (RC, VCSU) ♦ Pastoral/Youth/Children's Ministry (TBC, UM) ♦ Rehabilitation and Human Services (UND) ♦ Religious/Theology/Biblical Studies (UJ, UM, UND, TBC) ♦ Social Work (MiSU, UM, UND)	♦ Gerontology (NDSU) ♦ Human Development & Family Science (NDSU) ♦ Missional Leadership (TBC) ♦ Public Health (NDSU, UND) ♦ Social Work (UND)
Personal Care Services	♦ Fitness Trainer Technician (LRSC) ♦ Barbering and Cosmetology (MBC) Cosmetology (HAHD, JSHDF, JSHDGF, JSHDW, JZT, THA, TSPA) ♦ Esthetician/Skin Care (JSHDGF, JSHDW, THA, TSPA) ♦ Massage Therapy (JSHDGF, JSHDW, TSPA, WSC) ♦ Nail Technology (JSHDW, JZT, THA, TSP)	♦ Athletic/Fitness Training (MiSU, UM, UND) ♦ Exercise Science (DSU, NDSU, UJ, UM) ♦ Sport Management (NDSU)	♦ Advanced Athletic Training (NDSU) ♦ Clinical Exercise Physiology (UM) ♦ Exercise Science and Nutrition (NDSU)