

Old Trail School

September 21-October 16

MENU

ECP - KINDERGARTEN

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Sept. 21

Mac and Cheese*

Plant Based Mac and Cheese* (VE)
Kielbasa (GS)
Peas (GS, VE)

Sept. 22

Cheese Quesadilla*

Plant Based Cheese Quesadilla *(VE)
Steamed Rice (GS, VE)
Mexican Corn Bread (GS, VE)
Fresh Toppings

Sept. 23

Chicken Tenders*

Plant Based Chicken Tender (VE)
Potato Wedges (VE)
Butter Carrots (GS, VE)
Fresh Toppings

Sept. 24

Pizza Nachos

Warmed Pita*
Pizza Sauce (GS, VE)
Pepperoni (GS)
Mozzarella Cheese (GS)
Tossed Salad (GS, VE)
Cinnamon Sugar Donut Holes*

Sept. 25

French Toast *

Plant Based French Toast (GS, VE)
Hash Browns (GS, VE)
Turkey Sausage (GS)
Plant Based Sausage (GS, VE)
Fresh Toppings

Sept. 28

Grilled Cheese*

Plant Based Grilled Cheese*
Tomato Soup (GS, VE)
Peas and Carrots (GS, VE)

Sept. 29

Pasta* (VE)

Alfredo (GS)
Grilled Chicken (GS)
Broccoli (GS, VE)

Sept. 30

Pierogies*

Kielbasa(GS)
Peas (GS, VE)
Baked Apples (GS, VE)

Oct. 1

Mini Hamburger*

Plant Based Mini Hamburger* (VE)
French Fries (GS, VE)
Fresh Toppings
Pumpkin Cheesecake*

Oct. 2

Mini Hotdogs*

Plant Based Hotdogs* (GS)
Potato Chips (GS, VE)

Oct. 5

Boneless Chicken Wings*

(Sauce on side)
Plant Based Chicken Wings (VE)
(Sauce on side)
BBQ Sauce (GS, VE)
Potato Wedges*
Fresh Toppings

Oct. 6

Beef Taco*

Bean Taco* (VE)
Spanish Rice (GS, VE)
Colorful Peppers (GS, VE)
Fresh Toppings

Oct. 7

Meatloaf (GS)

Plant Based Meatloaf (GS, VE)
Mashed Potatoes (GS)
Mixed Vegetables (GS, VE)

Oct. 8

Cheese Pizza*

Plant Based Cheese Pizza (GS, VE)
Pretzel Bites (VE)*
Pepperoni Sticks (GS)
Green Bell Peppers (GS, VE)
Brownie*

Oct. 9

No School

Faculty/Staff
In Service Day

Oct. 12

No School

Fall Break

Oct. 13

Pasta*

Marinara (GS, VE)
Broccoli (GS, VE)
Breadstick *

Oct. 14

Grilled Chicken (GS)

Grilled Tofu (GS, VE)
Roasted Potatoes (GS, VE)
Broccoli (GS, VE)

Oct. 15

Mini Sloppy Joe*

Mini Plant Based Sloppy Joe (VE)
Tater Tots (GS, VE)
Mixed Vegetable (GS, VE)
Candy Corn Cookie Bar*

Oct. 16

Mini Corndogs*

Plant Based Corndogs (VE)
Tater Tots (GS, VE)
Mixed Vegetables (GS, VE)

FOOD ALLERGIES

Please discuss any food allergy issues concerning your child with our Nurse Alyssa Gaither
agaither@oldtrail.org

KEY

GS-Gluten Sensitive, VE-Vegan, * Gluten-Free Bread, Buns, Pizza and Pasta Available

